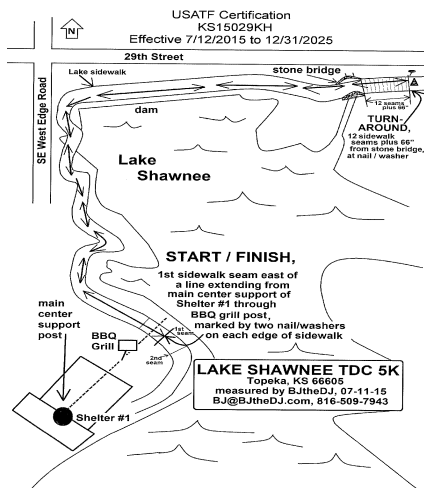


COURSE INFORMATION

Starting at Scenic Lake Shawnee, Shelter House #1 and continuing on the paths along Lake Shawnee back to the starting point.

Professional chip timing provided by "The Timer Guys".

The race course is certified by U.S. Track & Field.



EARLY PACKET PICK-UP

Thursday, September 28, 2017
5:30 PM to 7:30 PM
Trinity Presbyterian Church
4746 SW 21st Street, Topeka, KS

WHY WE RACE

A child's days are like pages in a story. At the moment you open the book, a child's world is filled with happiness. As parents, our job is simple -- to teach our children to hold fast to this natural inner happiness, staying curious, awestruck, and spontaneous. TDC assists parents in providing the proper environment for this happiness to not only grow, but to flourish.

TDC Learning Centers, Inc. was incorporated in 1963 and began providing child care services to the community. We are a nonprofit 501(c)(3) organization. Community support allows a sliding fee schedule for families of low to moderate income, so that our programs can be affordable for all families.



All Proceeds will benefit
TDC Learning Centers, Inc.
www.learnplaygrow.org



TROT4TOTS PJ 5K WALK RUN

SEPTEMBER 30, 2017

**Scenic Lake Shawnee
Shelter House #1
3400 SE Leisure Lane
Topeka, KS**

Sponsored by:



REGISTRATION INFORMATION

Register Online at <https://runsignup.com/Race/KS/Topeka/Trot4Tots5k>.



OR

Send in your registration by mail to:

TDC Learning Centers
3601 SW 29th Street, Suite 209
Topeka, KS 66614

Register by September 15, 2017 to guarantee a **FREE race t-shirt**. Registrations received after September 15, 2017 are not guaranteed a race shirt and are subject to late registration fees.

RACE DAY SCHEDULE

**PJ's welcomed
but not required!**

Saturday, September 30



Registration: 8 AM
1K Kids Tot Trot: 8:45 AM
5K Run/Walk: 9 AM

Awards to
immediately follow

**RAIN OR SHINE:
NO REFUNDS**

FOOD AND AWARDS

Refreshments will be provided after the event inside Shelter House 1

RACE CATEGORIES

1K TOT TROT

4 & under

5-6 years

7-8 years

9-10 years

11-12 years

5K WALK/RUN

13-18

50-59

19-29

60-69

30-39

70+

40-49

AWARDS

1K TOT TROT:

All children receive a participation medal

5K WALK/RUN:

**\$50 Cash Prize to
Overall Man and Overall Woman!**

*Medals for First Place Man and First Place Women in EACH age category

*Place ribbons for Second and Third Place Man and Woman in Each age Category

*Best Team Theme Prize!

Please, no pets, skateboards, skates, roller-blades or bicycles. Strollers are welcome for walkers only. Children in strollers are FREE!

REGISTRATION

- ☐ **Runner/Walker** (through Sept 15, 2017) \$ 25.00
- ☐ **Late Runner/Walker** (Sept 16-30, 2017) \$ 30.00
- ☐ **Team Walk/Run 5K** (through Sept 15, 2017) \$ 20.00 pp
(Must have minimum 5 racers for team discount)
Name of Team Captain _____
- ☐ **Late Team Walk/Run 5K** (Sept 16-30, 2017) \$ 25.00 pp
(Must have minimum 5 racers for team discount)
Name of Team Captain _____
- ☐ **Youth 5K Runner/Walker:** 12 years & under \$15.00
(through Sept 15, 2017)
- ☐ **Late Youth 5K Runner/Walker:** 12 years & under \$ 20.00
(Sept 16-30, 2017)
- ☐ **Kids Tot Trot 1K:** 12 years & under \$ 10.00
(through Sept 15, 2017)
- ☐ **Late Kids Tot Trot 1K:** 12 years & under \$ 12.00
(Sept 16-30, 2017)

T-shirt Size (Circle one):

Youth: XS S M L **Adult:** S M L XL XXL

Name: _____

Address: _____

City: _____ **State:** _____ **Zip:** _____

Phone: _____

Email: _____

Age on 9/30/17: _____ **Birthdate:** _____

Gender (circle one): Male Female

Method of Payment

- ☐ Check payable to: TDC Learning Centers
- ☐ Discover ☐ VISA ☐ MasterCard ☐ American Express

Credit Card Number Exp. Date

CSV Code \$ Amount

Signature (required)