| Leg \# | Start | End | Leg Length | Runner \# | Runner Cummulitive Mileage | Transition End Point | Transition Point Description; leg info |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| 1 | 0 | 4.61 | 4.61 | 1 | 4.61 | CSU Cunningham Center | Mostyly on Dragonfly Trail to CSU Cunningham Center |
| 2 | 4.61 | 6.60 | 1.99 | 2 | 1.99 | Terracon parking lot/Migen Ct . | Intersection of Rais to Trails and Milgen Ct. |
| 3 | 6.60 | 9.44 | 2.84 | 3 | 2.84 | Rails to Trails: Flat Rock Park | Inside Flat Rock Park at Rails to Trails entrance; transition coming into park |
| 4 | 9.44 | 13.05 | 3.61 | 4 | 3.61 | Rails to Trails:Psalmond Rd | Entrance of Rails to Trails : Very Little Parking! |
| 5 | 13.05 | 16.97 | 3.92 | 1 | 8.53 | Aaron Cohn Middle School | Run againist traffice until Aaron Cohn Middle School parking lot |
| 6 | 16.97 | 20.54 | 3.57 | 2 | 5.56 | Past Rolling Farm Way neighborhood | Past Rolling Farm Way neighborhood |
| 7 | 20.54 | 25.05 | 4.51 | 3 | 7.35 | Rip Shin Rd: side of road past the only house | Just past the big house on right with fence. A lot of turns on this leg. Team must help with directions. |
| 8 | 25.05 | 28.01 | 2.96 | 4 | 6.57 | Intersection of Gray Rock Rd/E Bonacre Rd | Wooden fence at corner |
| 9 | 28.01 | 31.95 | 3.94 | 1 | 12.47 | Almond Rd/Fortson Rd intersection | Railroad tracks |
| 10 | 31.95 | 36.75 | 4.80 | 2 | 10.36 | Mt Olive Church on GA 315 | Church parking lot |
| 11 | 36.75 | 42.09 | 5.34 | 3 | 12.69 | Piney Grove Baptist Church | Church parking lot |
| 12 | 42.09 | 46.58 | 4.49 | 4 | 11.06 | Old Entrance to Standing Boy | Old Entrance to Standing Boy |
| 13 | 46.58 | 51.27 | 4.69 | 1 | 17.16 | Big Eddy Club | Through Standing Boy Park to Big Eddy Club |
| 14 | 51.27 | 55.29 | 4.02 | 2 | 14.38 | Entrance to Lake Oliver Marina | Entrance to Lake Oliver Marina |
| 15 | 55.29 | 57.22 | 1.93 | 3 | 14.62 | Whitewater Put-in | Whitewater put-in by bathrooms |
| 16 | 57.22 | 60.52 | 3.30 | 4 | 14.36 | Synovus grassy area at corner of 11th \& Bay | Finish |
|  |  |  |  |  |  | Bold denotes the crossroad or 'location' of trans |  |

