



# Frankfort Frosty 5K Run/Walk

Sunday 12.3.17 – 2 p.m.  
Lakeview Park, Frankfort



**Running for a Mission –**  
**Next to last Race of Frankfort Striders Run/Walk Series**

Benefitting the 2018  
Honduras  
Ecumenical Medical/  
Dental Mission

**Fun for the Whole Family!**  
**Santa and Elves, Holiday Music, Hot Chocolate,**  
**Group and Family Pictures, Best Holiday**  
**Costume Awards and Custom Awards**

Benefitting the  
Mission Frankfort  
Clinic &  
Water with Blessings

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age on Race Day: \_\_\_\_ M \_\_\_\_ F \_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

EVENT: Frankfort Frosty 5K \_\_\_\_\_ or Frankfort Frosty 5K Virtual Run \_\_\_\_\_

**Age Division:** ☐ 0-4 ☐ 5-9 ☐ 10-14 ☐ 15-19  
☐ 20-24 ☐ 25-29 ☐ 30-34 ☐ 35-39  
☐ 40-44 ☐ 45-49 ☐ 50-54 ☐ 55-59  
☐ 60-64 ☐ 65-69 ☐ 70-74 ☐ 75-79  
☐ 80+ ☐ Wheelchair Division

**Please circle shirt size for long sleeved tee shirt:**

Youth Small Youth Med Youth Lg

Adult SM Adult Med Adult Lg

Adult XL Adult 2XL\* Adult 3X\*

\* Adult 2XL or 3XL shirts are \$3 extra

\_\_\_\_ I do not want a t-shirt. Please donate cost of shirt to race beneficiaries.

\_\_\_\_ I am signing up as part of the Frankfort Striders Run/Walk Series.

\_\_\_\_ Adults - \$20 through Nov 30; \$25 December 1-3

\_\_\_\_ Child, 17 & under - \$15/person through Nov 30; \$25 Dec 1-3

\_\_\_\_ \$3 extra for 2XL or 3XL shirt

\_\_\_\_ Additional Donation in the amount of \_\_\_\_\_ for:

\_\_\_\_ 2017 Local Mission Effort \$ \_\_\_\_\_

\_\_\_\_ 2017 International Mission Effort \$ \_\_\_\_\_

Referred by: \_\_\_\_\_

TEAM NAME and/or Church\*\*\*: \_\_\_\_\_

For more information, please refer to our website.

\_\_\_\_ Total Payment Enclosed, THANK YOU!

For Office Use Only: Check # \_\_\_\_\_ or Cash \_\_\_\_\_

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**Release of Responsibility**

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Runners must be careful to register and run under their proper name, sex and age division to avoid disqualification. In consideration of accepting my entry, I, intending to be legally bound, hereby for myself, my heirs, my executors and administrators, do waive and release forever, any and all rights and claims for damages I may accrue against First United Methodist Church, its agencies and the employees and agents of both, involved with promoting and/or staging the race for any and all injuries suffered by me while traveling to and from and while participating in the Frankfort Frosty 5K race competition on December 3, 2017. I further state that I am in proper physical condition to participate in this event. I also release publication rights to photographs of me shot during the Frankfort Frosty 5K race and activities surround this event for purposes of publicity for this and future Frankfort Frosty 5K events.

Name (print) \_\_\_\_\_ Signature \_\_\_\_\_ Date: \_\_\_\_\_

If under 18, signature of Parent/Guardian: \_\_\_\_\_

**Make checks payable to:** FUMC Mission 5K **Mail to:** Frankfort Frosty, 936 Walnut Road, Frankfort, KY 40601