



Come Join Us For Our 5th Annual Spring Sprint

1 Mile~3K Walk~5K April 30, 2016



Registration Options:

- Go to www.thtiming.com (processing fee required)
- Download form @www.heritagechs.org
- E-mail: Heritage5k@yahoo.com
- Pick up registration packet at school

Call for info:

Marijo Van Overloop (219)232-2320
or
Tiffany Van Baren (219)374-7874

5K	\$30 (all ages)
3K Walk	\$30 (all ages)
1 Mile	\$30 (9 th grade & up) \$15 (8 th grade & under)

*Registration open March 1st -March 30th

*All participants will receive a T-shirt

*Participants are encouraged to get pledges to cover their registration fee and to raise funds for the school!

**Location: Crete Protestant
Reformed Church @ 7:30 A.M.
1777 East Richton Road, Crete, Illinois 60417**

HOPE TO SEE YOU THERE!