



31th Annual Fanny Freezer 5k

The race name says it all, so come prepared for the February Indiana weather!

Saturday, February 4th, 2017
2pm at Shoaff Park loop course

Park facilities are not available but limited port-a-johns will be on site.
Parking is also limited at Shoaff Park so carpooling is encouraged.

_____ **\$7** FWRC members

_____ **\$12** non-members

Mail Pre-Registrations to the following address:

Fort Wayne Running Club
P.O. Box 11703
Fort Wayne, IN 46860-1703

Make checks payable to 'Fort Wayne Running Club'

Race day registration is from 12:30pm -1:45pm near the baseball diamond.
You can sign up or renew FWTC memberships during race day registration.

You must be a 2016 FWRC member to be eligible for the 2016 Points Series or Iron Runner!

The Fanny Freezer is the first official points series event for the Fort Wayne Running Club.
Membership must be renewed before or on race day to earn points in our annual points series.

Check out our official website for a complete list of events and membership benefits.

www.fwrc.org/membership-benefits.com

Last Name _____ First Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____ Gender _____ Birth date ____/____/____

e-mail _____ Age on race day: _____

WAIVER: I know that running a road race is potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, and animals are not allowed in the race and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Fort Wayne Track Club, Fort Wayne Running Club, Fort Wayne Parks and Recreation, the city of Fort Wayne and the Road Runners Club of America, all event sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

Signature _____ Date _____

Questions? Contact Liz at liz@3riversrunning.com