

ROCK RUN

THE

RUN FROM
COUNCIL ROCK SOUTH TO COUNCIL ROCK NORTH
SATURDAY, NOVEMBER 24, 2018
the Saturday of Thanksgiving Weekend

PORTIONS OF THE PROCEEDS BENEFIT
COUNCIL ROCK NORTH & SOUTH
RUNNING PROGRAMS & ATHLETES HELPING ATHLETES

PRESENTED BY: **Orangetheory**
FITNESS

3.1 MILES OF HEALTHY HIGH SCHOOL RIVALRY
TECH SHIRTS FINISHER'S MEDAL
AWARDS INCLUDE ALUMNI & ALUMNI TEAM TEAM COMPETITION
STUDENT DISCOUNT EXTENDED UNTIL OCTOBER 17, 2018

FOR MORE INFORMATION GO TO:

ROCKRUNBUCKS.COM

PRODUCED BY:
runBucks.com

FRIDAY PACKET PICK-UP & NEW REGISTRATIONS 3:30-6PM Orangetheory Fitness Newtown Studio located at:

2140 S Eagle Rd, Newtown, PA 18940

Late registration is \$40. You will be mailed a race shirt at a later date

SATURDAY PACKET PICK-UP & RACE DAY NEW REGISTRATIONS near the starting line opening about 8AM

PARKING: Park in the Council Rock South parking lots.

Council Rock South is located at: **2002 Rock Way, Holland, PA 18966** 40.213884, -74.975357 look for the water tower

BAGGAGE: Around 8:55AM throw your bag in to the shuttle bus and we'll get it to the finish line before you do.

START: The start is on Rock Way near the water tower at 9AM Sharp!



COURSE: In case you have not seen it there is a YouTube video tour of the course:

<https://www.youtube.com/watch?v=wNSIY93R8GE&t=171s>



Portable toilets are supposed to be delivered to Council Rock South near the water tower on BlackFriday



We need everyone across Richboro-Newtown Road within two minutes of the start or Northampton Police will ask you to wait.



PLEASE PAY SPECIAL ATTENTION TO THE VIDEO FROM 4:39 THROUGH 6:09

WHICH SHOWS THE STRETCH THROUGH THE NEWLY CONSTRUCTED PARKING LOTS AT THE NEW NEWTOWN MIDDLE SCHOOL.



The finish of the RockRun is the normal finish on the track at Walt Snyder Stadium which is at the end of the straight away

QUICKEST AWARDS AROUND:

Awards categories: Overall, Under 20, @0-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60 & Older, First Alumni of each school



Pick up your awards at the 96.5 WTDY tent near the finish line

RockRun Team Challenge perpetual trophy to be displayed in Newtown

ORANGETHEORY CHALLENGE

Scored by the top three members of each OTF Studio

SHUTTLE BACK TO COUNCIL ROCK SOUTH

The shuttle bus will return to Council Rock South shortly after everyone is done and the awards concludes (about 10:15am)

We hope you will consider joining us at the Green Parrot after



GREEN PARROT POST RACE CELEBRATION:

The Green Parrot is located at: 240 N SYCAMORE STREET, NEWTOWN, PA 18940 215-504-7277 (Where Goodnoe's used to be)

SPECIALS: \$2.50 BUD LIGHT drafts, Bud, budLight or Ultra 16oz Buckets \$15.00

\$3.50 SamAdams draft & \$5.00 Smirnoff cocktails all flavors.

\$7.00 popcorn chicken bites & \$7.00 traditional flatbread pizza

If you like what we do please consider joining us for the 12K o' Christmas which benefits Tyler State Parks PPFF fund



<https://runsignup.com/Race/PA/Richboro/12KoChristmas>

The logo for Orangetheory Fitness, featuring a stylized white icon of three connected dots on the left, followed by the word "Orangetheory" in a large, white, sans-serif font. Below "Orangetheory", the word "FITNESS" is written in a smaller, white, all-caps, sans-serif font, with wide letter spacing.

Orangetheory
FITNESS

NEWTOWN

