



## Annual Memorial 5K Run

# 5K Memorial VIRTUAL 39th Annual Memorial Run

Saturday,  
May 23, 2026

*[www.va5k.com](http://www.va5k.com)*



**Benefiting local Veterans of the  
surrounding area and the VAPAC**

**Event Date:** Saturday, May 23, 2026

**Event Time:** 9:00 am start time for on location run.

**Location:** Lebanon VA Medical Center  
1700 S. Lincoln Avenue  
Lebanon, PA 17042

**Entry Fee:** Preregistration deadline: 05/15/26  
5K: \$35  
Fun Run with T-shirt: \$20  
Fun Run without T-shirt: \$1  
Toddler Trot—free  
(Veterans receive a \$5 discount!)

**Late Registration:** 5K: \$40  
Fun Run with T-shirt: \$25  
Fun Run without T-shirt: \$5  
(T-shirts are not guaranteed for late registrants)  
(Veterans receive a \$5 discount!)

**On-Line Registration:** <http://www.runsignup.com>

**Mail Registration:** Checks shall be made payable to: VAPAC  
Mail to:  
Aimee Rhine (324)  
VAPAC Treasurer  
Lebanon VA Medical Center  
1700 South Lincoln Avenue  
Lebanon, PA 17042

**Questions:** Email us at [Jessica.Lightner@va.gov](mailto:Jessica.Lightner@va.gov)  
or call 717-272-6621 x5694  
[www.va5K.com](http://www.va5K.com)

**VIRTUAL Race 2026**  
This race can be completed anytime between now and May 23, 2026

**Can you believe it's the 39th year of this wonderful event that honors our Veterans!!!**

**Check our Facebook page to see what's happening:**

**<https://www.facebook.com/va5klebanon>**

## Participant Registration

	Reg	Late	Veteran	Veteran
Sign up for:	Fee:	Reg	Pre-Reg:	Late Reg:
<input type="checkbox"/> 5K Run	\$35	\$40	\$30	\$35
<input type="checkbox"/> Fun Run	\$20	\$25	\$15	\$20
<input type="checkbox"/> Fun Run (no t-shirt)	\$1	\$1	\$0	\$0

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email Address \_\_\_\_\_

Birthdate \_\_\_\_\_ Age \_\_\_\_\_

Emergency Contact Name and Phone Number \_\_\_\_\_

T-Shirt Size Gender

S  Male  10th Run  30th Run

M  Female  20th Run

L

XL

If Veteran, Branch of Service \_\_\_\_\_

**WAIVER:** In consideration of acceptance of this entry, I waive any and all claims for myself and my heirs against officials, sponsors, VAPAC and South Lebanon Township for any injury or illness which may directly or indirectly result from my participation in the Memorial 5K Run. I further state that I am in proper physical condition to participate in this event. I hereby voluntarily and without compensation authorize pictures and/or voice recording(s) to be made of me (or of the above-named individual).

Signature \_\_\_\_\_