



# VIRTUAL SOCKS & UNDIE 5K RUNDIE & KIDS FUN RUN

April 24–26, 2020



Dedicated to our Front Line Heroes

PRESENTING  
SPONSOR



Michael C. Cornstock M.D.

### Instructions:

1. Print race bib. Add your name or bib number.
2. Cut out race bib around the dashed line.
3. Fasten the race bib to your shirt at the holes in each corner.
4. Take a photo in your race bib.
5. Use the hashtags #UndieRundie and #NITPVirtualRundie to share the photo on social media. Tag us @noteinthepocket.