

Kids on the Run: An Elementary School Running Club Race Series
Sponsored by Sportspectrum Race Management
Directed by Shelley Armstrong, Ph.D.
2020-2021

A series of one-mile runs designed to build camaraderie and competition among the local elementary school running clubs. Individual runners are welcome too!

<u>Date</u>	<u>Time</u>	<u>Place</u>	<u>Host School</u>
1) Tues. Oct. 6	5:45 PM	Skate Park- Stoner Ave. & Clyde Fant Parkway	South Highlands
2) Mon. Nov. 2	5:45 PM	Lee Hedges Stadium, 6115 E Kings Hwy	Riverside
3) Sat. Dec. 12	*9:00 a.m. Foster's Christmas Run	TBD	Fairfield
4) Mon. Feb. 8	5:45 PM	Lee Hedges Stadium, 6115 E Kings Hwy	A.C. Steere
5) Thurs. March 11	5:45 PM	TBD	First Baptist
6) Wed. April 7	5:45 PM	Skate Park, Stoner Ave. & Clyde Fant Parkway	Eden Gardens

Early Registration Options:

- 1) **Online Registration Option:**
\$30.00 for the series (all 6 races). That is only \$5.00 per race!

Register here:

<https://runsignup.com/Race/LA/Shreveport/KidsontheRun>

- 2) **Schools/Running Club Registration Option:**
 To mass register more than 10 participants at one time \$30 for all six (6) races
 Paper entry forms must be submitted to Sportspectrum
NO LATER THAN FRIDAY, SEPT. 18th.

Chip Timing: IMPORTANT: All races are chip-timed. Your child will receive one (1) bib for the entire series. That bib includes his/her chip. The number on the bib is assigned to your child only, throughout the series. Keep your bib throughout the year! For those doing just one race, that bib number will only be good for that race. If you have more than one child, write their names on their bibs. No bib = no results. Wrong bib = wrong results.

Bib replacement costs \$10.

For updates, follow us: www.facebook.com/KOTRShreveport/

Packet Pick-up for race #1 ONLY

- Bib & t-shirt can be picked up at Sportspectrum, 6970 Fern Ave.
 Sat. Oct. 3rd 12-5 p.m., Mon. Oct. 5th, 10-6 p.m., Tues. Oct. 6th 10-2 p.m., or at the race site starting at 4:30 p.m.
- Schools that are picking up for more than 10 runners should email list to: run.srm@gmail.com and give at least one day's notice before picking up the packets.

Late Registration Option: Race Day Registration:

- \$10 for each individual run
- Registration is from 4:30 – 5:15 p.m. on race day, at the event location
- Cash and checks accepted only
- Registrations after 5:15 p.m. cannot be accepted.
- No t-shirt for late / race day registration
- No online registration option

Awards:

- T-shirts are given to each child that registered early for run #1 & run #3 if registered for the series only (\$30)
- Medals will be presented to the Top 10 Finishers at each run.
- End of the series \$\$ awards will be presented to the Running Clubs with:
 1) Most Participants 2) most Top 10 finishers. (girls and boys)

Results:

Will be posted online: www.sportspectrumusa.com

For updates including rain delays: www.facebook.com/KOTRShreveport/

Kids on the Run
Official Entry Form

Please fill out ALL of the information below legibly

_____ I would like to participate in the 6 race series (\$30 total)

_____ I would like to participate in the following runs (\$10 each):

___ October ___ November ___ December ___ February ___ March ___ April

Participant's Name _____

Address _____

City _____ **Email** _____

School _____

Grade ____ **Age** ____ **D.O.B** ____/____/____ **Child cannot be older than 11 years old**

Sex: M or F

T-shirt Size (select one) Youth: S M L XL Adult: S M L

Waiver & Release

In consideration of my being admitted to enter "Kids on the Run", I, for myself, my heirs, and assigns, executors and administrators, do hereby forever release and discharge Sportspectrum, RRCA, Sportspectrum Race Management, and their employees and agents, of and from any and all claims or demands for damages, injuries, or liability, in any manner arising out of participation in this event. I agree to indemnify and hold harmless the parties released above from any claims or demands for damages, for injuries or liability, in any way arising out of my participation in this event. I certify that I have prepared myself for this race and that I am in adequate physical condition to complete the event I have entered. I agree to follow all rules of this race and to permit myself be removed from the competition if in the opinion of Race Management that continuing would endanger my health.

 Parent's Signature

 Date



Kids on the Run race series is brought to you
by these fine sponsors.



is proud to present



**An Elementary Running Club
Race Series**

2020 — 2021

