

Ed Dibble Training Run

Oak Openings Metropark Lodge

WHEN:

Saturday, April 5, 2014

5230 Wilkins Road, Whitehouse, OH 43571

COURSE:

This is a training run just a few weeks out from the Glass City Marathon. Oak Openings offers a variety of trails. We will be utilizing the all-purpose trail and a portion of the Wabash Cannonball Greenway Trail. Crushed stone and paved trails will be used to ensure good footing. Runners can choose any distance desired on an out and back course up to 21 miles. When possible, we will use mile markers so runners can choose their distance.

PARKING

Runners can park at the Lodge with overflow parking at Mallard Lake.

TIME:

8:00 a.m. (Early Bird Start 7:00 a.m.)

REGISTRATION:

You can register at Dave's Running Shop on April 4th from 5-8 p.m. at the Perrysburg location or race day registration starting at 6:30 a.m.

COST:

The cost is \$5.00 for Toledo Roadrunner members and \$10.00 non-members. Join during packet pickup or race day and receive the member price. Entry includes a shirt in honor of Ed Dibble, GU Energy Gel and Gatorade on the course.

RESTROOMS

Restrooms will be available at the start and port-a-johns will be placed throughout the course.

QUESTIONS:

jeff.taylor@davesrunning.com

