CREATING / JOINING RUNAPALOOZA RELAY TEAMS

Go to https://runsignup.com/runapalooza

Click on "Jersey Shore Relay Marathon"

Events

EVENT	TIME	PRICE	DETAILS
Asbury Park Half Marathon	8:30AM EDT	\$55	Price increases September 30, 2016 at 11:59pm EDT
Jersey Shore Relay Marathon	8:30AM EDT	\$35	Price increases December 31, 2016 at 11:59pm EST
Jersey Shore 5K	8:30AM EDT	\$25	Price increases September 30, 2016 at 11:59pm EDT

Click on the "SignUp" button

EVENT: Jersey Shore Relay Marathon

Registration for the Jersey Shore Relay Marathon will open in September.

START TIME: 8:30am EDT

PRICE: \$35.00 Race Fee + \$3.00 SignUp Fee

REGISTRATION: Price increases to \$40.00 after December 31, 2016 at 11:59pm EST

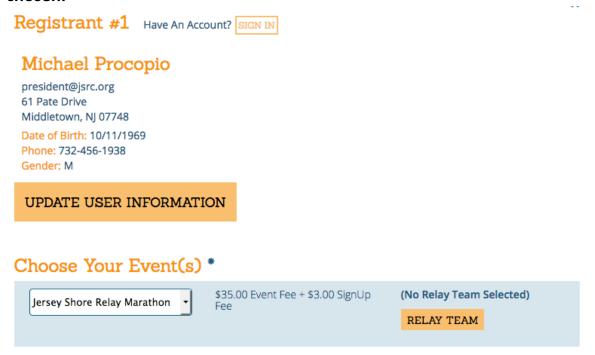
+ SHOW REGISTRATION DETAILS



If you have a RunSignup Account, sign in. Otherwise, enter your information in the registration form.

Registrant #1 Have An Account? SIGN IN

Under "Choose Your Event", make sure "Jersey Shore Relay Marathon" is chosen.



You MUST be part of a Relay Team to register for the Relay Marathon.

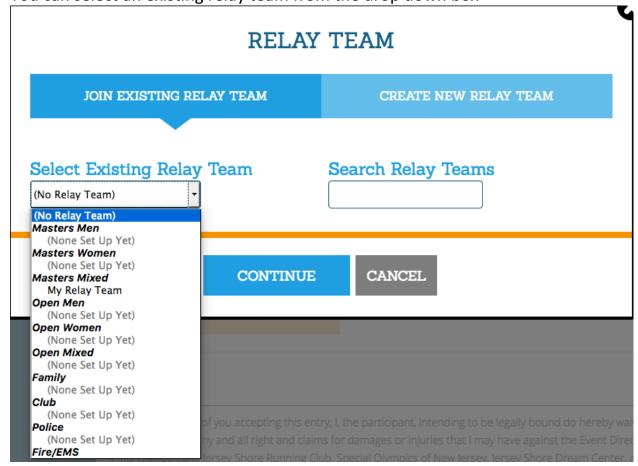
Click the "Relay Team" button next to the event.



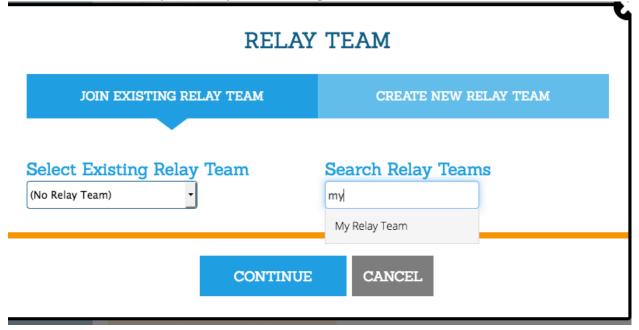
To join an existing relay team, click "Join Existing Relay Team".

RELA	Y TEAM
JOIN EXISTING RELAY TEAM	CREATE NEW RELAY TEAM
Select Existing Relay Team (No Relay Team)	Search Relay Teams
CONTINU	E CANCEL

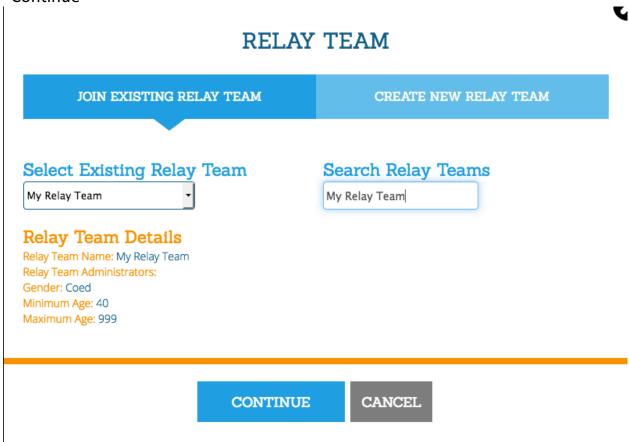
You can select an existing relay team from the drop down box



OR Search for a relay team by name using the search box

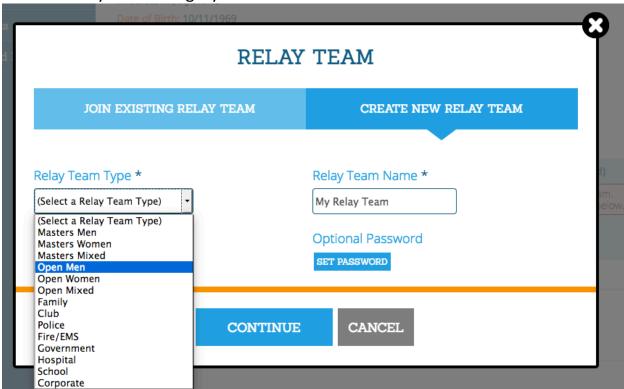


 Once a relay team is chosen, you will see the relay team details. Click "Continue"



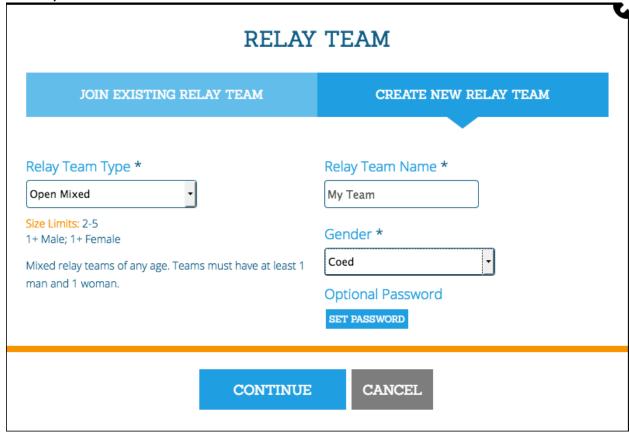
To create a new team, click "Create New Relay Team"

• Choose the relay team category



- MASTERS teams must have members that are all 40 years of age or older
- MIXED teams must have at least one man and one woman on the team

• Enter your team name



- o For MASTERS teams, choose Gender & Age Group
- o For OPEN teams, choose Gender
- OPTIONAL: Create a password for other members of your team to use when joining your team.
- Click "Continue"
- Creating a team makes you the "Team Captain" or "Group Administrator"

After joining or creating your team, the team should be listed next to the event Choose Your Event(s) *



Check the box to sign the waiver and click continue

Answer all questions on the next page. You MUST provide an estimated paceper-mile so relay teams can be accurately seeded.

T-Shirt Option *
Select An Option
Are you a Jersey Shore Running Club member? *
○ Yes ○ No
What is your estimated pace per mile? *
5-6 mins/mile
6-7 mins/mile
7-8 mins/mile
8-9 mins/mile
9-10 mins/mile
10-11 mins/mile
11-12 mins/mile
12-13 mins/mile
13+ mins/mile
You MUST enter an estimated page per mile for the relay. This time will be used to seed the relay teams

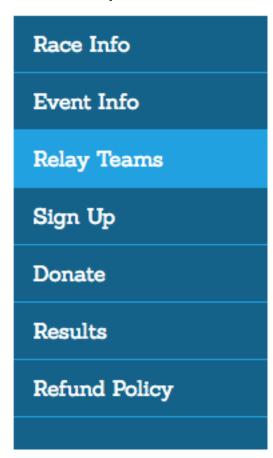
You MUST enter an estimated pace per mile for the relay. This time will be used to seed the relay teams.

Continue with your registration. You can also choose to donate to one of our charity partners, become a fundraiser or join a fundraising team.

MANAGING YOUR RELAY TEAM

Go to https://runsignup.com/runapalooza

Click the "Relay Teams" tab on the left of the registration screen



Search for your team & click on it

Race Groups

Group Name					
SEARCH					
GROUP	JOIN	GROUP TYPE	GROUP RESTRICTIONS	CREATED	NO. OF MEMBERS
My Relay Team	JOIN	Masters Men	Male Ages: 40+	Friday September 2, 2016	0

The UPDATE button allows you to change your team name and password ADD ADMISTRATOR allows you to add someone else as a team captain

My Relay Team

