

Nutri-run 5-mile course
 Turn by turn directions

At about (mi)	Direction
0	Head north in chapel lot
0.17	Head east in chapel lot
0.2	Head south in chapel lot
0.37	Turn left onto Aboite trail, head east
1.56	Turn left onto Sycamore Hills Drive, head north
3.3	Turn right onto Whittingham Lane, head northwest
3.51	Turn left onto Sycamore Hills Parkway, head Southwest
3.72	Turn right onto Braemar Drive, head Southwest
4.43	Turn right onto Aboite Trail, head west
4.83	Turn right into chapel lot
4.88	Turn left at first road
4.94	Head west toward finish line
4.98	Turn right in chapel lot and cross finish line
5	Finish Line

