



MAY 17, 2015 AT 1:00 P.M. KOLHMANN PARK 101 IST STREET NW WAVERLY, IOWA

## www.campcourageous.org

Come join Vineyard Community Church for this 5K Race to raise money for **CAMP COURAGEOUS**. All proceeds from the race will go to help sponsor several youth and or adult campers.. This race is for everyone young and old. As you run along the course you will be sprayed with six different color dyes, making for a colorful shirt. Awards will be given to the top two in each age group, Male and Female. The AGE groups 10 and under, 11-20, 21-30, 31-40, 41-50, 51-60 and 60+

| Name   |       |              |       |        |       | Age (a  | s of May 1, 2015)              |
|--|-------|--------------|-------|--------|-------|---------|--------------------------------|
| Address  |       |              |       |        |       |         | ·····                          |
|  |       |              |       |        |       |         |                                |
| Registration Fee   | \$20  |              |       |        |       |         |                                |
| T-Shirt Sizes Children (circle one) Y Small Y Medium Y Large                                       |       |              |       |        |       |         |                                |
|  | Adult | (circle one) | Small | Medium | Large | X large | Add \$2.00 2X and Large shirts |
| To guarantee a shirt you must register by May 7,2015. After May 7, you will not receive a T-Shirt. |       |              |       |        |       |         |                                |

Online Registration go to  $\underline{\textbf{RUNNINGINTHEUSA.COM}}$  or  $\underline{\textbf{FITNESSSPORTS.COM}}$ 

For paper entries go to Waverlyvineyard.org

Mail Entries to: Waverly Vineyard

319 W Bremer Ave.
Waverly, Iowa 50677