

## Delta Zeta's Painted Turtle Trot

### PARTICIPANT WAIVER

This release and waiver is executed on April 13<sup>th</sup>, 2013.

Knowingly, and at my own risk, I am participating in the Painted Turtle Trot, a 5k color run.

I do hereby waive release any and all claims against the Delta Zeta Sorority at the University of North Carolina Wilmington, all event sponsors and any employee, volunteer, or officials of these organizations from any claim of injury (including death) that I may incur as a result of my participation in the event.

I further hereby certify that I have full knowledge of the risks involved in this event, and I am physically fit and sufficiently trained to participate. If, however, as a result of my participation in the Painted Turtle Trot, I require medical attention, I hereby give consent to authorize medical personnel to provide such medical care as deemed necessary.

Printed name of participant: \_\_\_\_\_

Signature of participant: \_\_\_\_\_

Shirt Size: \_\_\_\_\_ Sign up by April 3<sup>rd</sup> to be guaranteed a T-shirt

Optional

Turtle Tug Team: \_\_\_\_\_