Ninth Annual "Run For The Heart" 5k Run/Walk and
1 Mile Santa Chase for 9 and Under
In Memory of Monsignor James J. Wolf
With Proceeds Going Towards The Tuition Assistance Fund At Sacred Heart School

When: Saturday - December 1, 2018
Registration - 7:30 - 8:45 a.m.
5K Run/Walk - 9:30 AM (3.1 miles)
1 Mile Santa Chase – 9:00 AM

Location: Sacred Heart School/Church
135 North Harrison Street
Warsaw, IN 46580

Entry Fees : $12 by 10/14/18
$15 after 10/14/18
$20 day of race

Course Records :
F – Mariah Jordan - **19:41**(2013)
M – Justin Kowalski - **17:28**(2011)
1 Mile Santa Chase – Elizabeth Stone - **6:34**(2011)

Awards: Awards given to top Male and Female finishers and top finishers in each age group. Door prizes too!

Age groups (5K): 9-under, 10-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 & over.

1 Mile Santa Chase for 9 and under –all finishers receive t-shirt and medals!

Contact information: Terry Powers 574-268-9426
Kelly Dawson 574-265-1903
Danielle Henderson 419-934-5577

Make checks payable to: Sacred Heart (*with 5k memorial run in the memo)*
Mail To: **Terry Powers**
1898 Legacy Lane Winona Lake, IN 46590

Kosciusko Runners' Association
Your Running Information Source
www.runkra.com

Name_____ Age Day of Race_____
Address_____
City_____State_____Zip_____
Telephone_____Email_____M___F__
5K Run/Walk _____ **1-mile Santa Chase**_____
Adult T-shirt sizes: S_____M_____L_____XL_____ XXL_____
Child T-shirt sizes: S_____M_____L_____

T–shirts will be guaranteed to all pre-registered by November 18. After that, while supplies last.

PLEASE READ AND SIGN RELEASE:
I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in races, including, but not limited to: falls, contact with other participants, the effect of the weather, including high heat and/or humidity or lightning, the conditions of the road and traffic on the course, all risks being known and appreciated by me. Having read this waiver and knowing the facts and in consideration of your acceptance of my entry in the race, I, for myself and anyone entitled to act on my behalf, waive and release the directors of this race, the town of Warsaw, all sponsors, their representatives and successors, from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver. I grant permission to all of the foregoing to any photographs, motion pictures, recording or any other record for legitimate purpose.

Signature_____ ***Date***_____
(Parent/Guardian signature required if under 18 years)