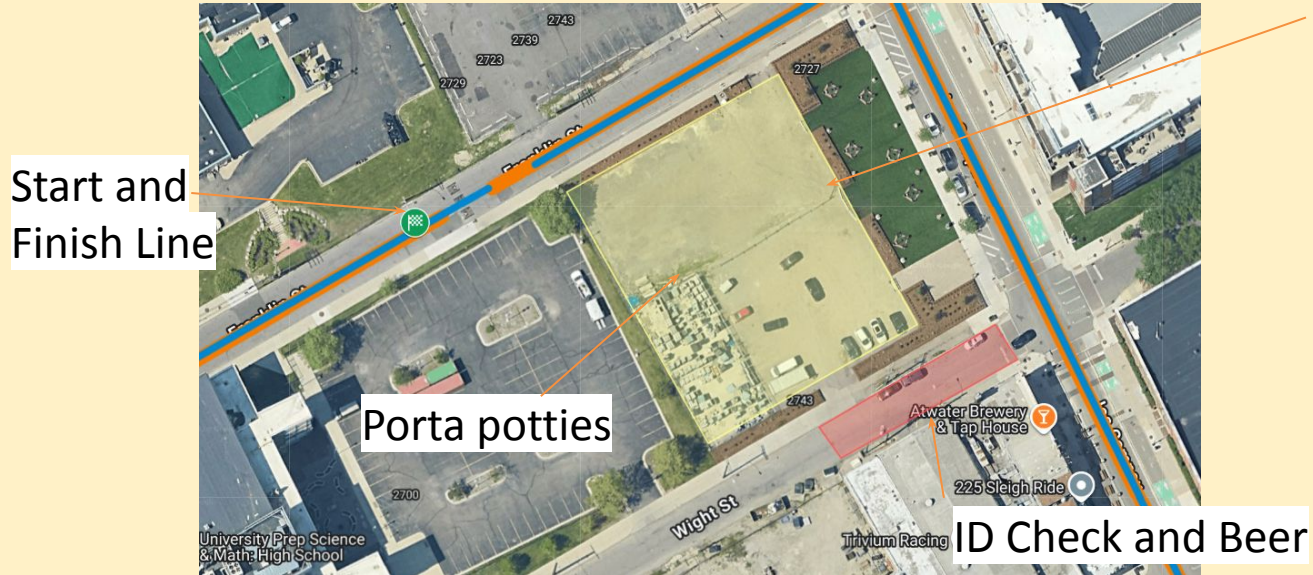




Athlete Guide
September 27th, 2026

Location Details

We have a new Start Line in 2026! We will start on Franklin Avenue between Jos Campau and Chene. The brewery address is [237 Jos Campau, Detroit, MI 48207](https://www.atwaterbrewery.com/locations/detroit).



Packet pickup,
registration, post
race party area!

ATWATER



BREWERY

Early Packet Pickup:

Saturday 9/26

- 2:00-6:00 pm at Atwater Brewery Detroit, in the annex building next to the taphouse. 237 Jos Campau, Detroit, MI 48207.

Race Day Schedule:

Sunday, 9/27

- 1:30 PM – 3:40 PM: Packet pick-up, registration, and ID check
- 3:45: Road closures begin around the race area
- 3:50 PM: Pre-race meeting for all athletes
- 3:55 PM: Chariot division start
- 4:00 PM: 10 Mile & 5k races start
- 5:15 PM: 5K awards
- 6:00 PM: 10 Mile awards
- 6:30 PM: Course closes

ID Check

To be able to enjoy your post-race beer you are required to complete an ID check. Please make sure to bring your ID and have this completed prior to the race start.

There will be a separate tent near registration to complete this.

Runners under 21 or those who do not have an ID will still be able to enjoy other refreshments.

Note: Beer tickets will be found on your bib. DO NOT remove them. Allow the beer distributors to remove them from your bib. You must also be wearing the wristband given to you at ID check in order to partake.

ATWATER

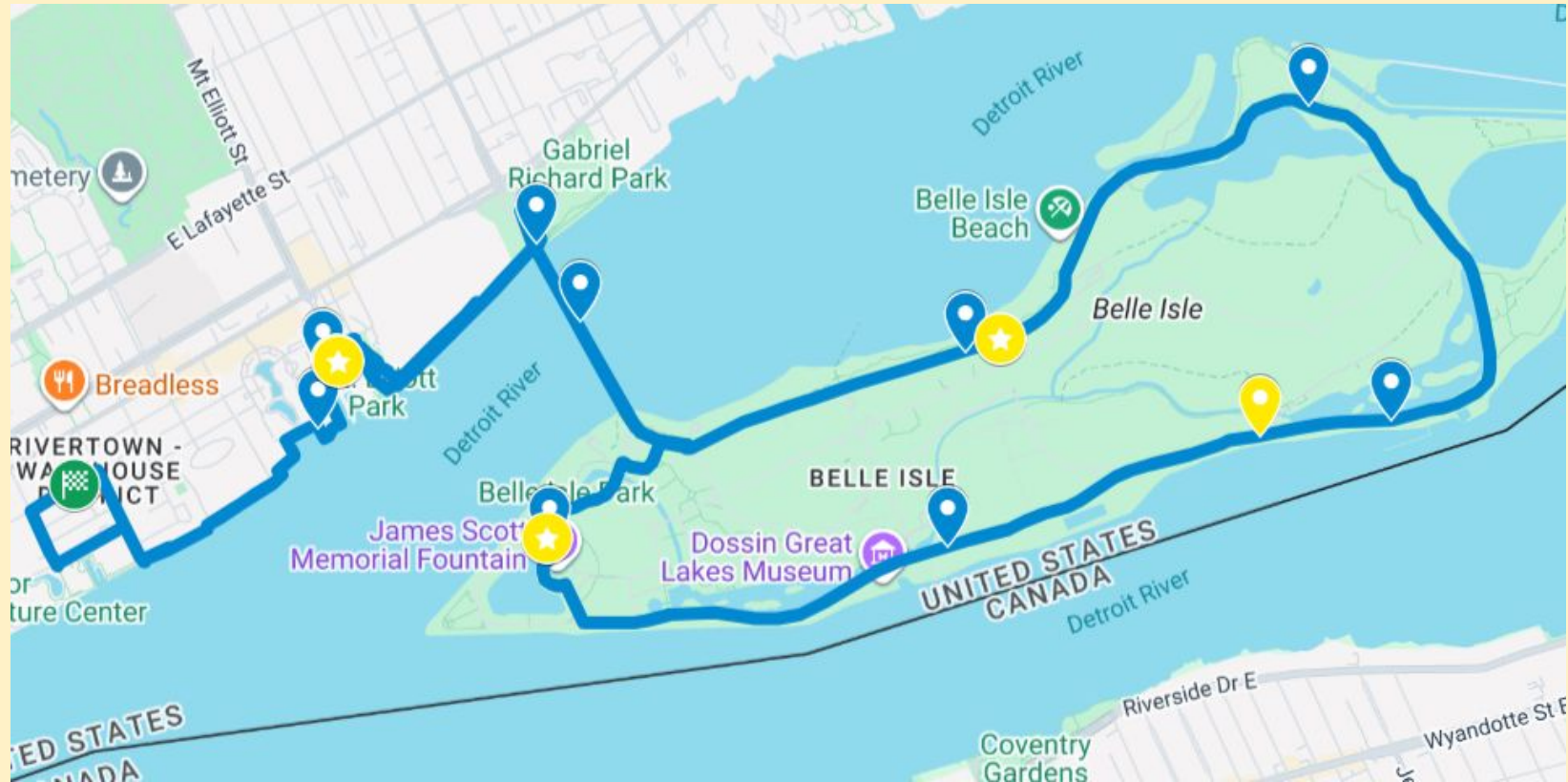


BREWERY

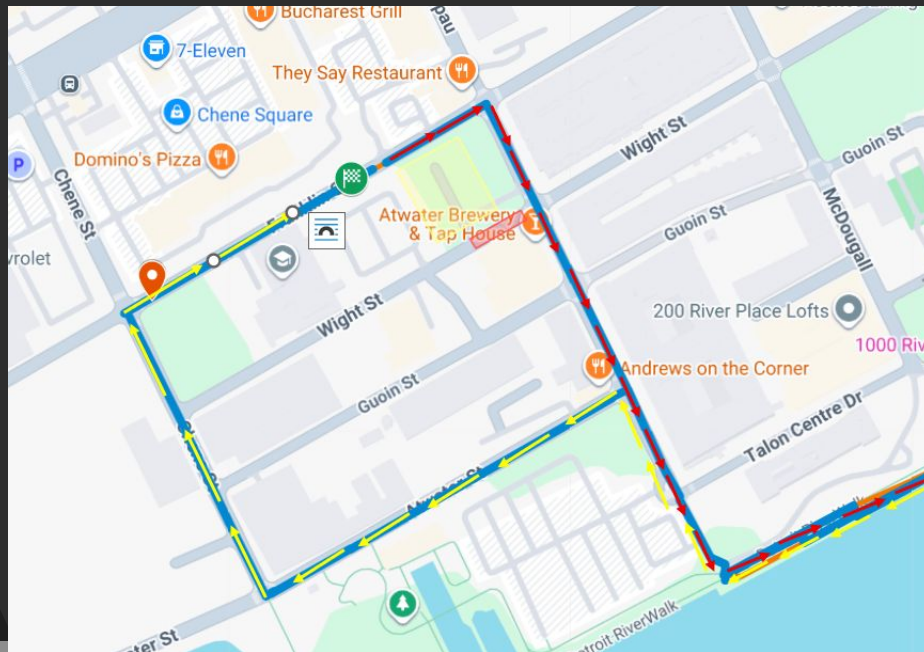
Parking

- Parking will be available in the public deck on Jos Campau, [River East Parking](#), [Stroh Parking Garage](#) or on any of the surrounding neighborhood roads. Please do not park on the course as it makes it unsafe for athletes. Roads that will not be available for parking are Franklin between Chene and Joseph Campau, half of Wight St. between Chene and Jos Campau, and Jos Campau from Jefferson to the Riverwalk. [Our GoogleMap has some parking structure and street parking options on it.](#)
- [Park Detroit](#) will also aid in finding parking near Atwater Brewery.
- **NOTE: Please leave plenty of extra time to park, pick up your bib and hoodie, and make your way to the starting line. The race is not responsible for any valuables you leave in your vehicle. Please make sure that you secure your belongings and keep them out of site for safety.**

10 Mile Course Map



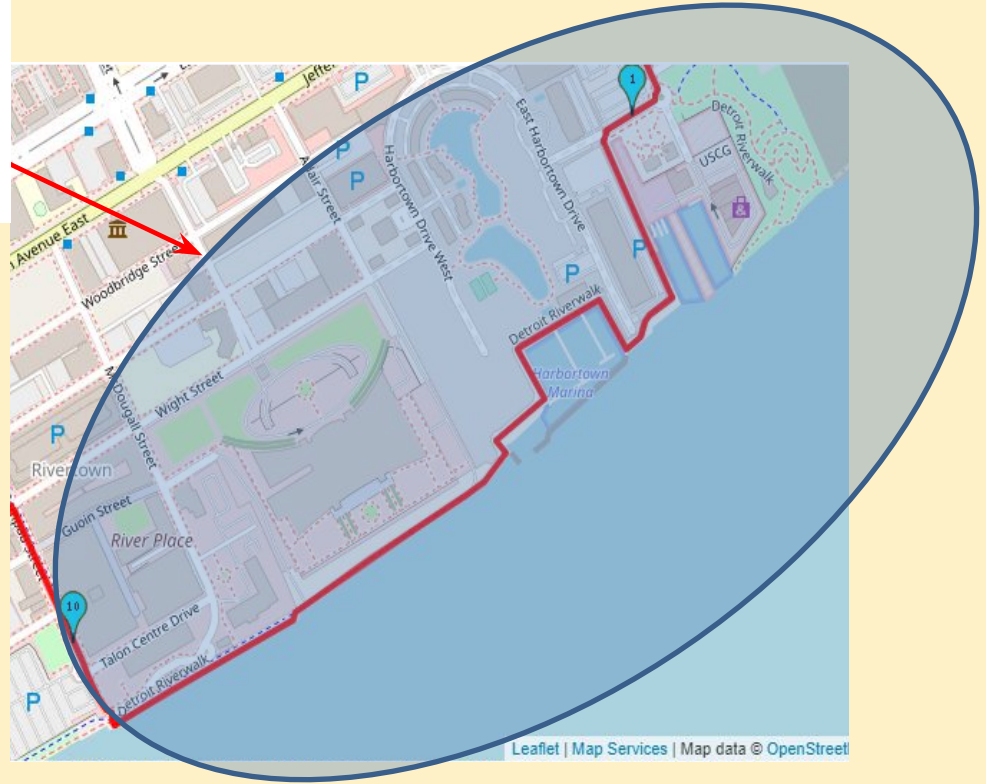
10 Mile Start and Finish



The race will start by turning immediately onto Jos Campau and heading to the Riverwalk. The course will return by turning left onto Atwater, right onto Chene and right onto Franklin.

10 Mile Race Highlights

On the Riverwalk, the course will be a two-way course. Be aware that athletes must always stay left. Keep all cones on your right side.



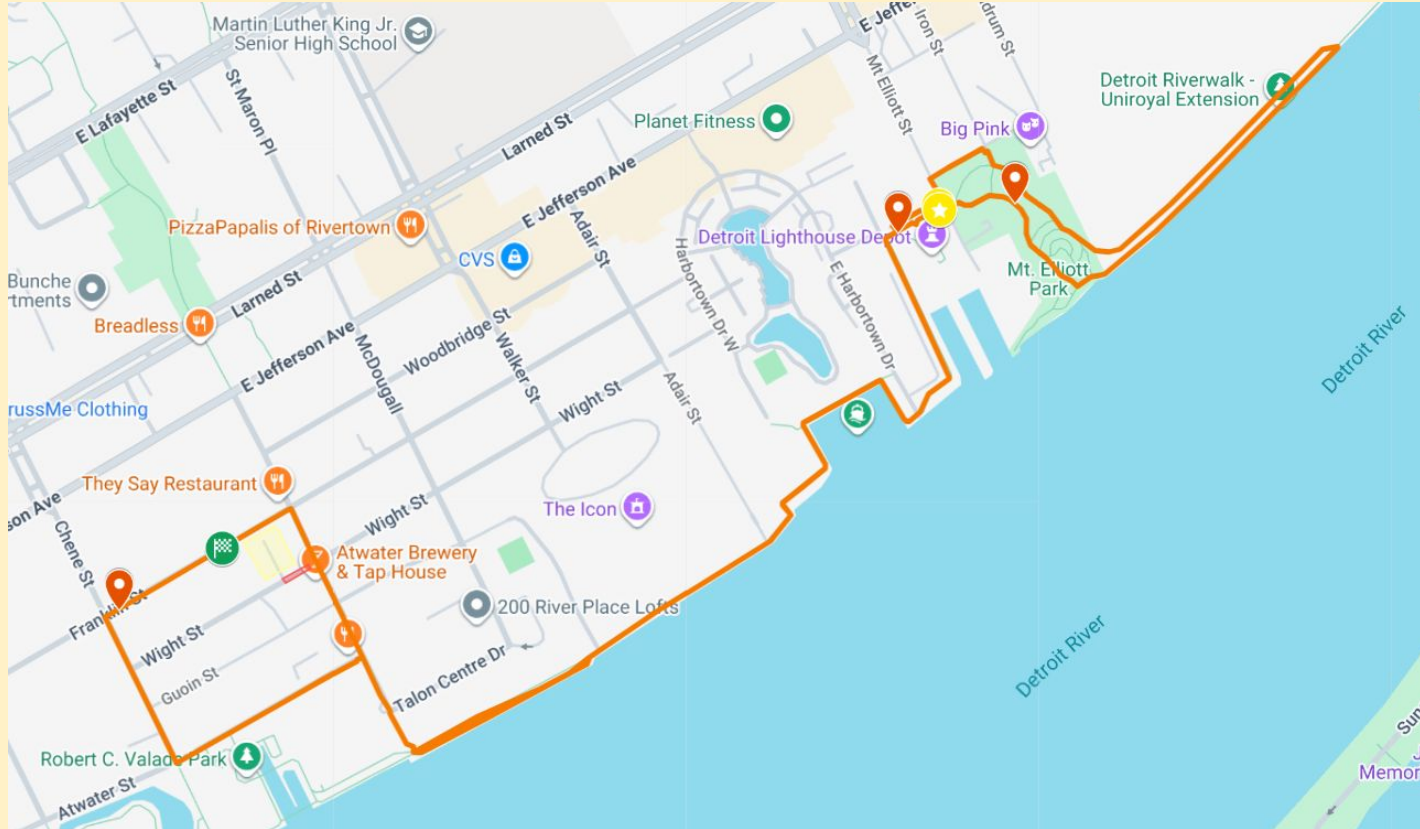
10 Mile Course: Interactive Map

[Click Here](#) to see mile markers, aid station locations, and more for the Growler Gallop course.

10 Mile Turn By Turn Directions

- Start line: Franklin St., in front of They Say
- Turn right immediately on Jos Campau
- Jos Campau South turn left onto Riverwalk
- Riverwalk to Wight, turn right on Wight
- Wight to Mt. Elliott, through park to River Walk
- Continue down the River Walk
- Cross under E Grand Blvd, Continuing on the Paved path
- Take a left hand turn onto onto the bridge.
- Take McCarthur Bridge to Belle Isle
- Athletes will complete one loop clockwise around Belle Isle on the inside lane
- Athletes will Turn RIGHT just before the end of the island loop on FOUNTAIN DRIVE
- Athletes will turn Right off of Fountain Drive onto Sunset
- Turn Right onto Pleasure Drive
- Turn Right onto Picnic Way
- Turn Left onto Path to Bridge
- Left Turn onto Greenway to Bridge
- Turn Right off of the bridge to enter Riverwalk
- Follow Turn signs Through Mt. Elliott Park
- Left onto Wight St.
- Left onto Mt. Elliott
- Right onto Riverwalk
- Riverwalk to Jos Campau, turn right onto Jos Campau
- Turn Left onto Atwater
- Turn Right onto Chene
- Turn Right onto Franklin

5 Kilometer Course



5K Course: Interactive Map

[Click Here](#) to see mile markers, aid station locations, and more for the Growler Gallop course.

5 Kilometer: Turn by Turn

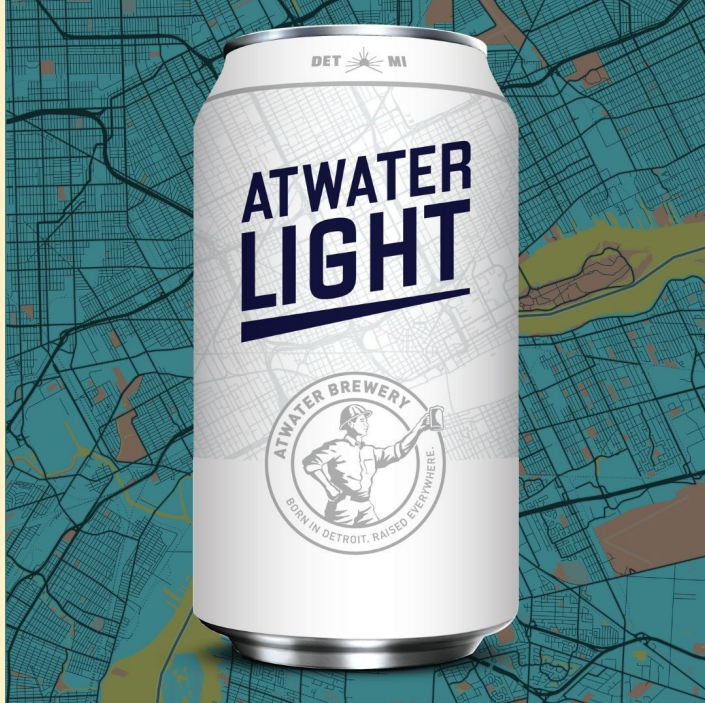
- Start on Franklin St. heading East
- Turn Right onto Jos Campau Blvd.
- Turn Left onto Detroit Riverwalk
- Turn Right onto Wight St.
- Turn Left onto Mt. Elliot
- Turn Right onto Wight St.
- Turn Right onto Riverwalk (follow Signs through Riverwalk)
- Turn Sharp Right to U-Turn (**signs say 5K Right, 10 Mile Left**)
- Continue Following signs along Detroit Riverwalk
- Turn Left onto Wight St.
- Turn Left onto Detroit Riverwalk
- Turn Right onto Jos Campau Blvd.
- Turn Left onto Atwater St.
- Turn Right onto Chene St.
- Turn Right onto Franklin St.

Post-Race



- Once you have crossed the finish line, you will be given your commemorative finisher medal and be prompted to head to the post race party for food and drinks.
- No alcoholic beverages may be brought to the park next to the post race activities. You are able to hang out and relax there.
- Note: Beer tickets will be found on your bib. **DO NOT remove them.** Allow the beer distributors to remove them from your bib. You must also be wearing the wristband given to you at ID check in order to partake.

2026 Post-Race Beer



Please Recycle



With the higher than normal foot traffic, please be mindful of your trash items. Recycle as appropriate and throw away your trash.

Race Records: 10 Mile

Growler Gallop Record Holders for 10 Mile			
Age Group	Female Record Holder	Male Record Holder	Non-Binary Record Holder
OVERALL	57:23.5 Laura Portis (2017)	51:25.4 Kyle Smith (2017)	1:10:39 Matthew Reece (2024)
14 and Under	1:46:13 Anyla Robinson (2019)	2:27:01 Tom Malouf (2023)	
15-19	1:33:28 Payton Jaklic (2024)	1:05:52 Gabe Maciag (2023)	
20-24	1:06:17 Katelyn McCracken (2018)	55:14 Ryan Beck (2016)	
25-29	58:52.58 Sydney Devore (2021)	51:25.4 Kyle Smith (2017)	2:06:31 Eleanor Kallo (2025)
30-34	57:23.5 Laura Portis (2017)	54:05.29 Zacchaeus Widner (2025)	1:53:04 Jill Mast (2025)
35-39	1:06.27 Lyndsay Phillips (2015)	56:04.42 Nicholas Krol (2025)	1:10:39 Matthew Reece (2024)
40-44	1:04:26 Brittany Galisdorfer (2025)	54:15.55 Luke Humphrey (2021)	1:41:07 Matice Moore (2023)
45-49	1:05:51 Angela Carron (2024)	1:02:32 Brent McKellar (2024)	
50-54	1:12.52 Michelle Avery (2015)	59:17.4 Terrence Holman (2015)	
55-59	1:17:22 Sharon Bade (2018)	1:06:37 Lawrence Sak (2017)	
60-64	1:12:43 Bridget Smith (2025)	1:09:38 Chundao Che (2025)	
65-69	1:25.44 Cassandra McGuire (2016)	1:14:27 Tim Bowen (2024)	
70-74	1:35:35 Cassandra McGuire (2021)	1:26:29 John Tarkowski (2024)	
75-79	1:52:07 Linda Scorof (2023)	2:07:17 Hal Briand (2024)	
80+		2:40:02 Robert Stocker (2025)	
No In Person Event in 2020			

Race Records: 5K

Growler Gallop Record Holders for 5K			
Age Group	Female Record Holder	Male Record Holder	Non-Binary Record Holder
OVERALL	18:04.3 Amber Dermyre (2017)	14:13.58 Corey Bellemore (2023)	18:46.7 Gramm Drennen (2024)
14 and Under	21:43.33 Lily Nowicki (2025)	19:02.79 Colin Maurer (2025)	
15-19	24:36.50 Sophia Koppi (2021)	17:31.2 Josh Eaton (2017)	
20-24	21:16.4 Nastasja Rittling (2017)	17:49.0 Alex Fauer (2018)	
25-29	18:04.3 Amber Dermyre (2017)	14:13.58 Corey Bellemore (2023)	18:46.7 Gramm Drennen (2024)
30-34	20:17.4 Lisa Seymour (2017)	17:23.35 Jason Mahakian (2021)	
35-39	20:09.52 Cecile Dautriat (2023)	17:35.3 Branden Tylus (2017)	
40-44	20:56.87 Andrea Moss (2022)	19:01.46 Paul Vocker (2022)	29:15.34 Anwar Uhuru (2023)
45-49	21:19.17 Andrea Moss (2025)	18:50.31 Arni Chambers (2022)	
50-54	22:18.03 Andrea Cocciolone (2022)	18:21.2 Don Knisley (2019)	
55-59	23:44.18 Debbie McIntyre (2022)	19:32.9 Lawrence Sak (2019)	
60-64	24:22.4 Lynn Stanfield (2016)	21:08.1 Steven St. James (2019)	
65-69	26:26.16 Patricia Marchand (2021)	22:25.32 Charles Banter (2025)	
70-74	25:21.18 Cassandra McGuire (2022)	25:25.59 John Reed (2021)	
75-79	30:17.60 Chris Fuerth (2024)	27:44.04 Ralph Evans (2025)	
80+	40:27.92 Mary Turton (2024)	32:28.36 James L. Braunreiter (2024)	
No In Person Event in 2020			

2026 Race Swag



Trivium Racing Mega Medal Series

- Prove It 5K, 10K (April)
- Trenton Summerfest Half Marathon, 8K, 5K (June)
- Dearborn Decades 5K (August)
- Run the 313 5K (August)
- Growler Gallop Atwater (September)
- Black Toenail Friday (November)

[Learn more about the Series.](#)

