



The photo above is last year's thermals. Imagine yourself wearing the 2018 Frigid 8 & Thermal 3 official thermal underwear. Actual results may vary, but the only way to know for sure is to register early and run our race.

Register by mail or online.

# INDIANHEAD TRACK CLUB

49th ANNUAL

## FRIGID 8 & THERMAL 3



**WE DON'T CARE. WE GOT  
THERMAL UNDERWEAR**

## Frigid 8 and Thermal 3

**Saturday, December 1, 2018**

**Start Time 10 a.m.**

**Our Savior's Lutheran Church  
1300 Mansfield  
Chippewa Falls, Wisconsin**

## OUR SPONSORS



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**Chippewa Valley Eye Clinic**

Jeff Brown Eye MD  
Chippewa Falls, Wisconsin



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# INDIANHEAD TRACK CLUB



## THE RACE

The Frigid 8 was first run in Eau Claire on December 12, 1970. The Thermal 3 was added in 1984. At its zenith, in 1987, the race attracted 470 runners, some hardy, others foolhardy.

The current course begins in a residential neighborhood and immediately heads out into the open fields, rolling hills and dairy farms west of Chippewa Falls. The Frigid 8 is a lollipop shaped course. The Thermal 3 is an out and back course.

The weather on race day can be unpredictable. There are ancient reports of sunshine and mid-40s. Other times, it's been windy and cold. It's snowed. Runners are encouraged to bring a smile, a mother-nature-can't-beat-me attitude and layers of clothing.

Results will be posted at <https://indianheadtrackclub.rsupartner.com/> after the race.

Feel free to post your event photos on the ITC Facebook page.

## LOCATION

**Our Savior's Lutheran Church  
1300 Mansfield  
Chippewa Falls. WI 54729**

## STARTING TIME

**10 a.m.**

## ONLINE REGISTRATION

Register online at [runsignup.com/Race/WI/ChippewaFalls/2015Frigid8andThermal3](https://runsignup.com/Race/WI/ChippewaFalls/2015Frigid8andThermal3)

## DAY-OF-REGISTRATION

Day-of-registration and race packet pickup will be located inside Our Savior's Lutheran Church. Registration begins at 9 a.m.

## SHIRTS

The first 200 runners who register will receive a Frigid 8 & Thermal 3 thermal underwear set. **Register early.**

## AGE GROUPS

Under 10 • 10-13 • 14-17 • 18-29 • 30-39  
40-49 • 50-59 • 60-69 • 70-79 • 80 & over

## AWARDS

In both races, awards will be given for the overall winners, male and female, as well as the top three male and female finishers in each age group.

## POST RACE

Awards will be given out at the conclusion of each race. Runners are also eligible for door prizes based on race numbers picked randomly.

Plenty of food, hot beverages and cold beverages are available after the race, and of course, runners can have their fill of home-cooked chili.

## MAIL IN ENTRY FEES

Postmarked by November 21.....\$20.00\*  
Postmarked by November 27.....\$25.00\*  
Day-of-Registration .....\$30.00\*  
\*ITC Members receive a \$5 discount

## MAKE CHECKS PAYABLE TO

Indianhead Track Club

## MAIL ENTRY FORMS TO

Warren Kerola  
921 Whispering Pine Dr  
Chippewa Falls, WI 54729

## ENTRY INFORMATION

Distance: ☐ Frigid 8 ☐ Thermal 3  
Gender: ☐ Male ☐ Female  
Shirt Size: ☐ S ☐ M ☐ L ☐ XL ☐ 2XL  
ITC Member ☐

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

City: \_\_\_\_\_

State \_\_\_\_\_ Zip: \_\_\_\_\_

Email: \_\_\_\_\_ Birth Date: \_\_\_\_\_

In consideration of your acceptance of my entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators waive and release any and all rights and claims for damages I may have against the Indianhead Track Club and all other sponsors and their representatives, successors, and assigns, City of Chippewa Falls, and their employees, for any and all injuries suffered by me in this event and verify that I will participate in this event as a footrace entrant, that I am physically fit and have sufficiently trained for the competition and completion of this event and that my physical condition has been verified by a licensed Medical Doctor. I hereby grant full permission to any and all of the foregoing to use any photographs, video-tapes, motion pictures, recordings, or any other record of this event for any legitimate purpose without financial remuneration to me or my heirs or assigns.

Signature: \_\_\_\_\_  
(Parent or guardian if under 18)

Date: \_\_\_\_\_