

# Jingle All the Way 5K Saturday, December 19th



# **2015** Race Entry Form

## **5K Run/Walk Event**

<u>Date/Start Time</u> Saturday, December 19th 8:30AM 5K Run

**Location** 

Vaughan Hall 79 Tecumseh Trail Medford Lakes, NJ 08055

### **Course**

USATF Certified course through the picturesque community of the Borough of Medford Lakes

### **Contact**

Jill Siciliano

MadPaddlersML@gmail.com

### **Awards/Amenities**

Awards to top Male and Female and 3 deep male and female in the following age groups: 0-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69 and 70+

Gloves and jingle bells for your shoes are provided for

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Application & check should be mailed to: Jill Siciliano at 160 Chippewa Trail, Medford Lakes, NJ 08055

A separate application will be required for <u>each</u> entrant.

5K Pre-Registration (by November 23rd)						
5K Race Day Registration						
5K Student (18 and under) entry fee (by November 23rd)						
5K Family entry fee (MUST BE MAILED)						
Please Print						
First Name Last Name						
Gender M F (Circle One) Age Emergency Phone #						
Street City State Zip						
Email Address						

Waiver: I, the undersigned, acknowledge that a run/race/walk is a hazardous activity. I certify that I am medically able and have sufficiently trained for this event. I agree to abide by all decisions of the race as final. In consideration of the acceptance of my entry and intending to be legally bound, I do hereby for myself, and anyone entitled to act on my behalf, waive, release and discharge race organizers, Medford Lakes Colony, the Borough of Medford Lakes, sponsors and their agents, employees, representatives, successors and assignees for any and all injuries suffered by me in said event.

Signature	Date	
Guardian if 18 or under	Date	







# NOTES:

COURSE HAS BEEN MEASURED IN ACCORDANCE WITH USATFARTIC REQUIREMENTS USING THE SHORTEST POSSIBLE ROUTE (SPB) METHOD TO WITHIN 12" OF ALL CURBS AND DEFINED ROAD EDGES.

UNLESS OTHERWISE INDICATED ON THIS MAP, RUNNERS MAY USE FULL WIDTH OF ROADS.

ELEVATIONS ARE RELATIVE AND ARE AS OBSERVED USING GOOGLE EARTH IMAGING.

WILE 3: ON TECUMSEH TRAIL, 156' SOUTH-WEST OF THE CORNER OF NEETA TRAIL, MARKED BY 3' IN A SQUARE, MLC' ABOVE, '5K' BELOW NEAR THE CENTER OF THE ROAD, ALL IN WHITE PAINT.

NEETA TRAIL

POCAHONTAS

TECUMSEH TRAIL \

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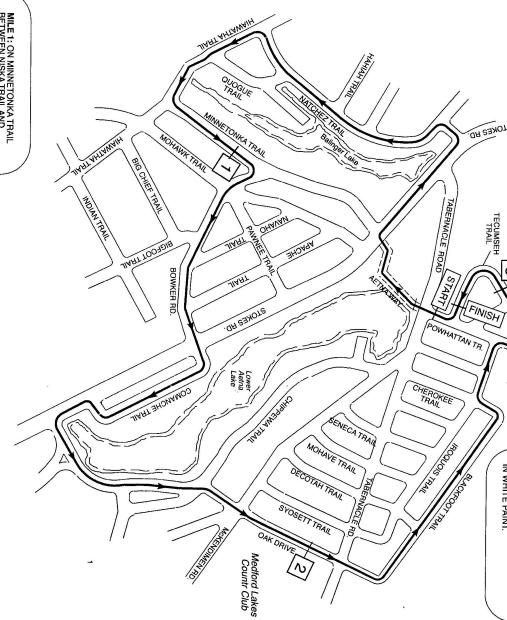
JAAT



# MEDFORD LAKES COLONY 5K Medford Lakes, NJ

USATF Certificate
NJ13002WB
Effective: 05/13/013 to 12/31/2023

MILE 2: OAK DRIVE, OPPOSITE MEDFORD LAKES COUNTRY CLUB, AND 278' SOUTHWEST OF THE STOP SIGN ON THE NORTHEAST SIDE OF TABERNACLE RD.
MARKED BY 2' IN A SQUARE, MLC' ABOVE, 5K' BELOW, 12" OUT FROM THE NW EDGE OF THE ROAD, ALL IN WHITE PAINT.



MILE 1: ON MINNETONKA TRAIL BETWEEN NISKA TRAIL AND DE HAWATHA TRAIL, AND MORE ACCURATELY 128' SOUTHWEST OF THE SIGNPOST AT THE SOUTH CORNER OF NISKA & HAWATHA. MARKED BY '1' IN A SOUARE, MLC' ABOVE, 'SK' BELOW, IN THE CENTER OF THE ROAD, ALL IN WHITE PAINT.

MEASURED BY BILL BELLEVILLE 03/20/13, 05/03/13 ARDMORE, PA CS-1301