



AMY KING MEMORIAL 5K RUN/WALK RACE

SATURDAY, NOVEMBER 25 | 11:00AM

LAKEWOOD FAMILY YMCA

HONORING OUR FRIEND

Location: Celoron Moose Club
52 Dunham Ave, Celoron NY, 14720

Forms must be received by Nov. 16th to be guaranteed a hoodie sweatshirt

REGISTRATION OPTIONS

In person: at the Welcome Center

By phone: 716-664-2802 ext. 250

Online: www.runsignup.com/Race/NYAmys5KRun

Race Day Registration: 9AM-10:30AM

DIVISIONS: 9&U, 10-14, 15-19, 20-24,
25-29, 30-34, 35-39, 40-44, 45-49,
50-54, 55-59, 60-64, 65-69 and 70+

COURSE: Paved, generally flat, some incline



Name: _____ Sex: M/F DOB: ____/____/____ Age: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email: _____

Release & Waiver: I, on behalf of myself, my heirs, executors, administrators, and assigns, do hereby waive and release any and all claims against the YMCA, Pepsi, Trackqua, Inc. The village of Celoron and all others who may be affiliated with these races for any and all damages or injuries that may result from this event. I also attest that I am physically fit and qualified to participate in this race.

Signature: _____ Date: _____
(parent signature for child under 18)

-Mail/Make checks payable to:
Lakewood YMCA
183 E. Fairmount Ave
Lakewood, NY 14750

Office Use:

Amount \$ _____ Receipt: _____ Date : _____ Initials: _____

Event:

5K Run 5K Walk

OR Register online at:

www.runsignup.com/Race/NYAmys5KRun

Paul Veneto- Amy King's friend/co-worker who raises money by walking for the flight attendants who died in 9/11.



Registration Cost

**\$40 Pre-Registration,
GUARANTEED HOODIE SWEATER**

(Now—November 16th)

Shirts :

XS S M L XL
 2XL (+\$5) 3XL(+\$5)

**\$40 Late Registration,
NO HOODIE SWEATER**

(November 17th—November 24th)

*No registrations will be accepted at the YMCA after 5pm on November 24th. Online is still available.

**\$45 Race Day Registration,
NO HOODIE SWEATER**

*Race Day Registration –Can be registered online & at Celoron Moose Club .

NO REGISTRATIONS WILL BE TAKEN AFTER 10:30am.

I cannot participate in this event, but would like to contribute & receive a Amy King 2023 shirt **\$40**
(Please send postage if want mailed)