## Ahanks to our sponsor













The race will be on Saturday, May 11, 2013. Race begins at 9:00 a.m. CST. Registration will be from 7:30 - 8:45 at First CRC, 909 E. Greenwood Ave, Crown Point, IN 46307













Register online at <u>www.thtiming.com</u> or fill out and return the entry form below.

Neises Lawn Care & Landscaping

**Timber Ridge Builders** 

COLVIN



The cost is \$20

Race Day registration is \$25
Technical Race T-shirts guaranteed to all runners pre-

registered by May 1.

All proceeds for the race help to support BASIC (high school youth ministry), mission trip this summer

Awards presented for top overall male and female finishers and top 3 runners in male & female age groups.
Under 14, 15-19, 20-29, 30-39, 40-49, 50-59, 60+

Timothy R. Kuiper, Attorney at Law AUSTGEN KUIPER & ASSOCIATES, P.C.

The course is all residential running.
There will be water at the 1 & 2
mile mark as well as refreshments at
the finish! You are guaranteed to
not finish last!!

Computerized Chip Timing for 5K runners provided by T&H timing. Split times at every mile. Strollers are allowed for walkers. No dogs, bicycles, in-line skates, scooters or other wheeled vehicles allowed on the course.

Questions? Contact Jamie Bogaard - youthguy@ameritch.net or 219-663-3643

Registration Application—BASIC 5K Race—May, 11, 2013			
Name:	Race Day Age:		
Address	City:_	Stat	re:
Gender: Male Female	Date of Birth:	Shirt Size (circle one) Youth M	L
Phone: E-ma	il	Adult S	M L XL XXL
Pre-race entry \$20. Applications must be post marked by May 1. Make checks payable to First CRC, please put BA- SIC 5K in memo line			
Send to: First CRC, BASIC 5K, 909 E. Greenwood Ave, Crown Point, IN 46307			
The undersigned assumes all responsibility and agrees to release any liability of First Christian Reformed Church, T&H Timing and all other sponsors and/or event directors and workers for any injury occurring during said run/walk.			
Signature	Date:		