

IMPORTANT EVENT DETAILS for Kansas Rails-to-Trails Extravaganza 2020

We are glad that we have this opportunity to host an in-person event, but we need cooperation from every participant, pacer, crew member, and volunteer to prevent any potential spread of COVID-19. **Not only at the race, but during your travels to and from the event, we ask that you practice social distancing, wear a face covering in public spaces, and frequently wash and sanitize your hands. If you are not feeling well or have any symptoms, please do not attend this event.**

Masks will not be required for participants during the race, but social distancing should still be practiced while passing others on the trail. Before passing someone, verbally announce your presence and utilize the space outside of the trail to keep at least 6ft between participants.

Please refrain from gathering at the start/finish area, and be mindful of social distancing while standing in line for Packet Pickup. If you are picking up your packet on race morning, try to arrive during or just before your start time, and you'll be directed to start your race right away, or you may pick up your packet and then wait in your car until your start time. If you pick up your packet on Friday, you may head straight to the start line when you arrive on race morning during your start wave.

For those taking the shuttle (Full and Half Marathoners) to the start-line on Kingman Road, please see details in your section below.

Packet Pickup:

Friday, October 23rd from 12pm – 8pm

Saturday, October 24th beginning at 4:30am

Packet Pickup will be held on the south side of Celebration Hall just outside of the overhead door. Access inside the building will not be permitted. There will be portable restrooms by the entrances, which will be accessible throughout the weekend.

Drop Bags:

If you are using Drop Bags, please turn them in to us at Packet Pickup as soon as they are ready. For those with start times before 7am, please turn in your Drop Bags on Friday or before 5:15am on Saturday to ensure that we can get them to the stations before you do!

At each manned aid station, Drop Bags will have been spread out on a tarp by staff wearing masks and gloves. You will retrieve your Drop Bag from this area when you arrive (carefully, as to not come in contact with any Drop Bag but your own). When you're leaving the station, if you are heading OUTBOUND, please place your bag back on this tarp for your next time through the station, if you are heading INBOUND or at your TURNAROUND station, place your Drop Bag in the RETURN section, so we know it's ready to be taken back to Celebration Hall.

We will try to get your drop bags back to Celebration Hall before you, but that's not always logistically possible. All drop bags will be back by 10am on Sunday morning.

Awards:

Since the start times are in open waves, all results will be based on chip time. We are expecting many fast times on the course, so keep in mind that someone who started after you may have a faster time, even if they cross the finish line after you. On the course, please stay to the right unless you are passing someone.

Each finisher will receive an award (buckle/medal) at the finish line, but there will be no age group awards. Results will not be posted at the event, but they will be immediately available online at timerguys.com/results. We will present 1 overall award to the top male and female in each distance – starters from all waves will be eligible, not just those in the “elite” wave. Because of this, the presentation of these awards may be delayed until we are sure of the champion.

Reminders:

Water – Carrying Water is mandatory at all times.

Trash – Please do not leave any trash on the course. Bring any trash with you to an aid station trash can.

Lights – You are required to wear a light during nighttime hours (after 7pm)

Crews/Pacers – Your Crew and Pacers may ONLY meet you at the Manned aid stations, except in the case of an emergency.

As always, be sure to acknowledge and encourage others on the course, and thank the volunteers!

Course Safety:

This is an open course with no road closures, so please be aware of your surroundings and be careful crossing country roads and roads in the small towns that you’ll go through.

There are a couple railroad crossings as well – if there happens to be a train coming. Just wait, please do not try to beat it across the tracks.

All intersecting roads have labeled signs. Try to keep the nearest street name in mind in case of emergencies. Giving us a cross-street name will make it much easier to find you if that’s needed.

Aid Stations:

The unmanned aid stations on the course will have totes with water bottles for you to refill your packs, and a trash can for the empty bottles. Please use the provided hand sanitizer before and after taking a bottle from the tote.

The manned aid stations will have the following available:

Water bottles for your use

Gatorade bottles for your use

Water cooler that only a masked and gloved volunteer will use to refill your pack if you'd like.

Gu Roctane cooler that only a masked and gloved volunteer will use to refill your pack if you'd like.

Pickles and Pickle juice

Soda

Uncrustables packaged sandwiches

M&Ms

Pretzels

Potato chips

Granola bars

Clementines

When able, the station volunteers will prepare hot soup in individual servings, and cups of coffee.

Restrooms will be available at each manned aid station, and will be disinfected often.

Please make sure that you go over the timing mats at the manned aid stations (once to check-in, and once to check-out at each station).

If you end up dropping out of the race, you **MUST** notify a volunteer or race official immediately and turn in your bib to the nearest DNF bib box.

Specific details for the 100 Mile:

You will start from Celebration Hall during your assigned wave. A volunteer will be at the start mat and send you on your way. From there, you will turn left and continue about 1-mile North to your first turnaround where there will be a volunteer and a cone to go around. Once you make this turn, you'll be heading mostly South for about 50 miles to your next turnaround in Iola.

When you get into Iola, there is an intersection that you must cross using the crosswalk signal to get to the aid station – the volunteers at the station can see you – and if you try to cross this road without using the signal, you will be pulled from the race. The longest anyone had to wait to cross was 30 seconds, so please be patient here for your safety

When you make it another 48 or so miles back, you'll make a left turn into the finish at Celebration Hall.

One spot to pay extra attention (outbound and inbound) is about a mile south of the start/finish. The trail crosses under I-35. You'll follow the trail on the shoulder of HWY 59 for this short section. You will cross the on and off ramps of the interstate, but you'll stay on the HWY shoulder until it winds you back onto the path. This is well marked, just make sure you're looking out for cars who may not be looking for you.

Make sure you are aware of all cutoffs listed in the race booklet. These will be strictly enforced.

If you have a pacer, they can join you at Colony outbound, or any manned station after that.

Switching pacers is allowed at manned aid stations.

Alert your crew that there is currently a highway detour between Garnett and Welda.

Specific details for the 100K:

Your start-line is on the Prairie Spirit Trail, about 100 meters from Celebration Hall. Volunteers will point you in the right direction to get you started. You will head mostly south to your turnaround in Welda, and then you'll head all the way back to Celebration Hall for your finish.

One spot to pay extra attention (outbound and inbound) is about a mile south of the start/finish. The trail crosses under I-35. You'll follow the trail on the shoulder of HWY 59 for this short section. You will cross the on and off ramps of the interstate, but you'll stay on the HWY shoulder until it winds you back onto the path. This is well marked, just make sure you're looking out for cars who may not be looking for you.

If you have a pacer, they can join you at your turnaround in Welda, or any manned station inbound.

Switching pacers is allowed at manned aid stations.

Alert your crew that there is currently a highway detour between Garnett and Welda.

Specific details for the 50 Mile:

You will start from Celebration Hall during your assigned wave. A volunteer will be at the start mat and send you on your way. From there, you will turn left and continue about 1.75-miles North to your first turnaround where there will be a volunteer and a cone to go around. Once you make this turn, you'll be heading mostly South for about 25 miles to your next turnaround at the Santa Fe Depot in Garnett.

When you make it another 22 or so miles back, you'll make a left turn into the finish at Celebration Hall.

One spot to pay extra attention (outbound and inbound) is about a mile south of the start/finish. The trail crosses under I-35. You'll follow the trail on the shoulder of HWY 59 for this short section. You will cross the on and off ramps of the interstate, but you'll stay on the HWY shoulder until it winds you back onto the path. This is well marked, just make sure you're looking out for cars who may not be looking for you.

If you have a pacer, they can join you at your turnaround in Garnett, or any manned station inbound. Switching pacers is allowed at manned aid stations.

Specific details for the 50K:

You will start from Celebration Hall during your assigned wave. A volunteer will be at the start mat and send you on your way. From there, you will turn left and continue about 1.5-miles North to your first turnaround where there will be a volunteer and a cone to go around. Once you make this turn, you'll be heading mostly South for about 15 miles to your next turnaround in Richmond.

When you make it another 13 or so miles back, you'll make a left turn into the finish at Celebration Hall.

One spot to pay extra attention (outbound and inbound) is about a mile south of the start/finish. The trail crosses under I-35. You'll follow the trail on the shoulder of HWY 59 for this short section. You will cross the on and off ramps of the interstate, but you'll stay on the HWY shoulder until it winds you back onto the path. This is well marked, just make sure you're looking out for cars who may not be looking for you.

If you have a pacer, they can join you at your turnaround in Richmond or at Princeton-Inbound. Switching pacers is allowed at manned aid stations.

Specific details for the Full and Half Marathon:

Your start-line is at the intersection of Kingman Road and the Prairie Spirit Trail, which is about 2 miles south of Celebration Hall.

You are welcome to have one of your crew members drive you to this location, or you can take the shuttle from Celebration Hall to this starting location. You will finish at Celebration Hall.

Please aim to arrive at the starting location during your assigned start wave, but know that once you arrive, you will be directed to start as soon as the trail is clear (this is to prevent crowding, and also because there is very limited parking at this location).

The shuttle will operate from 7:15am – 8:30am.

At the start location:

- There will be water bottles for you to refill your water container
- There will be a place for any of your belongings to be taken back to Celebration Hall (like your face mask or jacket – please do not leave valuables). Please have these items in a bag labeled with your name and bib number.

You will start by heading north to complete a short out-and-back around a cone to get the certified distance. Once you go around the cone you'll be heading mostly south on the trail until you get to your turnaround station (Princeton for the Half, Richmond for the Full). Then you will head mostly north until you get to the finish line at Celebration Hall.

One spot to pay extra attention is when you're about a mile from the finish and the trail crosses under I-35. You'll follow the trail on the shoulder of HWY 59 for this short section. You will cross the on and off ramps of the interstate, but you'll stay on the HWY shoulder until it winds you back onto the path. This is well marked, just make sure you're looking out for cars who may not be looking for you.