

CREATING / JOINING RELAY TEAMS

Go to <https://runsignup.com/runapalooza>

Click on “Jersey Shore Relay Marathon”

Events

EVENT	TIME
Asbury Park Half Marathon	8:30AM EDT
Jersey Shore Relay Marathon	8:30AM EDT
Jersey Shore 5K	8:30AM EDT

Click on the “SignUp” button

EVENT: Jersey Shore Relay Marathon

In the interest of the safety of runners and volunteers there will be a 5 hour and 30 minute cutoff time for all teams. Teams that do not pass transition areas by specific times will be instructed to leave the course and, if needed, transportation to the finish will be provided. If runners proceed it will be at their own risk and they should be aware that support may not be available along the way and they will not be scored.

Transition Area Deadlines:

- * Point Pleasant Beach Transition (approximately 13 miles): 2 hours and 45 minutes
- * Manasquan Transition (approximately 18 miles): 3 hours 50 minutes
- * Belmar Transition (approximately 22 miles): 4 hours 50 minutes

START TIME: 8:30am EDT

PRICE: \$30.00 Race Fee + \$2.50 SignUp Fee

REGISTRATION: Price increases to \$35.00 after December 31, 2017 at 11:59pm EST

[+ SHOW REGISTRATION DETAILS](#)

[SIGN UP](#)

If you have a RunSignup Account, sign in using the email & password you've used to register for other races. Otherwise, enter your information in the registration form.

SELECT REGISTRANT

Michael Procopio
21 Dorset Road
Ocean NJ 07712

REGISTER

OR

NEW REGISTRANT

Registrant #1

If you have registered this person for another race, click "Previous Participant" instead of filling out the user information.

PREVIOUS PARTICIPANT

Who are you registering? *



Basic Info

First Name *

Last Name *

E-mail *

Confirm E-mail *

Under “Choose Your Event”, make sure “Jersey Shore Relay Marathon” is chosen.

Choose Your Event(s) *

<input type="text" value="Jersey Shore Relay Marathon"/>	\$30.00 Event Fee + \$2.50 SignUp Fee	(No Relay Team Selected)
You qualify for a club discount. This discount will be automatically applied at checkout. <input type="checkbox"/>		<input type="button" value="RELAY TEAM"/>

You MUST be part of a Relay Team to register for the Relay Marathon.

Click the “Relay Team” button next to the event.

Choose Your Event(s) *

<input type="text" value="Jersey Shore Relay Marathon"/>	\$30.00 Event Fee + \$2.50 SignUp Fee	(No Relay Team Selected)
You qualify for a club discount. This discount will be automatically applied at checkout. <input type="checkbox"/>		<input type="button" value="RELAY TEAM"/>

To join an existing relay team, click “Join Existing Relay Team”.

RELAY TEAM

<input type="button" value="JOIN EXISTING RELAY TEAM"/>	<input type="button" value="CREATE NEW RELAY TEAM"/>
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Select Existing Relay Team <input type="text" value="(No Relay Team)"/>	Search Relay Teams <input type="text"/>
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<input type="button" value="CONTINUE"/>	<input type="button" value="CANCEL"/>
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You can select an existing relay team from the drop down box

RELAY TEAM

JOIN EXISTING RELAY TEAMCREATE NEW RELAY TEAM

Select Existing Relay Team

(No Relay Team) ▼

- (No Relay Team)
- Masters Men**
(None Set Up Yet)
- Masters Women**
(None Set Up Yet)
- Masters Mixed**
My Relay Team
- Open Men**
(None Set Up Yet)
- Open Women**
(None Set Up Yet)
- Open Mixed**
(None Set Up Yet)
- Family**
(None Set Up Yet)
- Club**
(None Set Up Yet)
- Police**
(None Set Up Yet)
- Fire/EMS**

Search Relay Teams

CONTINUECANCEL

OR Search for a relay team by name using the search box

RELAY TEAM

JOIN EXISTING RELAY TEAMCREATE NEW RELAY TEAM

Select Existing Relay Team

(No Relay Team) ▼

Search Relay Teams

my|

My Relay Team

CONTINUECANCEL

Once a relay team is chosen, you will see the relay team details. Click "Continue"

RELAY TEAM

JOIN EXISTING RELAY TEAM

CREATE NEW RELAY TEAM

Select Existing Relay Team

My Relay Team

Search Relay Teams

My Relay Team

Relay Team Details

Relay Team Name: My Relay Team

Relay Team Administrators:

Gender: Coed

Minimum Age: 40

Maximum Age: 999

CONTINUE

CANCEL

To create a new team, click “Create New Relay Team”

Choose the relay team category

RELAY TEAM

JOIN EXISTING RELAY TEAM CREATE NEW RELAY TEAM

Relay Team Type *
(Select a Relay Team Type)
Masters Men
Masters Women
Masters Mixed
Open Men
Open Women
Open Mixed
Family
Club
Police
Fire/EMS
Government
Hospital
School
Corporate

Relay Team Name *
My Relay Team

Optional Password
SET PASSWORD

CONTINUE CANCEL

MASTERS teams must have members that are all 40 years of age or older

MIXED teams must have at least one man and one woman on the team

Enter your team name

RELAY TEAM

JOIN EXISTING RELAY TEAMCREATE NEW RELAY TEAM

Relay Team Type *

Open Mixed

Size Limits: 2-5
1+ Male; 1+ Female

Mixed relay teams of any age. Teams must have at least 1 man and 1 woman.

Relay Team Name *

My Team

Gender *

Coed

Optional Password

SET PASSWORD

CONTINUE CANCEL

For MASTERS teams, choose Gender & Age Group

For OPEN teams, choose Gender

OPTIONAL: Create a password for other members of your team to use when joining your team.

Click "Continue"

Creating a team makes you the "Team Captain" or "Group Administrator"

After joining or creating your team, the team should be listed next to the event

Choose Your Event(s) *

Jersey Shore Relay Marathon

\$35.00 Event Fee + \$3.00 SignUp Fee

My Relay Team

RELAY TEAM

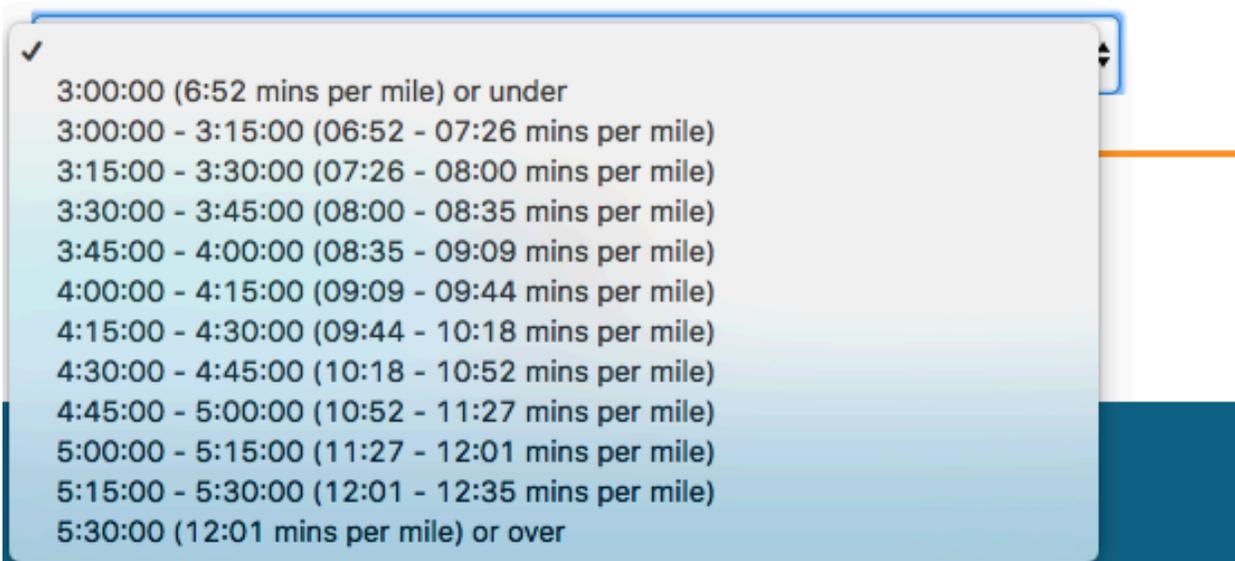
Check the box to sign the waiver and click continue

Team captains will be required to enter an estimated finish time for their relay teams.

What is your team's estimated marathon finish time? *

You MUST enter an estimated finish time for your relay team. These times will be used to seed relay teams for the staggered start in Seaside Heights.

Please be advised, in the interest of runner and volunteer safety, there will be a **5 hour and 30 minute cutoff time for all teams**. Runners/Teams that do not pass relay transition areas by the below times will be instructed to leave the course and, if needed, transportation to the finish will be provided. **If runners choose to proceed after being instructed to leave the course it will be at their own risk**, support may not be available along the way and they may not be scored.



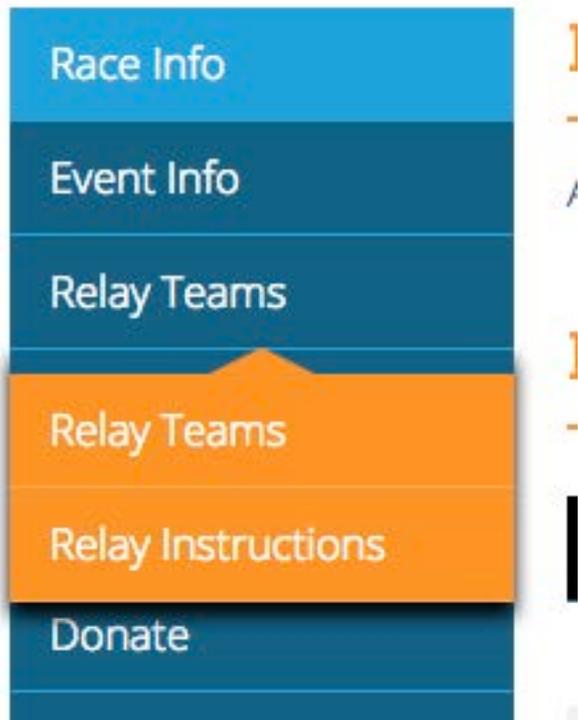
- 3:00:00 (6:52 mins per mile) or under
- 3:00:00 - 3:15:00 (06:52 - 07:26 mins per mile)
- 3:15:00 - 3:30:00 (07:26 - 08:00 mins per mile)
- 3:30:00 - 3:45:00 (08:00 - 08:35 mins per mile)
- 3:45:00 - 4:00:00 (08:35 - 09:09 mins per mile)
- 4:00:00 - 4:15:00 (09:09 - 09:44 mins per mile)
- 4:15:00 - 4:30:00 (09:44 - 10:18 mins per mile)
- 4:30:00 - 4:45:00 (10:18 - 10:52 mins per mile)
- 4:45:00 - 5:00:00 (10:52 - 11:27 mins per mile)
- 5:00:00 - 5:15:00 (11:27 - 12:01 mins per mile)
- 5:15:00 - 5:30:00 (12:01 - 12:35 mins per mile)
- 5:30:00 (12:01 mins per mile) or over

Continue with your registration. You can also choose to donate to one of our charity partners, become a fundraiser or join a fundraising team.

MANAGING YOUR RELAY TEAM

Go to <https://runsignup.com/runapalooza>

Click the “Relay Teams” tab on the left of the registration screen then click “Relay Teams”



Search for your team & click on it

Race Groups

Group Name

SEARCH

GROUP	JOIN	GROUP TYPE	GROUP RESTRICTIONS	CREATED	NO. OF MEMBERS
My Relay Team	JOIN	Masters Men	Male Ages: 40+	Friday September 2, 2016	0

The **UPDATE** button allows you to change your team name and password

ADD ADMINISTRATOR allows you to add someone else as a team captain

My Relay Team

Join & Share

REGISTRATION URL <https://runsignup.com/Race/Register/RaceGroup-305433?raceId=28364>

[SEND E-MAIL](#)

TWITTER [Tweet](#)

SHARE [f](#) [t](#) [e](#) [m](#) [+](#) 0

EMBED [GET EMBED CODE](#)

[JOIN RELAY TEAMS](#)

[VIEW ROSTER](#)

Group Details

RACE DATE Saturday April 22, 2017

CREATED DATE Friday September 2, 2016

GROUP TYPE Masters Men

GROUP SIZE 2-5
2-5 Male; 0+ Female

GENDER RESTRICTION Male

AGE RESTRICTION 40+

NO. OF MEMBERS 0

[UPDATE](#)

[SOCIAL SETTINGS](#)

Race Group Administrators

NAME	GENDER	E-MAIL	PHONE
Michael Procopio	M	mdprocopio@gmail.com Disable Notifications	732-456-1938 ×

[ADD ADMINISTRATOR](#)