



Boxed Meals for Individual Participants

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Nutty Mixed-Up Salad Box • \$13.29

(1010-1180 cal) Grilled, 100% antibiotic-free chicken breast, grapes, organic apples, cranberry-walnut mix, organic field greens and feta with balsamic vinaigrette. Includes chips, pickle and your choice of a Cranberry Walnut Cookie, Chocolate Chip Cookie or Fudge-Nut Brownie.

Chicken Club Salad Box • \$13.29

(1250-1420 cal) Grilled, 100% antibiotic-free chicken breast, grape tomatoes, sliced avocado, bacon, mixed salad greens, cheddar and Asiago with fresh-made ranch. Includes chips, pickle and your choice of a Cranberry Walnut Cookie, Chocolate Chip Cookie or Fudge-Nut Brownie.

Boardroom Box • \$13.79

(860-1660 cal) Your Meat Choice (Roasted Turkey Breast, Smoked Turkey Breast, Roast Beef, Ham, Chicken Salad with almonds and pineapple or Tuna Salad with egg), leafy lettuce, tomato, Deluxe Bread Choice (Organic Ancient Grain Bun, All-butter Croissant, Organic Wheat Wrap or Herb Focaccia) and assorted cheeses. Includes chips, pickle and your choice of a Cranberry Walnut Cookie, Chocolate Chip Cookie or Fudge-Nut Brownie, plus one side: fresh fruit or Italian Pasta Salad.

[Vegetarian and Vegan options are available.](#)

Gluten-Sensitive Traditional Box • \$13.39

(680-980 cal) Your Meat Choice (Roasted Turkey Breast, Smoked Turkey Breast, Roast Beef, Ham, Chicken Salad with almonds and pineapple or Tuna Salad with egg), leafy lettuce, tomato on gluten-free bread. Served with chips, pickle and a gluten-free dessert.

Can Sodas • \$1.69

Bottled Water • \$2.19 per person