

SuperKid 2019 Race Information

Dear Parents and Athletes

Please read this carefully. It contains important information about SuperKid Triathlon.

WEATHER

The weather in Santa Cruz in autumn is frequently chilly with some early morning fog so make sure you and your kids dress warmly for the early morning hours. It usually starts to clear up about 10:00am but can be pretty chilly, especially for the younger kids, early in the morning.

RACE PACKET PICK-UP

Race Packets can be picked up on Saturday, September 14 from 1:00 pm to 4:00 pm at Simpkins Swim Center in the Community Room. This will save time on race morning if you can pick up the package early.

If you cannot pick up your packet on Saturday they will be available on race morning between 7:00 am and 10:30 am. Plan on arriving at least one hour to 90 minutes early to early to pick up your packet and get set up.

USA Triathlon Check-In and Requirements

For those of you who have registered on-line you have already paid your USAT fees and signed the waivers. If for some reason waivers have not been signed you will be asked to sign one at packet p, or plan on race day registration you have not paid for your USAT membership as part of the race entry form. You will need to complete the waiver and pay \$10 USAT Annual Membership fee at packet pickup if your child is not already a USAT member.

We will have a complete list of everyone's status at the USAT check in table.

• USAT Annual Youth Members

If you have a current USAT membership for your child please bring the card with you. If you can't find the card please check on their website and print a temporary card. If that still doesn't work, we have a list of current USAT members and we can check on the number or we can look it up online. *If you registered with a card*

that has expired you will need to complete the annual membership forms and pay the \$10 membership fee.

- **Non-USAT Members**

Before you pick up your packet you will have your registration status verified before proceeding to packet pickup. You can speed up this process by completing the form at the end of this packet and bring it with you to pickup.

READ CAREFULLY - Ages and Course Selection

For those of you who have done SuperKid in the past you will notice one difference this year in that you were able to select the courses for your kids regardless of their USAT age designation. The thought was to make this a bit more flexible for skill level and course selection for kids who end up younger in their age groups. Since kid's events aren't ranked and we don't have to provide ranking results we thought this might be easier.

USAT ages are determined as of December 31 of each year. That means that every child born from October 1 to Dec 31 is automatically a year older in the database.

That creates a small problem for us for registration and timing since the system automatically selects age and computes USAT age. So we are looking at USAT age as well as the course selected at registration. We will be asking parents of all kids born later than the race date to verify the course and wave starts for their child at registration to make sure we can get the timing correct and kids into the correct wave starts.

For example, if Johnny is 6 on race day, but the system computes his age as 7 because he is born on or after Sept 15, and he was registered in the 5 – 6 year old course that is where he will be for race day and he will start with the 6 year old boys.

Also, if your child is born after race day and is technically “aging up”, and you registered them for the 8 year old course but think they can do the longer 9 year old course then we can move them up.

We are hoping that this new procedure will help us get kids into the correct wave start and courses. It's always been an issue for someone who is for example 10 on race day and gets automatically put in the longer 11-12 year old course but they start on the 10 year old course.

What's in the Race Packet?

Each registered athlete will receive a packet will contain the following items:

Bib Number to be worn on the front of the athlete's shirt. **Bike number** to be placed on the down tube of the bicycle. **Helmet number** to be placed on the front of the helmet.

Swim Cap and Wristbands. This year we are going to make swim caps optional because the kids generally don't like to wear them, but we will have one for everyone. Each child will receive a wrist band color coded to their course selection. The wrist bands and swim caps will be the same color.

Timing Chip: Each athlete aged 7 – 15 will have a Velcro strap with a timing chip attached to it with their packets. This chip will be required to receive a time in the event. This strap is to be worn on the LEFT ANKLE. Do not put in on the bike, or wear on the wrist. The timing chip should be worn for all parts of the event – swim, bike and run. This chip is not yours to keep. Straps and chips will be collected at the finish line by volunteers. Please be careful not to switch or swap the chip as they are coded specifically to each athlete's number. If you have multiple children racing and you think you may have mixed up the chips please see the timing people at the finish line and they will scan/verify that you have the correct chip. *Lost chips are expensive to replace. If the chip is not returned you will be billed \$30 for a replacement.*

If you pick up a timing chip but for some reason your child does not race on Sunday you are responsible for getting that timing chip back to us.

Ages 6 and under will have the option of receiving a timing chip. They will not receive a time without a chip.

Each athlete will also receive an event t-shirt. They will receive their **finisher medal** at the end when they cross the finish line. After the race each child can download a finishers certificate that shows their time and place within their age group.

RACE DAY PARKING

There is one main area for parking for SuperKid this year at Shoreline Middle School and along the driveway into the pool. You may also park in any neighborhood area that is not posted as permit parking, or at Del Mar School a block down 17th and located on Merrill Street.

BODY MARKING

After picking up your child's race packet they will need to be body marked. If you pick up the packet on Saturday please don't forget to stop at body marking before heading to transition to get set up. Your child will be marked as follows:

Back of Left Hand: Wave Start Number Back of Left leg: Age Front of Leg: Race Number
Arms: Race Number

(Where else can you get permission to write all over your body with a felt pen and be seen in public?)

COURSE ACCESS

One parent per child will be allowed in transition to help drop off gear and get set up. You will receive a wristband at packet pickup that gives you access to transition. For the 7 – 15 age groups only athletes and volunteers will be allowed to remain in transition once the race has started.

You must remain behind the spectator barriers for the race. We will have a spectator area set up on the perimeter of the bike course that will allow you to see your child as they make their bike and run loops.

YOU MAY NOT GO OUT ONTO THE RACE COURSE UNLESS YOU HAVE PERMISSION FROM THE RACE DIRECTOR (and that's a tough request to get approved!!!)

WAVE STARTS and STAGING

ALWAYS CHECK WAVE STARTS ON RACE DAY FOR ANY CHANGES. PLAN TO ARRIVE 90 MINUTES BEFORE YOUR WAVE TO GET SET UP AND READY TO RACE.

Each wave will be staged on the pool deck area prior to getting in the water. Please have your child ready to be on the pool deck at least 20 minutes prior to their start. They will have two staging areas prior to getting in the water. Please have them follow all the directions of the staff on the pool deck and make sure they get into the correct wave starts.

If for some unforeseen reason your child misses their wave start we can fix that. We will establish overflow waves for the 7 and 8 year olds and the 9 and 10 year olds based on registration numbers. These are the waves mostly likely to get a lot of last minute registrations. We only have 36 lanes available for each wave so we have left some time flexibility to add waves if we need more. It's the same course for 7-8 and 9 - 10. Just let the starters know that your child missed their wave and we can fix the timing for them.

Wave #	Age Groups	Wave Start
300 YARD SWIM		
1	13-15 year old = ALL	8:00am
200 YARD SWIM		
2	11 & 12 Year Old Boys	8:30am
3	11 & 12 Year Old Girls	8:40am
100 YARD SWIM		
4	9 & 10 Year Old Boys	9:00am
5	9 & 10 Year Old Girls	9:10am
50 YARD SWIM		
6	7 & 8 Year Old Boys	9:40am
7	7 & 8 Year Old Girls	9:50am
25 YARD SWIM		
8	3 & 4 Year Old - ALL	10:15am
9	5 & 6 Year Old Girls	10:30am
10	5 & 6 Year Old Boys	10:45am

The most up to date wave start schedule will be published on the website. Be sure to check that before arriving at the pool.

<https://runsignup.com/Race/SuperKidTriathlon/Page/Starts>

WHAT TO BRING FOR RACE DAY

Your child will have the option of wearing a swim cap so there is no need to bring an additional cap. But you should make sure you have the following items ready to the race:

Swim Suit

Swim Goggles (if they wear them)

Bike

Helmet (very important - can't race without it)

T-Shirt to wear on the bike-run portions over their swim suits or in on top.

Running Shoes

Running cap or baseball cap for sun protection if they wear one.

Towel for transition and one to dry off with.

Sunscreen

Backpack or tote bag to hold all their stuff.