

New Year's Eve 5k

December 31, 2016

Location: St. Gerard Church, 4437 W. Willow Hwy Lansing, MI 48917

Start Time: 10:00 AM

Course: Accurate 5k. Start and finish at the church.

Awards: Award to overall and Master Winner. Medals to the top 3 places in age group.

Age Groups: 12 & under, 13-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80+

Entry Fee: Postmarked by 12/26 **\$18** / **Entry Fee:** 12/27 to 12/30 at Playmakers **\$20** / **Race Day \$25**

Registration: Make check payable to and mail to:
Michigan Running Foundation, PO BOX 10180 Lansing, MI 48901

Packet Pickup: Friday, December 30, 2 PM to 6 PM at Playmakers.
Race day at St. Gerard Church at 8:30 AM

Information: Kevin Konen: kevkonen@gmail.com

Proceeds will benefit the St. Gerard Church Youth Group and Youth running clubs in Michigan

New Year's Eve 5k - 12/31/16 - Start time 10:00 AM - Make check payable to and mail to: MRF, PO BOX 10180 Lansing, MI 48901

Last Name

First Name

Home Phone

Gender: (Circle one) **M** **F** **Age on Race Day:** _____

All participants will receive a long sleeve tshirt

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Waiver: By submitting this entry form, I hereby, for myself, my heirs and my executors, waive and release all rights and claims for damages I may have against the Delta Township and all their departments, St. Gerard Church and all sponsors, and race management organization, for injuries suffered by me in this event. I attest that I have trained sufficiently to participate in this event and I am physically fit.

Participants Signature

Parent's Signature if under 18

Date Signed