

Cranford Cure Diabetes 5K  
Nomahegan Park, Cranford, NJ

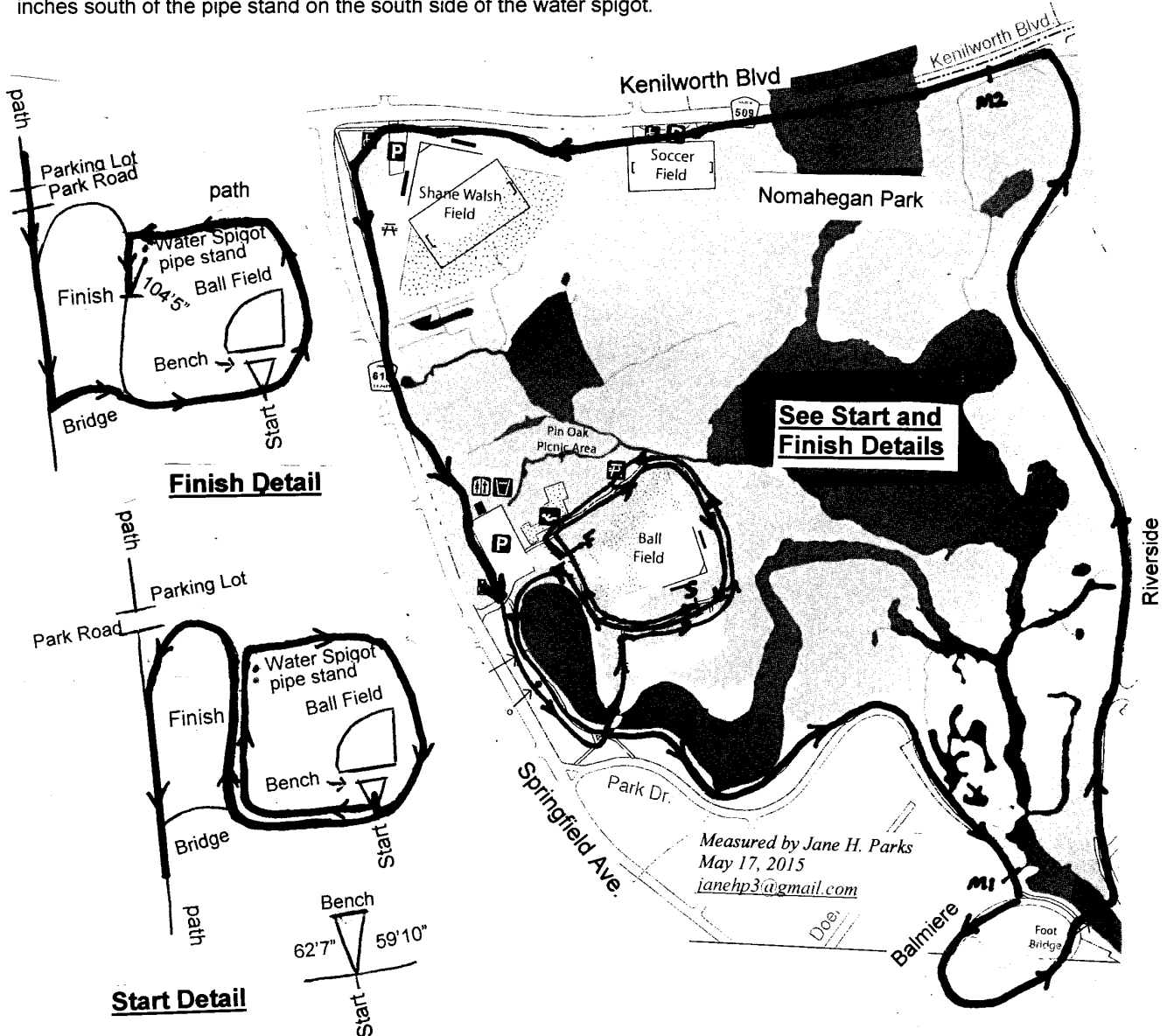
**NJ15523JHP**  
Effective 5/25/2015 to 12/31/2025



ALL DIRECTIONS ARE GIVEN RELATIVE TO THE RUNNING DIRECTION.

- Start:** On Nomahegan Park path 62 feet 7 inches from the west edge of the team bench concrete slab on the east side and 59 feet 10 inches from the east edge of the team bench concrete slab.
- Mile 1:** On Nomahegan Park path 113 feet after the start of the path at Balmiere.
- Mile 2:** On sidewalk along Kenilworth Ave., 4 feet after the guard rail on the western side of the first sidewalk bridge and 42 feet before utility pole A63529CR.
- Mile 3:** On Nomahegan Park path, 154 feet after backstop fence ends.
- Finish:** On Nomahegan Park path, 104 feet 5 inches south of the pipe stand just south of the water spigot in the grass measured in a straight line to the eastern edge of the path.

**Course Notes:** At the Start, runners make a full loop around the baseball field loop path running in the clockwise direction and continue up to the parking lot turning left around the end of the pond. They then proceed south on the westernmost path. Runners run counterclockwise around Balmiere and run across the foot bridge. At the Finish, runners remain on the path running south past the parking lot keeping the water on their left. They turn left over the bridge and bear right after the bridge to continue around the baseball field loop running in the counterclockwise direction. After running around the baseball field path, runners turn left on the path before the parking lot and end on the path 104 feet 5 inches south of the pipe stand on the south side of the water spigot.





Road Running Technical Council
USA Track & Field

Measurement Certificate



Name of the course Cranford Cure Diabetes 5K Distance 5 Km
Location (state) New Jersey (city) Cranford
Type of course: road race [X] calibration [ ] track [ ] Configuration: Complex of Loops
Type of surface: paved 100 % dirt % gravel % grass % track %
Elevation (meters above sea level) Start 20 Finish 20 Highest 23 Lowest 19
Straight line distance between start & finish 130 meters Drop 0 m/km Separation 2.6 %
Measured by (name, address, phone & e-mail) Jane H. Parks, 973.349.0033, janehp3@gmail.com
IAAF/AIMS Grade A Measurer
Race contact (name, address, phone & e-mail) John Arminio, john.arminio@ncr.com, 973.886.5204

Measuring Methods: bicycle [X] steel tape [ ] electronic distance meter [ ]
Number of measurements of entire course: 2 Date(s) when course measured: May 17, 2015
Race date: October 24, 2015 Course certification effective date: May 25, 2015
Certification code: NJ15523JHP

Notice to Race Director: Use this Certification Code in all public announcements relating to your race.

Be It Officially Noted That

Based on examination of data provided by the above named measurer, the course described above and in the map attached is hereby certified as reasonably accurate in measurement according to the standards adopted by the Road Running Technical Council. If any changes are made to the course, this certification becomes void, and the course must then be recertified.

Verification of Course — In the event a National Open Record is set on this course, or at the discretion of USA Track & Field, a verification remeasurement may be required to be performed by a member of the Road Running Technical Council. If such a remeasurement shows the course to be short, then all pending records will be rejected and the course certification will be cancelled.

This certification expires on December 31 in the year 2025

Jane H. Parks

AS NATIONALLY CERTIFIED BY:

Date: May 25, 2015

Jane H. Parks – USATF/RRTC Certifier
973.349.0033 janehp3@gmail.com