



Lake Effect Half Marathon & Quarter Marathon

Athlete Guide

Saturday February 14th 2026





PACKET PICKUP TIMES & LOCATIONS

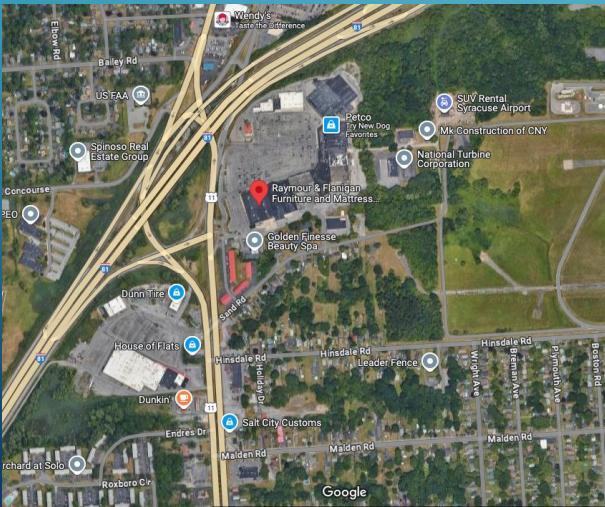
PRE-RACE PACKET PICKUP

When:

- Fri 2/13 from 11AM-6PM

Where:

- Raymour & Flanigan Mattress Outlet
- 132 Northern Lights Plaza, Syracuse, NY, 13212



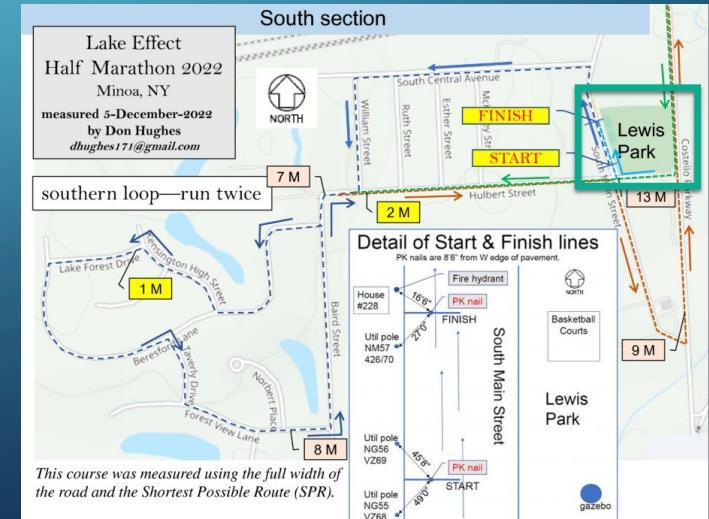
RACE DAY PACKET PICKUP

When:

- Sat 2/14 from 7:30am – 9:15am

Where:

- Lewis Park in Minoa (Venue)
- 225 S Main St, Minoa, NY 13116





BIB & GIVEAWAY PICKUP PROCEDURE

Our Check-in Process

- Step 1 – Queue up to your Event (Half or Quarter) as well as by Last Name
- Step 2 – Present ID to Bib Handout Volunteer (and confirm info accuracy)
- Step 3 – Bib Handout Volunteer Digitally checks you in and pulls Bib
- Step 4 – Review printed Bib (for accuracy) and proceed to Giveaways queue
- Step 5 – Pick-up Giveaway Item (listed on Bib) from Giveaways Volunteer
- Step 6 – If you ordered an “Add-On” please ensure that you pick this item up too!!

FAQ & Answers

Q1: Can I pick up someone else's bib?

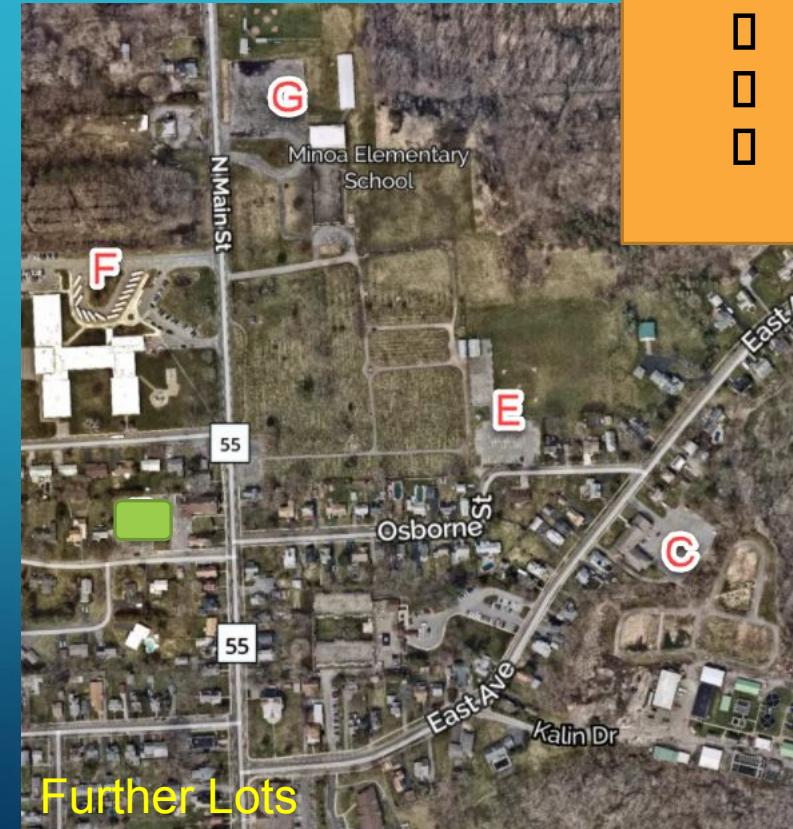
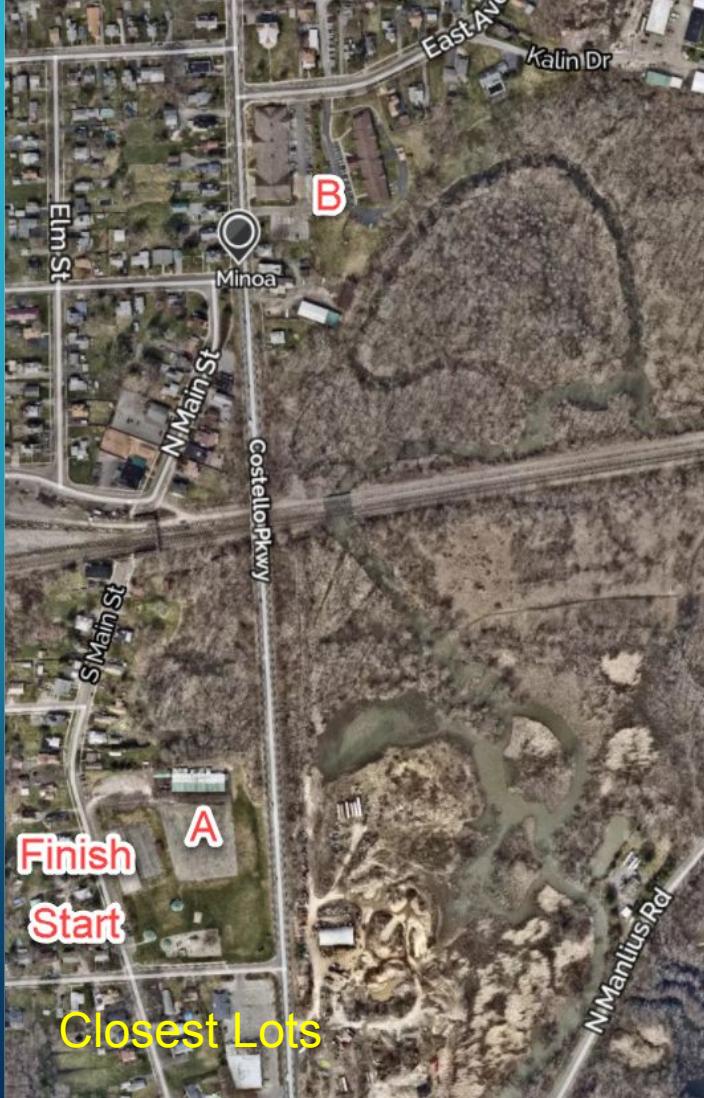
A1: For 2026 you may pick up other's bibs.

Q2: Can I switch out my giveaway size?

A2: Giveaway shirts may be swapped immediately AFTER the event is completed if they are available.



EVENT PARKING LOCATIONS



- Closest [will fill early]**
 - Lewis Park (A)
 - Minoa Town Hall / Library (B)
- Further Lots [up to 0.75mi away]**
 - Minoa United Methodist Church (C)
 - Galuski Field Parking Lots (E) & (G)
 - Minoa Elementary School (F)

When lot is **FULL**
please proceed to an
alternate lot

Allow time to walk to
Start!



RACE DAY TIMELINE – PLEASE ARRIVE EARLY!!!

Activity	Start	Finish	Comments
Packet Pickup	07:30am	09:15am	Please plan time to walk from Parking to Lewis Park (up to 0.75mi away)
Kids Fun Run Start	8:30am	9:00am	
Line Up in “Start Corral”	09:15am	09:25am	
Pre-Race Briefing & Remarks	09:25am	09:30am	
Start Line Open	09:30am	09:40am	Please plan pre-race routine accordingly!
Post Race Refreshments	10:15am	1:00pm	
Half Marathon Cutoff – 2 nd Lap Start	11:10am	11:10am	Athletes must divert to finish if their time is 1h40m or more at this point
Post Race Awards	11:00am	12:30pm	
Race Closes	1:00pm		Let's cheer on our FINAL finisher!
Clean-Up	1:00pm	2:00pm	



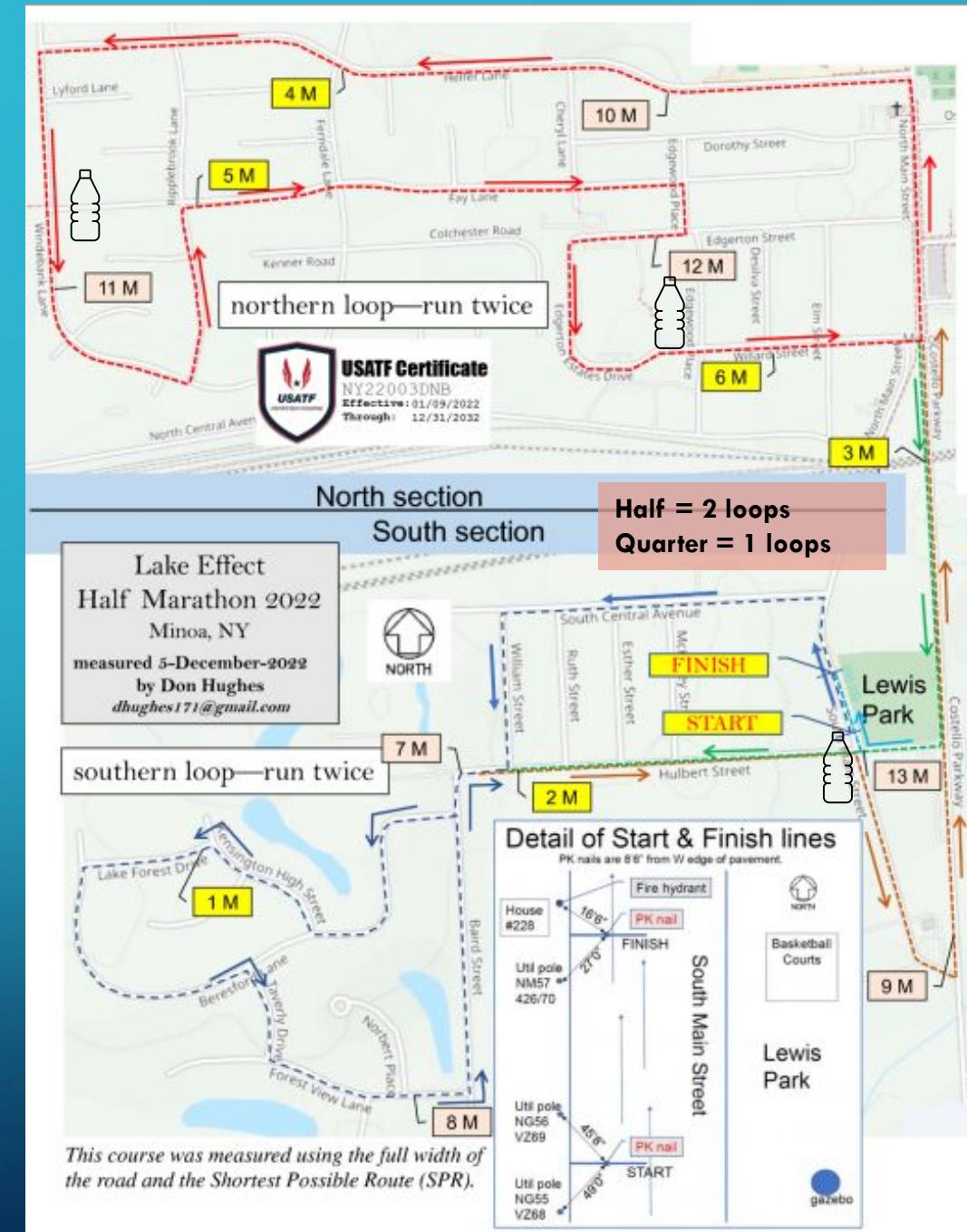
COURSE MAP- KIDS FUN RUN





COURSE MAP

- **USATF Certified Half Marathon
NY22003DNB**
- **Flat & Fast Course**
- **3 Aid Stations**
 - **Water Cups & Gatorade Cups**
- **EMTs on course**
- **Police & Course Pointers**
- **Bike Support – Lead, Sweeper & Monitoring**





POST RACE REFRESHMENTS OPTIONS

Post Race Food Area

- Raymour & Flanigan Water Bottles
- Dunkin' Donuts
 - Coffee, Hot Chocolate, Tea
 - Donuts!
- Jersey Mike's Subs / Wraps
 - Limited Gluten Free & Vegan Available
- Tops Friendly Market Gourmet Cookies
- Granola Bars
- Apples
- Bananas
- S'Mores

Trappers 2 (Race Sponsor)

- Use Race Bib Food Coupon for one FREE item
 - FREE Slice of Pizza or
 - FREE Draft Beer [must purchase food] or
 - FREE Soft Drink
- PURCHASE more food off the menu
- PURCHASE additional beverages



THANK YOU SPONSORS

Title Sponsor



Gold Level Sponsors



Silver Level Sponsors



Bronze Level Sponsors

