

Fun, Fitness and Company Camaraderie!





Wednesday, October 24, 2018

Location



Georgia World Congress Center Building C
Adjacent to Northside Drive



Benefits of GWCC

- No weather worries
- Cool exhibit hall
- **Indoor restrooms**
- Other amenities

New This Year



Interactive Zones and Team Building Zone

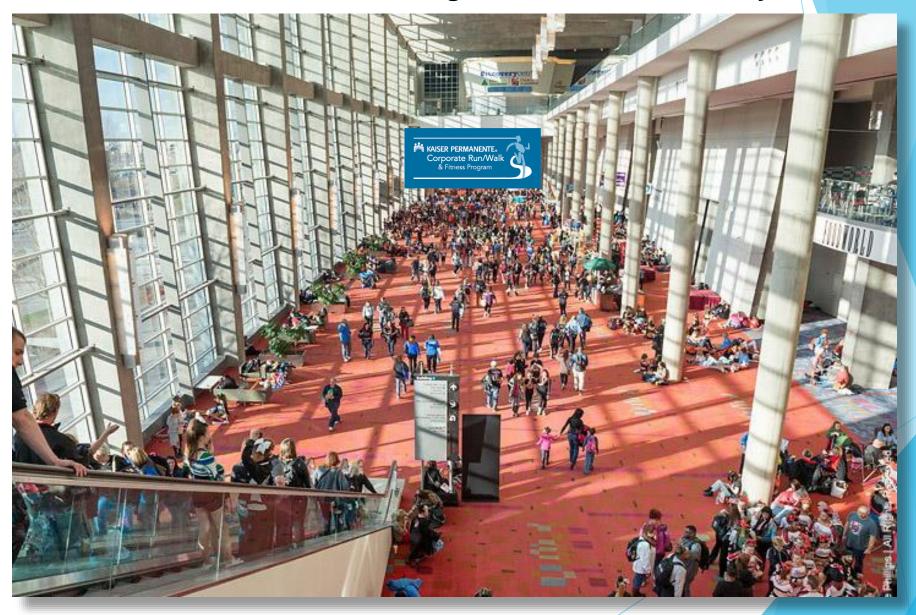
Let's Move, Atlanta! FREE Training

Free 5K 8 week training programs for runners and walkers by Olympian Jeff Galloway (August 27- October 24, 2018)

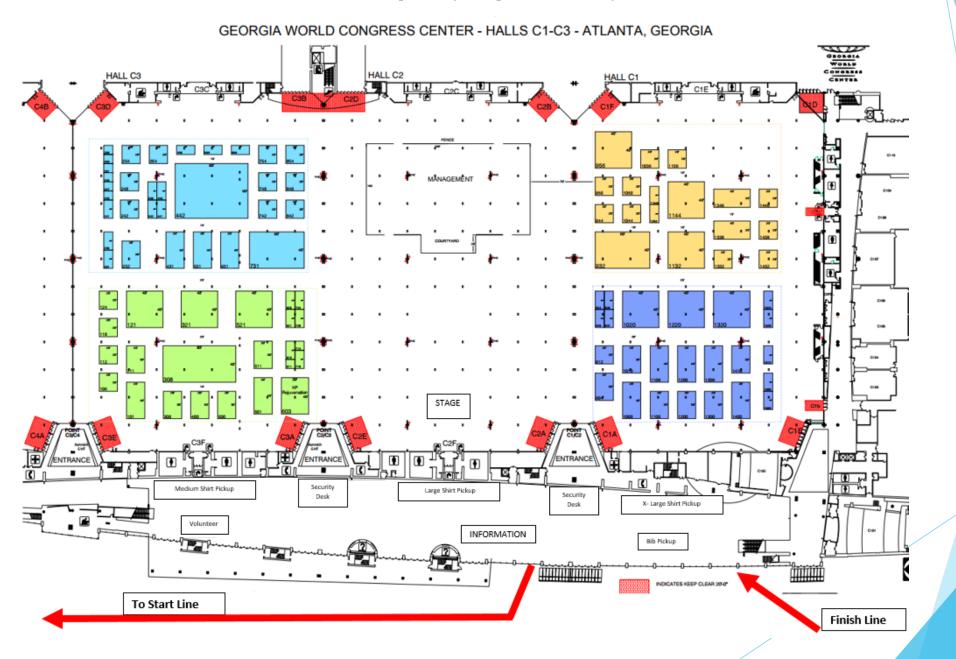


- 3 Week LA Fitness trial membership
- Jeff Galloway Training Program (training runs/walks leading up to the race)
 Attend at least six of the eight sessions and receive a Let's Move, Atlanta Training shirt!
 - August 29, 2018- Phidippides Sandy Springs 6:15pm
 - August 30, 2018 Phidippides Ansley 6:30pm
 - September 1, 2018 Phidippides Ansley 8:00am
- Weekly fitness and training tips from Jeff Galloway and Kaiser Permanente

Race T-shirt & Thrive Bag distribution in the lobby



2017 Company Space Layout





Start: Ivan Allen Dr.

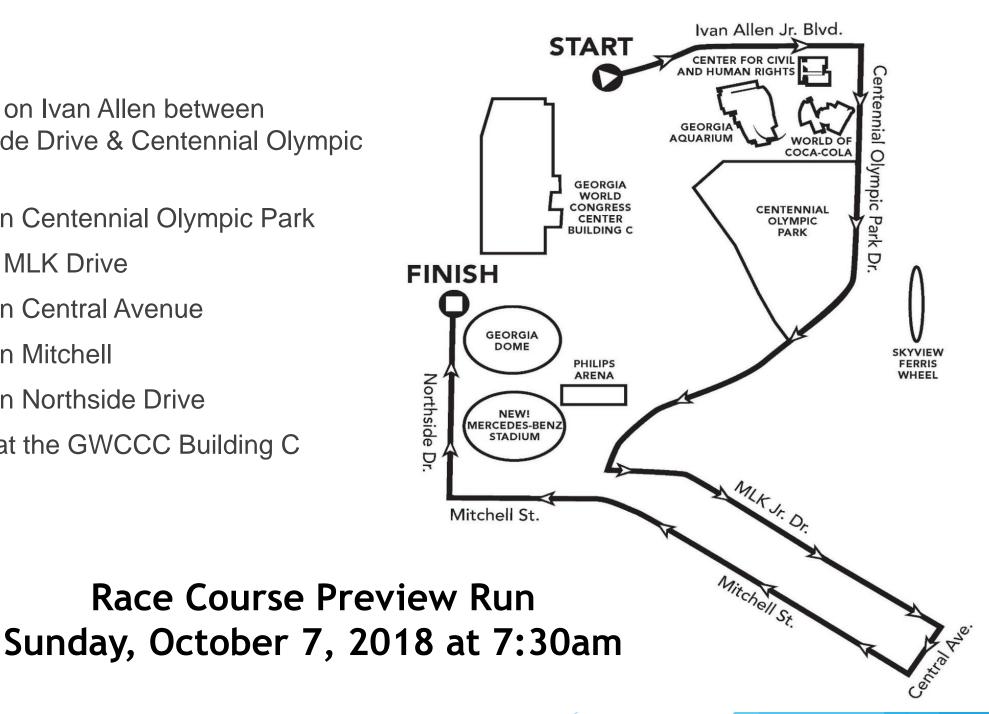


Finish: Northside Dr.

GWCC Area Race start & finish



- Begins on Ivan Allen between Northside Drive & Centennial Olympic Park
- Right on Centennial Olympic Park
- Left on MLK Drive
- Right on Central Avenue
- Right on Mitchell
- Right on Northside Drive
- Finish at the GWCCC Building C



Course Highlights



Center for Civil & Human Rights



Georgia Aquarium



World of Coca Cola



Centennial Olympic Park



SkyView Atlanta



Mercedes-Benz Stadium