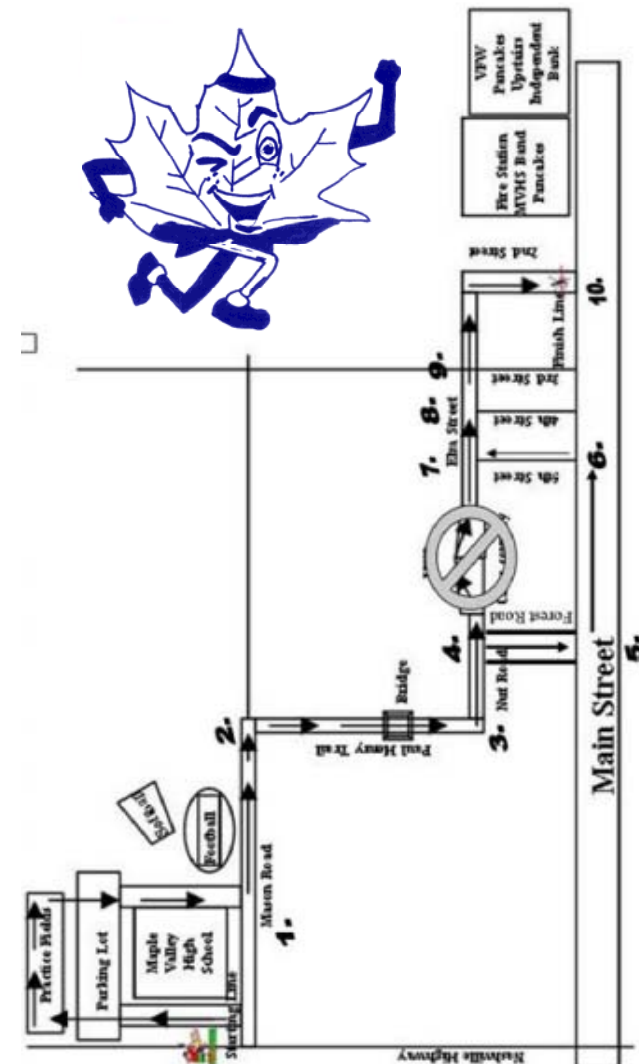


Registration Form

Course Map



The course will begin at the Maple Valley High School and travel down the newly paved Paul Henry Trail to Vermontville. It will then travel north, up the hill on Main Street, through the village and then on flat ground until the finish line on Second Street in downtown Vermontville.

Please Print Entry may be photocopied Return with \$25 by April 11th to be guaranteed a t-shirt			
Name:		Enter me in the: Run Walk	
Male:	Female:		
Address:		City:	State:
Phone number :		Zip code:	Age on April 29rd
		Birth date:	/ /
Shirt Size (circle one)			
Adult sizes only S M L XL XXL			
Email address:			
By submitting this entry, I intend to be legally bound for myself, my heirs, executors, and administrators, waive, release, and forever discharge any and all rights and claims which I may hereafter accrue to me against Maple Valley schools, Vermontville Syrup festival, and the Village of Vermontville, event sponsors, event volunteers and the directors, agents, successors and/or assignees for any and all injuries suffered by me at this event, while traveling to and from the Maple Syrup 5k Run/Walk, or while participating in this event. I attest and verify I am physically fit and sufficiently trained for the competition in this event.			
Signature:		Date:	
Parent or guardian signature: (if under 18)		Date:	

The Race will run no matter what the weather is.
If you have questions contact:
Jassen Dowling
 11090 Nashville Hwy
 Vermontville, MI 49096
 Phone: 517.852.9275
 Cell Phone: 517.331.1826
 Fax: 517.852.2283
 Email: jdowling@mvs.k12.mi.us
www.runningfoundation.com/maple_syrup_5k.html