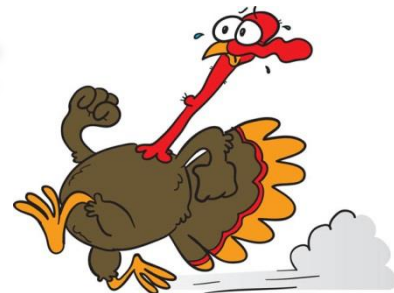


Lisa's Ladybugs Turkey Trot

THANKSGIVING DAY!!



COURSE: Starting at the Punxsutawney Baseball Fields onto the
Punxsutawney Rails to Trails just off 119 across from Joe's Drive Inn.

TIME: Registration begins at 8 am - Race begins at 9 am

FEE: 5K - \$25.00/person
1M - \$20.00/person
MUST REGISTER BY NOVEMBER 15, 2019 TO GET A FREE SHIRT

5K Run & 1M Walk

*****REGISTER ONLINE AT www.runsignup.com*****

ONLY PRE-REGISTERED PARTICIPANTS WILL RECEIVE A T-SHIRT ON RACE DAY...YOU
MUST REGISTER BY NOVEMBER 15, 2019 TO RECEIVE YOUR SHIRT.

5K Awards for TOP 3 Overall Male & Female Finishers

THERE WILL BE NO POST RACE ACTIVITIES DUE TO THE HOLIDAY

REGISTRATION FORM-Please mail to Jaime Sherry, 213 Highland Avenue, Punxsutawney PA 15767
Make checks payable to *Lisa's Ladybugs Turkey Trot*

Name: _____ Age: _____ Male: _____ Female: _____

Phone: _____ Email: _____

5K Run: _____ 1 Mile Walk: _____ ***Age and Gender for Runners Only***

Shirt: YS YM YL AS AM AL AXL AXXL

WAIVER-MUST BE SIGNED

In consideration for being permitted to participate in this event, I, for myself, my heirs, executors, administrators, personal representatives, successors and assigns:

*I agree to assume all risks arising out of or related to my participation and to release, hold harmless and covenant not to sue Punxsutawney Rails to Trails Association, Jefferson County Pennsylvania, Jefferson County Commissioners, Jefferson County Department of Development, Borough of Punxsutawney, Punxsutawney VFW, Punxsutawney Legion Ball Fields, Punxsutawney Groundhog Little League, and any and all owners of private of private properties and facilities whose land is used for the event, and any and all volunteers and sponsors as well as their affiliated officers, directors, employees, supporters, agents, successors, heirs and assigns, for any claim, loss or ability that I may have arising out of or related to my participation in this event, including pre and post event activities.

*I attest and verify that I understand that participating in the event may be potentially hazardous and that I am both physically fit and have sufficiently trained for the event, and I agree to abide by any decision of any event official or medical personnel related to my ability to complete the event.

*I grant full permission to any and all of the foregoing to use any photographs, videotape, motion pictures, digital recording or any other record of this event that may contain my image for any legitimate purpose, including commercial advertising without any expectation or demand for any payment or other consideration for such use, and I have read the Waiver printed above and agree to it.

If participant is under the age of 18: I have read the foregoing and understand the risks involved in participating in this event. I authorize the participation of my son/daughter/ward in this event. I agree to the terms of this waiver.

Signature (Minors must have the form signed by parent or guardian)

Date