



Schedule of Events

Saturday, June 4, 2016

7:00 am Race Day Registration

8:00 am 2K Kids Fun Run

8:15 am 1K Tot Trot

8:30 am 5K Race/Walk

**Award presentation and door
prize drawings following the
race**

Course

The course features the scenic trails of Coffee Creek Watershed Preserve. Fine, granite covered trails and boardwalk will make up the majority of the course. No strollers or pets allowed.

Directions and Parking

Coffee Creek Watershed Preserve is located just north of I-90 and south of 1050. Parking is available at the main entrance, 178 Sidewalk Road, Chesterton, Indiana. Directions can be found on our website at:

www.fieldstationkids.org/events

Kiddie Korral

Supervised childcare will be available for pre-registered runners during the 5K event only.

5K Age Groups

0-8; 9-10; 11-12; 13-14; 15-19;

20-24; 25-29; 30-34; 35-39;

40-44; 45-49; 50-54; 55-59;

60-64; 65-69; 70-74; 75-79;

80 & up

Awards

Awards will be presented for the 5K run to the overall male and female runner, the top male and female masters (40+) runner, and the top three runners in each age division for male and female.

Results

The Field Station Frenzy 5K Race will be electronically, chip-timed by T&H Timing.

Full results will be posted online at:

www.thtiming.com

Field Station Cooperative

The Field Station offers nature-based preschool programs for 3-6 year olds and summer camps for preschool-age children. For more information, visit our website at:

www.fieldstationkids.org

The Field Station is a not-for-profit
501(c)3 organization.



**5k Frenzy Run + Walk
and
Kids Fun Run**



**To Benefit
The Field Station
Cooperative Preschool**

**Saturday
June 4, 2016**

**Coffee Creek Watershed
Chesterton, Indiana**

Registration

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Email: _____

DOB: _____ Age on 6/4: _____

Gender: _____ XYZ Member ☐

Event: 5K | 2K | 1K (circle one)

Shirt Size: Adult: S | M | L | XL | XXL

Youth: S | M | L (circle one)

Race Day Childcare-Name/Age of Children:

Waiver and Release

I know that running is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by the decision of any race official relative to my ability to safely complete the event. I assume all risk associated with participating in the event including, but not limited to: falls, contact with other participants, the effects of weather, traffic, and trail conditions, all such risks being known and appreciated by me. By signing this race registration, I assume sole responsibility and waive all liability, for the Field Station Cooperative and its members, the Coffee Creek Watershed Conservancy, and all other sponsors for any injury or loss incurred during the Field Station Cooperative 5K run, and all related events pre and post race. I grant permission to the race director and/or sponsors to use any photographs, motion pictures, recording or any other record of this event for any legitimate purpose. I understand that the Field Station Cooperative reserves the right to reject any entry application and/or issue special entry invitations at its discretion.

Participant Signature (Parent/Guardian if participant is under 18 years old)

Amount Enclosed: _____

Register online at:
www.fieldstationkids.org/frenzy5K

or

www.runsignup.com

or

mail completed entry form
and check to:

Field Station Frenzy 5K
c/o Field Station Cooperative
399 Howe Road
Porter, Indiana 46304

Please make checks payable to:
Field Station Cooperative

Contact Us with Questions
frenzy5k@fieldstationkids.org
Race Director-David Hiestand
219-728-4460

Packet Pick-up
Packet pick-up begins at 7:00 am
race day and is also available Friday,
June 3rd, from 5-8 pm at:

Val's Pizza
101 S. 11th Street
Chesterton

Entry Fees

	Before May 16	After May 16
Kids 2k Fun Run & Tot Trot	\$12.00	\$15.00
Under 14 5K Run	\$15.00	\$20.00
Adult 5K Run	\$20.00	\$25.00

*Additional fees for online registration
*Discount \$2 for XYZ Trail Series Members
*Family Discount \$2/ person for 3 or more
registered runners
*Contact race director to inquire about
discounts for teams

T-shirts are not guaranteed
for race day registration.

All registered runners will be
eligible for door prizes.