FOUR DIAMONDS

Conquering Childhood Cancer

FT5K COSTUME RUN

5K Run/Walk and Free Kids Trick or Treat Run
Benefitting Four Diamonds • Manchester, PA

Saturday, October 31st 2015

10:00A.M. – 5K Run/Walk
9:50A.M. – Kids Trick or Treat Run

WHO: Runners of all ages and abilities. Gather your family, friends and co-workers. Walkers are also invited to participate using the same course. Pets are welcome!

WHAT: The FT5K Costume Run is a fundraiser benefitting Four Diamonds. Pediatric cancer has personally touched so many of our lives as it is the leading killer of children in the United States. **A portion of the proceeds from the race will go directly to Four Diamonds**, an organization that supports the discovery of new treatments for pediatric cancer and financially supports affected families in hopes of changing lives. For more information about the work of Four Diamonds, please visit www.fourdiamonds.org

WHERE: Northeastern High School, Manchester, PA. Pre-registrants can pick up their race packets at the front of the middle school, beginning at 8:30 am on the day of the race**. Race day registration will be available beginning at 8:30 am.** The 5K begins in front of the middle school. It travels throughout the high school and middle school campus. Terrain varies from blacktop to grass.

WHEN: Saturday, October 31st 2015
8:30 a.m. – Registration begins
10:00 a.m. – 5K begins
10:45 a.m. – Awards Ceremony

HOW: To register, detach and complete the form below and submit a $25 check/money order to **Northeastern High School** by October 23rd to be guaranteed a T-shirt. For entries postmarked or received after October 23rd up to and including race day will include a shirt *while supplies last*. Size requests will be honored to the best of our ability, but sizes may be substituted.

RESULTS: Finish line and timing service by York Road Running Club. Race results will be posted on nesd.k12.pa.us.

AWARDS: Medals will be presented to Overall Male and Female Champion. Awards will also be presented to top three (3) Male and three (3) Female finishers in each of the following age brackets:

14 and Under, 15-19 years, 20-29 years, 30-39 years, 40-49 years, 50-59 years, 60+ years.

AMENITIES:

Kids Trick or Treat Fun Run is Free – No Preregistration Required
Guaranteed T-Shirts for all Pre-Registrants
Costume Contests, giveaways, and children's entertainment
Refreshments and snacks provided after the race.

Just remember, it's for the kids!

REGISTRATION: FT5K to benefit Four Diamonds Complete this portion. Detach and mail to 300 High St. Manchester, PA 17345 ATTN: Mrs. Jennifer Fertenbaugh. Include $25 registration fee before October 23th to be guaranteed a shirt. Registrations will be accepted up to and including race day. Make checks payable to **Northeastern High School**.

Select: 5K RUNNER 5K WALKER

Name_____ Address_____
Please print

Phone _____ City_____ State_____ Zip _____

E-mail address_____ Age *(on Race Day)*_____Male___ Female___

T-shirt size (*circle one*)
Youth S M L
Adult S M L XL

WAIVER/RELEASE: I hereby waive all claims against the race director, race officials and volunteers, any and all sponsors including, but not limited to Northeastern High School, Four Diamonds, the York County and Manchester Borough and those in their employ, and all their representatives and successors from any injury or liability I might suffer in this event. I attest that I am physically fit and prepared for this event. I assume all risks associated with participating in this event including, but not limited to: falls; contact with other participants; the effects of the weather, including high heat and/or cold; and the condition of the course; all such risks being known and appreciated by me. I grant full permission for organizers to use my name and or pictures in legitimate accounts and promotions of this event.

Signature X_____Date _____
(Parent or guardian's signature if less than 18 years of age.)

Please make checks payable to Northeastern High School and mail to: 300 High Street Manchester, PA 17345 ATTN: Mrs. Jennifer Fertenbaugh
Questions: Call Kayli Rentzel 717-870-4308 10646@nebobcats.org