

SPRING SPRINT 1 MILE, 3K WALK, & 5K REGISTRATION FORM

Race Day: Saturday – April 30, 2016

Please sign and return to HCCHS/PRCS, Attn: 5K
10790 Calumet Ave, Dyer, IN 46311\219.558.2660

Registration begins at 7:30 am, 1 Mile Race & 3K Walk begin at 8:00am, and 5K Race begins at 8:45am

FAMILY INFO

Last Name _____

Address _____

City _____ State _____ Zip _____

Phone # _____ Email: _____

Emergency contact: _____ Emerg. Cont # _____

My preferred method of payment will be:

___ check (# _____) ___ cash

___ Pledges (pledge sheet & payment attached)

SHIRT SIZES	EVENTS	COST
Youth S, M, L	1 Mile Youth (8th grade and under)	\$15
Adult S, M, L, XL, XXL	1 Mile Adult	\$30
Register by April 1 to be guaranteed a shirt!	3K Walk (no timing chip)	\$30
	5K	\$30

First Name	Birthdate	Age	Event	Shirt Size	\$ Amount
TOTAL:					

2. **DISCLAIMER: To be signed by one or both adults on behalf of all participating family members listed above.

I know and understand that running a cross-country race is a potentially hazardous activity. I should not participate in this or any race unless I am medically able and properly trained. I understand and assume all risks associated with running in this event including, but not limited to: falls; contact with other participants; the effects of the weather; including cold, snow, and/or ice; and conditions of the course. I hereby release and discharge Crete Township, Village of Crete, Crete Police Dept, Will County, IL and Crete Township Road District, Will County ,IL, the Protestant Reformed Education Association, its officers, employees, agents, and assignees, including all sponsors, their representatives and successors, from any and all claims and liability whatsoever for all loss, damages, claims, demands, causes of action or suits of any kind arising out of my participation in this event. I further agree not to bring any claim or suit, whether in law or in equity, against Protestant Reformed Christian School, Heritage Christian High School or Crete Township and Village of Crete arising in any way out of my participation in this event. Furthermore, I grant permission to all of the foregoing to use any photograph, motion picture, recording or any other record of this event in which I may appear for any purpose. I understand that headsets of any kind, dogs on leashes, in-line skates, bicycles and vehicles to transport individuals are prohibited and that violation of this prohibition will result in disqualification. I have read and understand this form.

Participant's or Guardian's (if less than 18 y.) Signature

Date

Participant's or Guardian's (if less than 18 y.) Signature

Date