



**Athlete Guide**  
**September 28<sup>th</sup>, 2025**

# Location Details

The race start and finish line will be on Wight St at Jos Campau where the famous **Atwater Brewery** is located! The brewery address is [237 Jos Campau, Detroit, MI 48207](https://www.atwaterbrewery.com/).

Porta potties



Packet pickup, registration, post race party area!

Start/finish line

# **Early Packet Pickup:**

Saturday 9/27

- 2:00-6:00 pm at Atwater Brewery, Detroit
- (237 Jos Campau, Detroit, MI 48207)

# **Race Day Schedule:**

Sunday, 9/28

- 1:30 PM – 3:40 PM: Packet pick-up and Registration at Atwater Brewery
- 3:45: Road closures begin around the race area
- 3:50 PM: Pre-race Meeting for all athletes
- 3:55 PM: 10 Mile Chariot division start
- 4:00 PM: 10 Mile Race Start
- 4:05 PM: 5k Chariot division start
- 4:10 PM: 5K Race Start
- 6:00 PM: Awards
- 6:30 PM: Course Closes

# ID Check

To be able to enjoy your post-race beer you are required to complete an ID check. Please make sure to bring your ID and have this completed prior to the race start.

There will be a separate tent near registration to complete this.

Runners under 21 or those who do not have an ID will still be able to enjoy other refreshments.

Note: Beer tickets will be found on your bib. DO NOT remove them. Allow the beer distributors to remove them from your bib. You must also be wearing the wristband given to you at registration in order to partake.

ATWATER



BREWERY

# Parking

- Parking will be available in the public deck on Jos Campau, [River East Parking](#), [Stroh Parking Garage](#) or on any of the surrounding neighborhood roads. Please do not park on the course as it makes it unsafe for athletes. Roads that will not be available for parking are Franklin between Chene and Adair and Joseph Campau, Adair, and Mt Elliot south of Jefferson.
- [Click here to see the parking map](#)
- [Park Detroit](#) will also aid in finding parking near Atwater Brewery.
- **NOTE: Please leave extra time to park, and make your way to the starting line. The race is not responsible for any valuables you leave in your vehicle. Please make sure that you secure your belongings and keep them out of site for safety.**

# 10 Mile Turn By Turn Directions

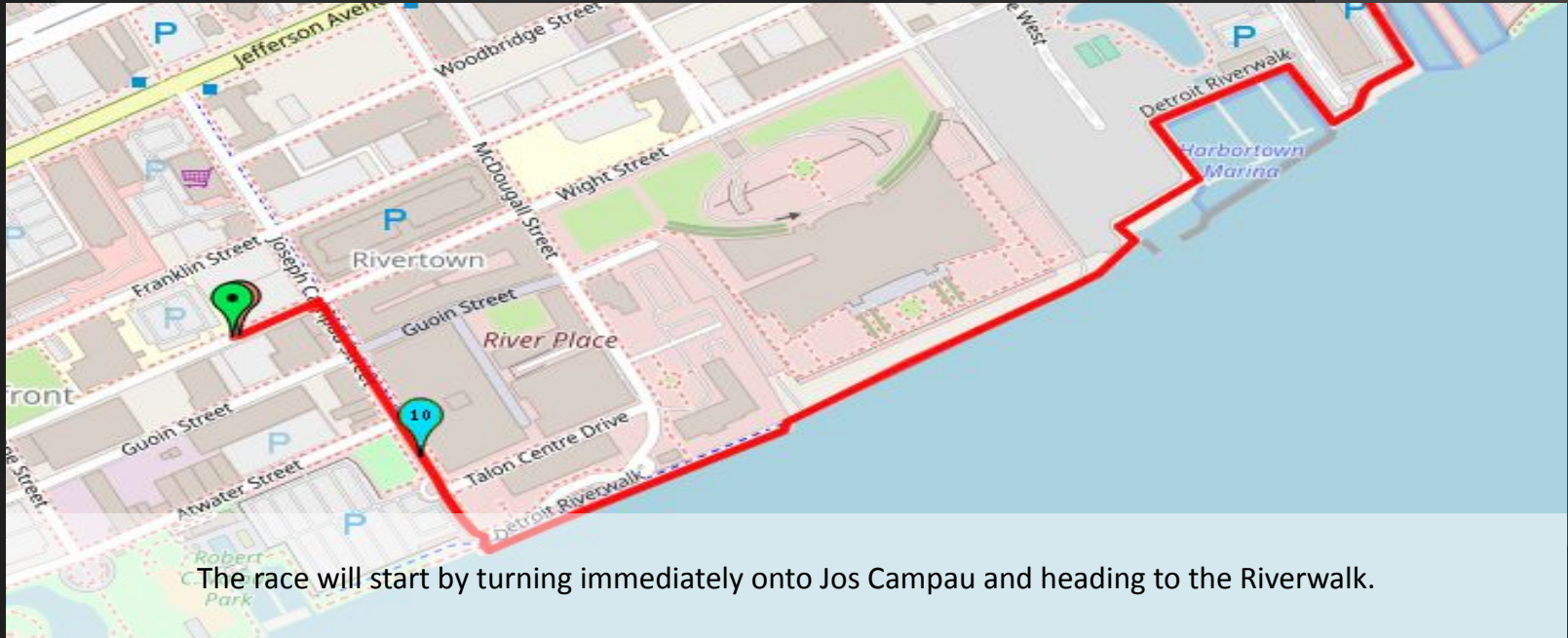
- Start line: Wight St. in front of Atwater Brewery
- Wight Eastbound turn right immediately on Jos Campau
- Jos Campau South turn left onto Riverwalk
- Riverwalk to Wight, turn right on Wight
- Wight to Mt. Elliott, through park to River Walk
- Continue down the River Walk
- Cross over E Grand Blvd, Continuing on the Paved path
- Take a left hand turn onto E Grand Blvd and continue onto the bridge.
- Take McCarthur Bridge to Belle Isle
- Athletes will complete one loop clockwise around Belle Isle on the inside lane
- Left Turn onto Greenway to Bridge
- Turn Right off of the bridge to enter Riverwalk
- Slight right onto Upper Riverwalk
- Follow Turn signs Through Mt. Elliott Park
- Left onto Wight St.
- Left onto Mt. Elliott
- Right onto Riverwalk
- Riverwalk to Jos Campau, turn right onto Jos Campau
- Jos Campau to Wight, turn Left onto Wight St.

# 10 Mile Course

[Click here for the course map.](#)



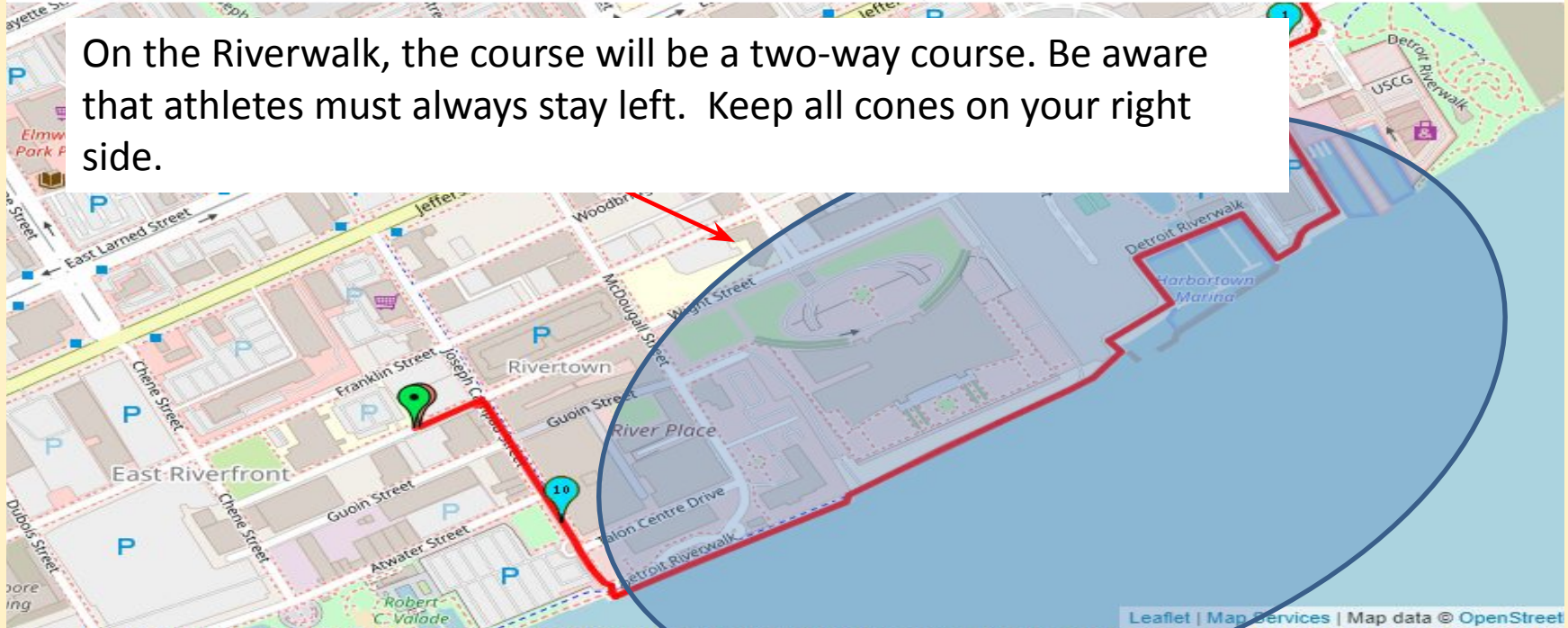
# 10 Mile Start and Finish



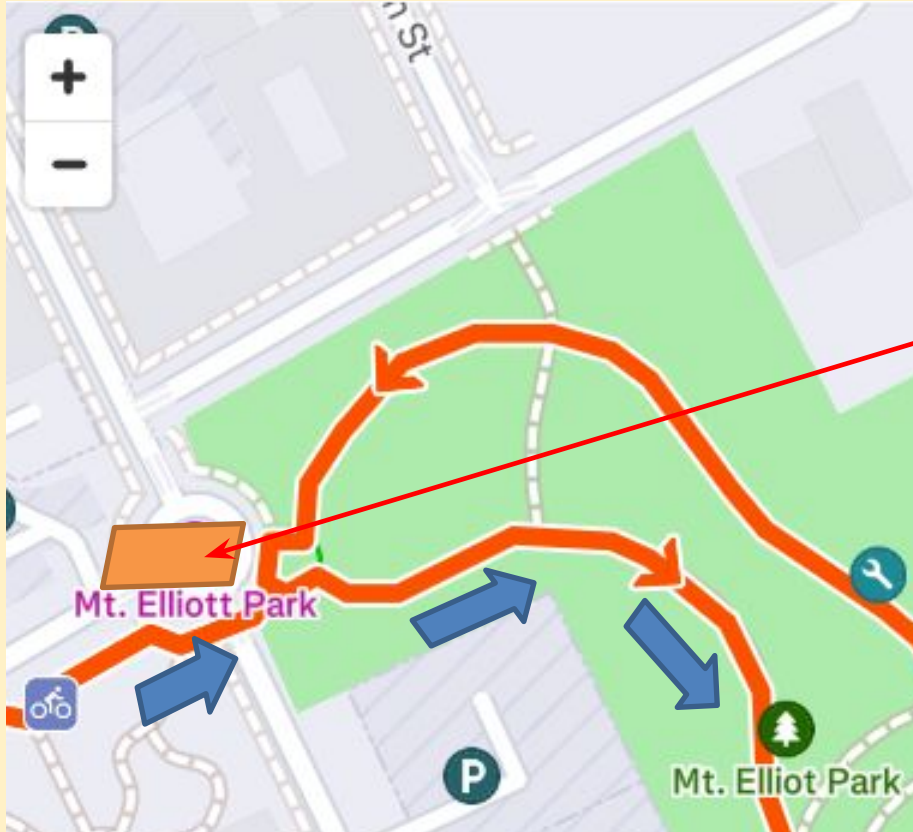
The race will start by turning immediately onto Jos Campau and heading to the Riverwalk.

# 10 Mile Race Highlights

On the Riverwalk, the course will be a two-way course. Be aware that athletes must always stay left. Keep all cones on your right side.

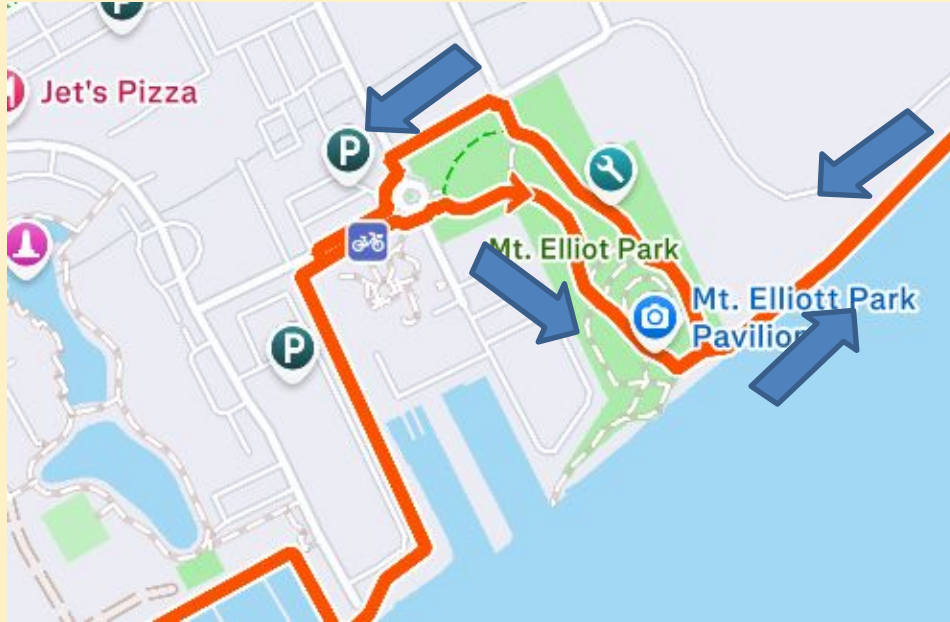


# 10 Mile Race Highlights



The first aid station will be located just after mile marker #1 and will have water.

# 10 Mile Race Highlights



Runners will run through Mt. Elliot Park and Continue down the riverwalk.

# 10 Mile Race Highlights



At Mile 1.6 runners will cross over E Grand Blvd, Continuing on the Paved path. They will then make a left hand turn onto E Grand Blvd and continue onto the bridge.

# 10 Mile Race Highlights



Once over the bridge, athletes will be prompted to following the inside lane of the bike path and to stay inside the cones. Athletes will cross the road following the bike lane.

# 10 Mile Race Highlights



Every intersection on Belle Isle will give the runner the right of way. A volunteer will be placed at each of these intersections. At the 3.5 mile marker runners will reach the second aid station with water & Gatorade.

# 10 Mile Race Highlights



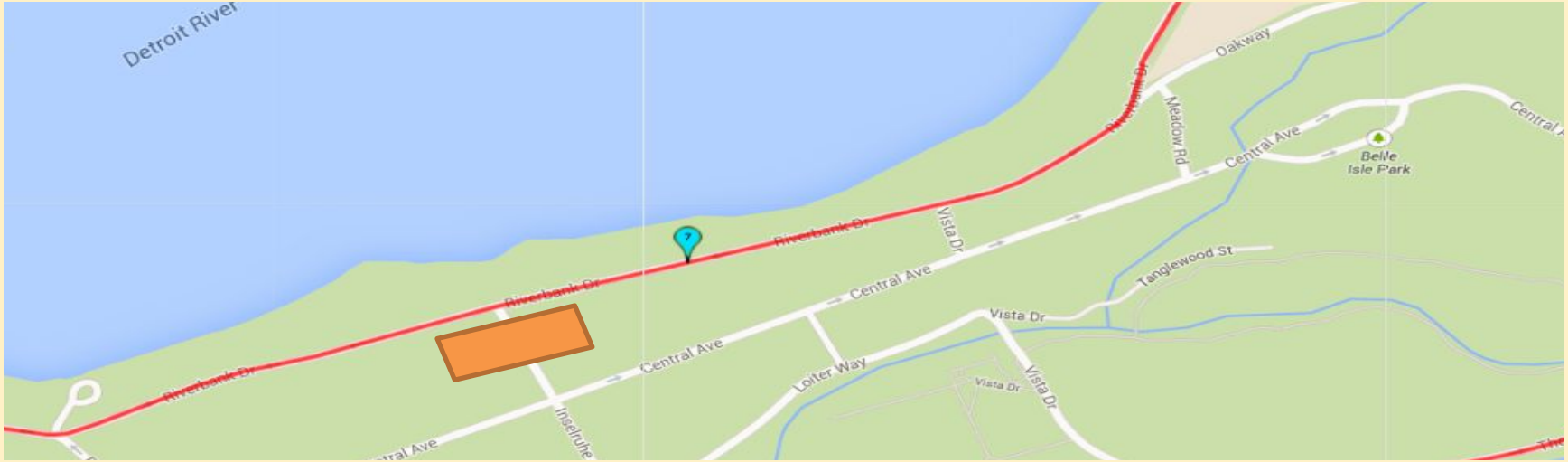
Another aid station will be located between mile 5 and 6. This stop will have water only.

# 10 Mile Race Highlights



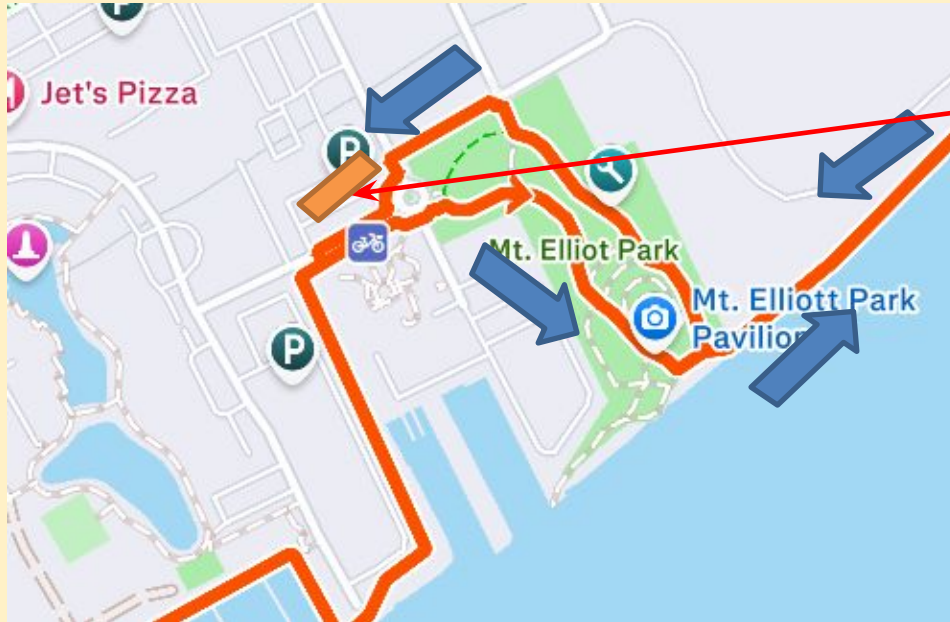
Athletes will cross back over to the same lane they used to cross The Belle Isle Bridge to return to Atwater Brewery, the way they came to Belle Isle.

# 10 Mile Race Highlights



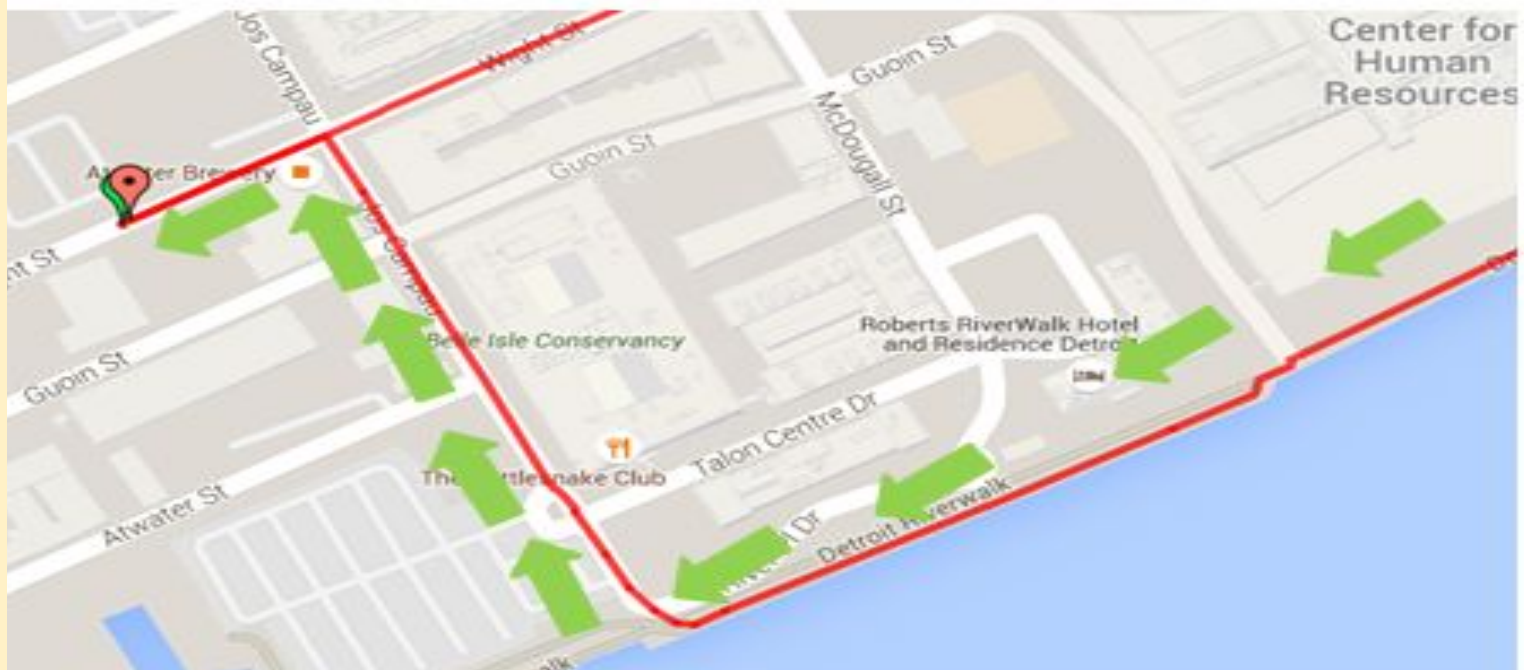
After mile marker 7, runners will get to another aid station. This stop will have water and Gatorade.

# 10 Mile Race Highlights



Just before mile 9, runners will reach the last aid station. Water only.

# 10 Mile Race Highlights



Runners will follow the Riverwalk all the way back to Jos Campau and finish on Wight St.

The after party will be adjacent to the finish line where runners will enjoy food, beer, and the musical stylings of the Groove Suns!

# 5 Kilometer Turn by Turn

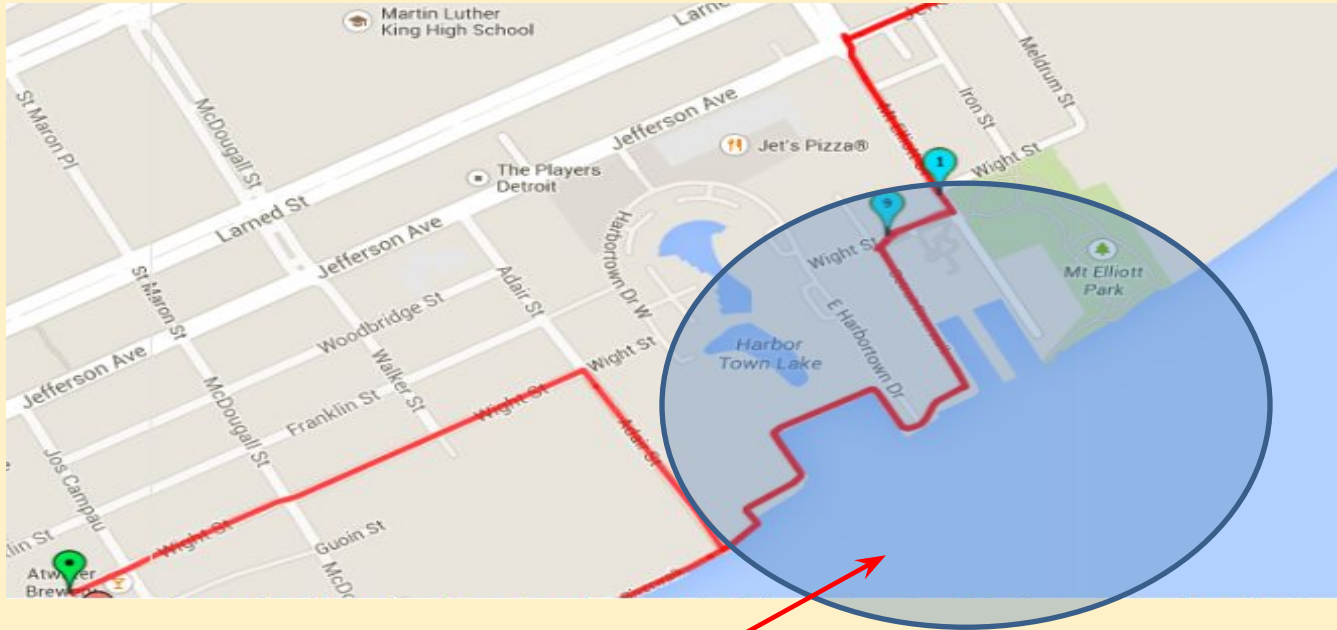
- Start on Wight St. heading West
- Turn Left onto Chein St.
- Turn Left onto Atwater St.
- Turn Right onto Jos Campau
- Turn Left onto the Riverwalk
- Right onto Wight St
- Wight to Mt. Elliott, through park to River Walk
- Continue down the River Walk until U-turn
- Slight right onto Upper Riverwalk
- Follow Turn signs Through Mt. Elliott Park
- Left onto Wight St.
- Left onto Mt. Elliott
- Right onto Riverwalk
- Right onto Jos Campau
- Left onto Wight
- FINISH

## 5 Kilometer Course

[Click here for the course map.](#)

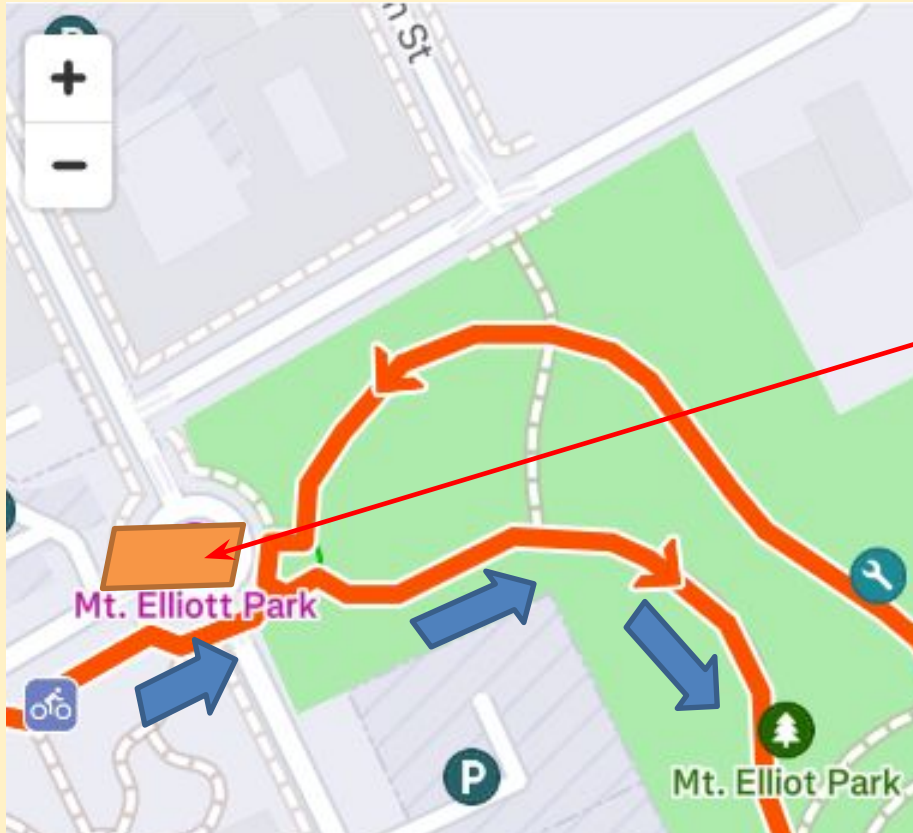


# 5 Kilometer Race Highlights



On the Riverwalk, the course will be a two-way course. Be aware that athletes must stay to the left (keep all cones on your right)

# 5 Kilometer Race Highlights



The first stop will be just past mile 1 of the 5K

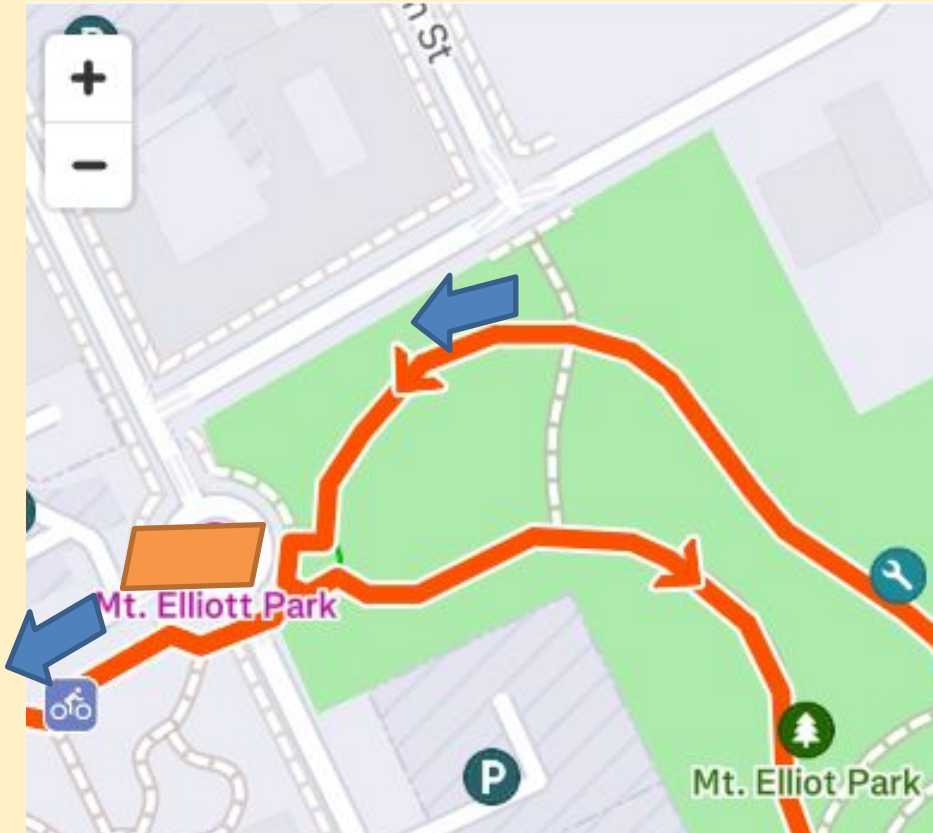
# 5 Kilometer Race Highlights



The turn around point will be a sharp left onto a paved bike path.

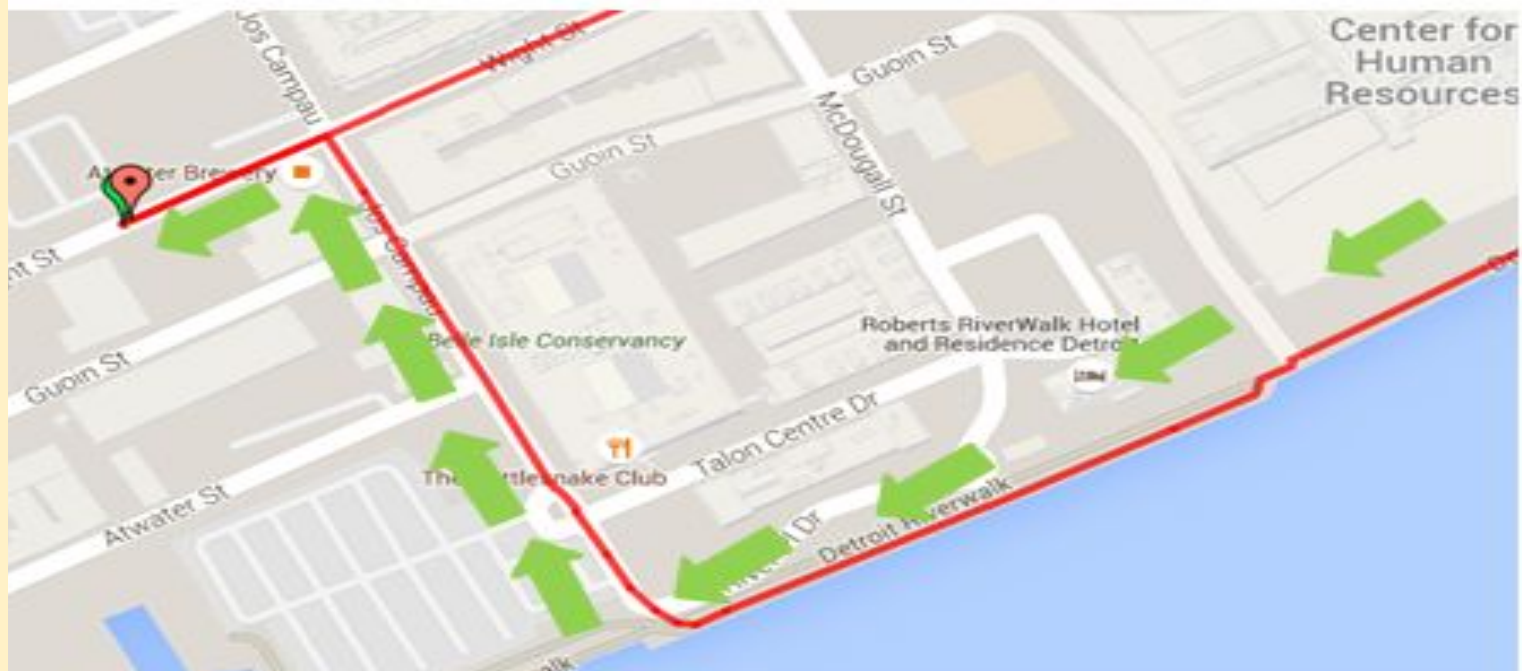
Be sure to follow the signs for the correct event, this is also the 10 mile split point.

# 5 Kilometer Race Highlights



Just after mile #2 you will be able to get water again.

# 5 Kilometer Race Highlights



Runners will follow the Riverwalk all the way back to Jos Campau and finish on Wight St.

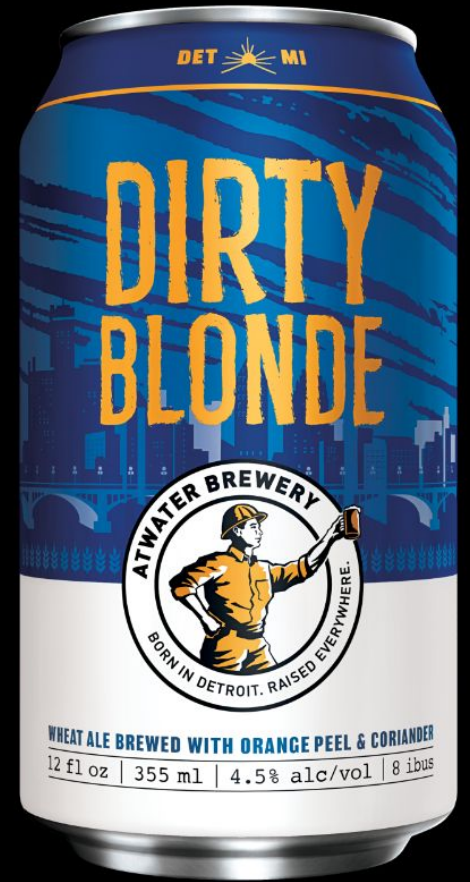
The after party will be adjacent to the finish line where runners will enjoy food, beer, and the musical stylings of the Groove Suns!

# Post-Race



- Once you have crossed the finish line, you will be given your commemorative finisher medal and be prompted to head to the post race party for food and drinks.
- No alcoholic beverages may be brought to the park next to the post race activities. You are able to hang out and relax there.
- Note: Beer tickets will be found on your bib. **DO NOT remove them.** Allow the beer distributors to remove them from your bib. You must also be wearing the wristband given to you at registration in order to partake.

# Post-Race Beer 2025 TBA



*Dirty Blonde and Atwater Light*

# Recycle!!!



With the higher than normal foot traffic, please be mindful of your trash items. Recycle as appropriate and throw away your trash!

# Race Records- 10 Mile

| Growler Gallop Record Holders for 10 Mile |                                    |                                 |                             |
|-------------------------------------------|------------------------------------|---------------------------------|-----------------------------|
| Age Group                                 | Female Record Holder               | Male Record Holder              | Non-Binary Record Holder    |
| <b>OVERALL</b>                            | 57:23.5 Laura Portis (2017)        | 46:23.3 Kevin Schumacher (2015) | 1:41:07 Matice Moore (2023) |
| <b>14 and Under</b>                       | 1:46:13 Anyla Robinson (2019)      | 2:27:01 Tom Malouf (2023)       |                             |
| <b>15-19</b>                              |                                    | 1:05:52 Gabe Maciag (2023)      |                             |
| <b>20-24</b>                              | 1:06:17 Katelyn McCracken (2018)   | 55:14 Ryan Beck (2016)          |                             |
| <b>25-29</b>                              | 58:52.58 Sydney Devore (2021)      | 51:25.4 Kyle Smith (2017)       |                             |
| <b>30-34</b>                              | 57:23.5 Laura Portis (2017)        | 56:03.1 Alex Ralston (2019)     |                             |
| <b>35-39</b>                              | 1:06:27 Lyndsay Phillips (2015)    | 1:00:26 Leamon Barber (2018)    |                             |
| <b>40-44</b>                              | 1:12:16 Julie Hammon (2023)        | 54:15.55 Luke Humphrey (2021)   | 1:41:07 Matice Moore (2023) |
| <b>45-49</b>                              | 1:10:51 Xiaolu Shi (2015)          | 1:03:24 Charles Klahm (2023)    |                             |
| <b>50-54</b>                              | 1:12:52 Michelle Avery (2015)      | 59:17.4 Terrence Holman (2015)  |                             |
| <b>55-59</b>                              | 1:17:22 Sharon Bade (2028)         | 46:23.3 Kevin Schumacher (2015) |                             |
| <b>60-64</b>                              | 1:22:42 Kay Weidman-Kernick (2018) | 1:11:46 Joe Lasher (2018)       |                             |
| <b>65-69</b>                              | 1:25:44 Cassandra McGuire (2016)   | 1:16:54 Doug Soliz (2015)       |                             |
| <b>70-74</b>                              | 1:35:35 Cassandra McGuire (2021)   | 1:38:22 Hal Briand (2018)       |                             |
| <b>75-79</b>                              | 1:52:07 Linda Scorof (2023)        | 2:11:15 Ed Gadulka (2021)       |                             |
| <b>80+</b>                                |                                    |                                 |                             |
| <i>No In Person Event in 2020</i>         |                                    |                                 |                             |

# Race Records-5k

| Growler Gallop Record Holders for 5K |                                   |                                      |                                |
|--------------------------------------|-----------------------------------|--------------------------------------|--------------------------------|
| Age Group                            | Female Record Holder              | Male Record Holder                   | Non-Binary Record Holder       |
| <b>OVERALL</b>                       | 18:04.3 Amber Dermyre (2017)      | 14:13.58 Corey Bellemore (2023)      | 25:05.32 Jack Bleibtrey (2023) |
| <b>14 and Under</b>                  | 23:21.81 Alyssa Horbatt (2022)    | 20:09.67 Nikolai Sawasky (2021)      |                                |
| <b>15-19</b>                         | 24:36.50 Sophia Koppi (2021)      | 17:31.2 Josh Eaton (2017)            |                                |
| <b>20-24</b>                         | 21:16.4 Nastasja Rittling (2017)  | 17:49.0 Alex Fauer (2018)            |                                |
| <b>25-29</b>                         | 18:04.3 Amber Dermyre (2017)      | 14:13.58 Corey Bellemore (2023)      | 25:05.32 Jack Bleibtrey (2023) |
| <b>30-34</b>                         | 20:17.4 Lisa Seymour (2017)       | 17:23.35 Jason Mahakian (2021)       |                                |
| <b>35-39</b>                         | 20:09.52 Cecile Dautriat (2023)   | 17:35.3 Branden Tylus (2017)         |                                |
| <b>40-44</b>                         | 20:56.87 Andrea Moss (2022)       | 19:01.46 Paul Vocker (2022)          | 29:15.34 Anwar Uhuru (2023)    |
| <b>45-49</b>                         | 21:53.0 Jen DeMercurio (2019)     | 18:50.31 Arni Chambers (2022)        |                                |
| <b>50-54</b>                         | 22:18.03 Andrea Coccione (2022)   | 18:21.2 Don Knisley (2019)           |                                |
| <b>55-59</b>                         | 23:44.18 Debbie McIntyre (2022)   | 19:32.9 Lawrence Sak (2019)          |                                |
| <b>60-64</b>                         | 24:22.4 Lynn Stanfield (2016)     | 21:08.1 Steven St. James (2019)      |                                |
| <b>65-69</b>                         | 26:26.16 Patricia Marchand (2021) | 24:14.6 John Reed (2018)             |                                |
| <b>70-74</b>                         | 25:21.18 Cassandra McGuire (2022) | 25:25.59 John Reed (2021)            |                                |
| <b>75-79</b>                         | 38:28.34 Chris Fuerth (2023)      | 28:39.51 Len Fuerth (2023)           |                                |
| <b>80+</b>                           | 44:24.12 Janet DeLucia (2023)     | 33:19.19 James L. Braunreiter (2023) |                                |
| <i>No In Person Event in 2020</i>    |                                   |                                      |                                |

# Race Swag



# Growler Gallop Is Part of the MI Mega Medal Series

