

# 8th Annual Power House Run/Walk



5K Run / Walk & Kids 1K Fun Run  
SATURDAY, April 12, 2014  
RACE DAY REGISTRATION: OPENS AT 7:30 AM  
5 K RACE / 5 K WALK AT 8:30 AM  
KIDS 1K FUN RUN AT 9:30 AM



**LOCATION:** Whitehouse Primary School, 6510 Texas Street, Whitehouse, OH

**5K COURSE:** Start & finish at School, flat & fast 5K course on Village Streets & Wabash Cannonball Trail.

## AWARDS:

- Overall male/female, Overall Master (40+) male/female, Grand Masters (50+) in the 5K race. The 5K walk is noncompetitive.
- Age group awards (at least two deep) in the 5K race.
- 5K Race - Male & female: 10 & under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-70, 70 & older
- Kids 1K Fun Run – 1st male & female (grades K-4 only) receive award. All finishers will receive a finisher's award.
- Kids 10 & Under registering for the 5K are also permitted to participate in the 1K.

## SHIRTS, REFRESHMENTS AND OTHER INFO:

- All pre-registered participants will receive a t-shirt. A limited number of shirts will be available on race day.
- Refreshments at finish
- All proceeds benefit the Whitehouse Parents' Club (a 501(c)(3) organization)

## ENTRY FEES/REGISTRATION:

5K Race/5K Walk –Pre-registered – **postmarked by April 8, 2014** \$20.00

5K Race/5K Walk –Day of Race - \$25.00 with shirt if available; \$20.00 – no shirt

1K Kids Fun Run – (students in grades K-4) Pre-registered – **postmarked by April 8, 2014** \$5.00

1K Kids Fun Run – (students in grades K-4) Day of Race - \$7.00 with shirt if available; \$1.00 – no shirt

**Entry fees payable to:** Whitehouse Parents' Club (a 501(c)(3) organization)

**Mail to:** Powerhouse 5K, Whitehouse Primary School, 6510 Texas Street, Whitehouse, Ohio 43571

**ONLINE:** <http://www.runsignup.com> (service fees apply)

**INFORMATION?** Call Lorri Britsch @ 419-877-0498 or e-mail [lorri\\_britsch@roadrunner.com](mailto:lorri_britsch@roadrunner.com)

**CUT HERE – ENTRY FORM MAY BE PHOTOCOPIED – PLEASE PRINT**

NAME: \_\_\_\_\_ TELEPHONE: \_\_\_\_\_

AGE (on 4/12/2013): \_\_\_\_\_ SEX(circle) M F TEACHER (for WH students only): \_\_\_\_\_

INDICATE EVENT: (circle) KIDS 1K FUN RUN 5K RACE / WALK

SHIRT SIZE (circle) YOUTH: YS YM YL ADULT: AS AM AL AXL A2XL

(Additional shirts may be purchased with pre-registration at \$8.00 each – please indicate size above & include payment with registration)

IN CONSIDERATION OF YOUR ACCEPTANCE OF THIS ENTRY, I HEREBY FOR MYSELF, MY HEIRS, EXECUTORS AND ADMINISTRATORS WAIVE AND RELEASE ALL RIGHTS FOR CLAIMS AND DAMAGES I MIGHT HAVE AGAINST THE RACE DIRECTOR, THE ANTHONY WAYNE SCHOOL DISTRICT, SPONSORS, AND ALL RELATED PARTIES FOR ANY AND ALL INJURY OR DAMAGE RESULTING FROM PARTICIPATING IN THE ABOVE EVENT. I AM IN PROPER PHYSICAL CONDITION TO PARTICIPATE IN THIS EVENT.

SIGNED: \_\_\_\_\_ (PARENT OR GUARDIAN IF UNDER AGE 18) DATE: \_\_\_\_\_