



## The Fast & The Furriest®

Presented by J.E. Media Corp

### Participant Guide

Saturday, June 4th

10K starts at 8AM

5K starts at 8:15AM



#### Packet Pick Up Dates & Location:

##### Dates:

- Friday, June 3<sup>rd</sup> 10am – 6pm

**Location:** Fleet Feet the Armory located at [155 Culver Rd #110, Rochester, NY 14620](https://www.fleetfeet.com/locations/rochester)

##### Date:

- Race Morning - Saturday, June 4<sup>th</sup> from 7am – 8:15 for the race and 8:30 – 10:30 for the dog walk

**Location:** In the corner of the Kodak – D parking lot just South of Brown Square Park (see map below)

**\*\* Please try and pick up your race packet prior to race morning.**

#### FAQ:

Q: Can I pick up someone else's bib?

A: Yes, you may pick up other's bib

Q: Can I switch my giveaway size?

A: No, shirts were ordered based off of the size you indicated during your registration. You may stop back after the race to see what sizes we have left and potentially swap.

Q: At registration I didn't get a shirt, why?

A: The guaranteed t-shirt date was May 23<sup>rd</sup>. We did order additional shirts but once those were claimed during registration, no shirts were available.

**Event Parking Locations:**

Participants are to park in the Kodak D Parking lot on event day (see picture). The Kodak Lot you can access from Brown Street or from Oak St. Brown St will be closed during the races from 7:45am – 9:30am since the participants run right down Verona St., but after that will be open again.

**Event Day Tips:**

- Give yourself enough time
- Don't forget your bib!
- Hydrate
- Have fun!

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**Course Map:**

Course routes can be found below:

- [5K Course Map](#)
- [10 Course Map](#)
- [1 Mile Dog Walk](#)

**Follow the directional signs and listen to the road marshals on course!**

**IMPORTANT INFORMATION:**

- **5K PARTICIPANTS:** The 5K route is an out and back course. 5K participants will be running down Ford St. passed the roundabout to Exchange St where they will then run around the median barrier and run back. The 10K participants will be returning on the same route so please be aware of other participants (see course map for more details).
- **10K PARTICIPANTS** - The 10K route runs down Ford St., then loops around on the Genesee Riverway Trail, crosses the Ford St. Bridge and then runs back on Ford St. to the finish line (see course map for more details). As you come back on Ford St. it is encouraged to run on the sidewalk to not interfere with the 5K runners.
- **1 Mile Dog Walk:** The dog walk will begin at 11am in the center of Brown Square Park. Participants will then stay on the sidewalk and follow the rules of the road as this is an open course with no road closures. The dog walk ends in the middle of Brown Square Park.

## Race Day Map & Festival Map:

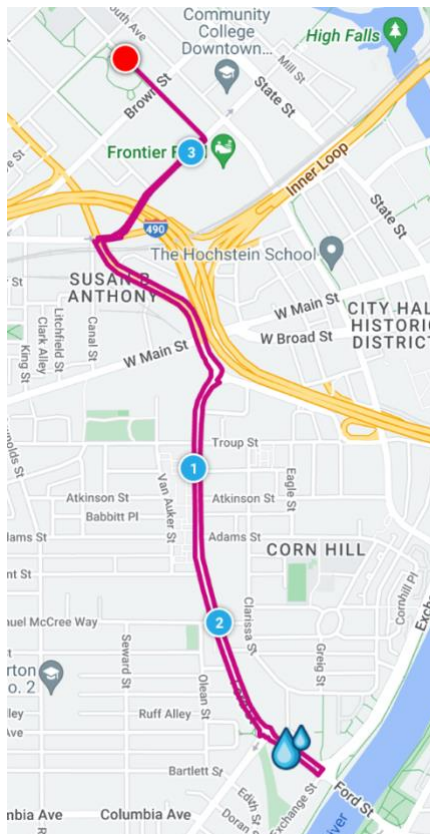
Here is a layout of the festival grounds on event day:

- **Packet Pick Up/Race Day Registration** – in the Northeast corner of the Kodak Parking lot where parking is.
- **Start & Finish Line** – On Verona St. between Jay St and Brown St.
- **Awards** – at the Stage in the middle of Brown Square Park
- **Toilets** – in the Southwest corner of the park. There will be a large trailer with bathrooms.

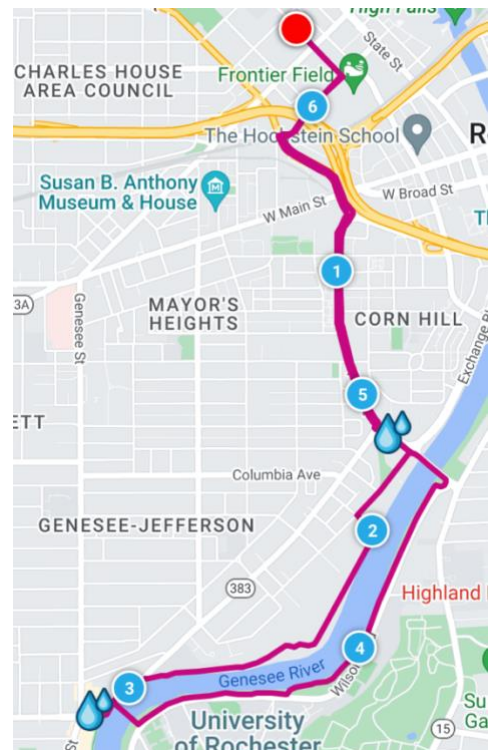


## Water Stops:

**5K route:** There is one water stop located right at the turnaround spot at roughly 1.5 miles.



**10K route:** There are three water stops on course. One of the stops you will hit on the way out and your way back to the finish line. Water stops are located at mile 1.5 (Ford St.), 3 (Staybridge Suites) & 4.8 (Ford St).





**Pet Festival Timeline:**

- 7:00AM 5K & 10 Race Registration Opens
- 8:00AM 10K Race Starts on Verona St.
- 8:15AM 5K Race Starts on Verona St.
- 8:30AM Dog Walk Registration Opens and the Pet Festival Begins (Bounce houses, face painting, live music, vendor tent)
- 9:00AM Shelter Opens, Vaccination Clinic Opens and Silent Auction Begins
- 9:45AM 5K & 10K Race Award Ceremony
- 10:30AM Dog Walk Registration Closes
- 11:00AM Dog Walk Ceremony and Walk Begins
- 12:00PM Pet Contests at Stage, Play Yard Demo
- 12:30PM Winners of the Pet Contest Announced
- 12:45PM RAS Alumni Group Photo
- 1:00PM Vaccination Clinic Closes
- 1:30PM Silent Auction Ends and Winners Announced
- 2:00PM Pet Festival Ends

**Stick around after the race and enjoy The Fast & The Furriest Pet Festival! We will have live music from Travis Fitch and Jim Kerins of Drinking Class Heros, a bounce house, face painting and our exhibitor tent featuring many vendors! Learn more about Verona Street Animal Society, adoptions and bid on the many items in the silent auction.**

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**Vaccination Clinic:**

Free vaccination clinic, which includes rabies and DAPP vaccines and microchipping, will take place in the parking lot just North of the shelter from 9am to 1pm or while supplies last. This clinic is first come, first serve with no appointments necessary or available. This clinic is for dogs. One dog per person. All dogs must be leashed and previous rabies paperwork should be provided.

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**Pet Contests:**

Enter your pet in one of the many pet contests that will kick off at noon. It's only \$1 to enter your pet and it does towards a great cause. Your dog could win a bunch of great prizes from Pet Supplies Plus. The categories this year are:

- Best Dress/Costume
  - Best Trick
  - Hot Dog Eating
  - Fluffiest
  - Look A Like (owner and pet)
- 

**Race Awards:**

- The award ceremony for the 5K and 10K will take place at 9:45am.

**10K Awards:**

- Race prizes will be given to the top three overall male and female winners. Overall winners will receive a gift card to Fleet Feet in the following increments: 1<sup>st</sup> place: \$50, 2<sup>nd</sup> place: \$40 and 3<sup>rd</sup> place: \$30.
- The following award (Fleet Feet gift card) will be given to both male and female age group winners: 1<sup>st</sup> place: \$25, 2<sup>nd</sup> place: \$20 and 3<sup>rd</sup> place: \$15.

### 5K Awards:

- Race prizes will be given to the top overall male and female winners. The overall winners will receive a \$50 gift card to Fleet Feet.
- A \$20 Fleet Feet gift card will be given to the top male and female winner in each age group.

### Age groups:

- 14 & under, 15 – 19, 20 – 24, 25 – 29, 30 – 34, 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 – 64, 65 – 70, 70 & over.

**If you are not present to pick up your award, you have until June 10 to stop into Fleet Feet the Armory location to claim your prize.**

### Virtual Participants:

Please make sure to enter your virtual time once you have completed the event. You have until the end of the day on June 5<sup>th</sup> to do so. Here is the link with information on how to submit results >> [Click here.](#)

**\*\*If you choose to have your items shipped to you, they will be shipped out at the end of this week.**

### Donate:

If you are still looking to donate and support pets in need in the community you can donate [here.](#)

**Thank you for being a part of this event! See you Saturday!**

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