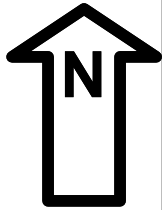




USATF Certification

Gospel Rescue Mission 5k Muskogee, OK 5,000 m

Effective Dates



Start: On S 2nd St., runs east/west and is in front of the Gospel Rescue Mission, directly in line with north edge of the main entrance door. Or, 31.9 m north of the 2nd & Elgin Stop Sign.

1k/4k: On Centennial Trail, at the first creek overpass west of the 7th St. crossing. Located 2.1 m east of the west edge of the creek overpass.

2k/3k: On Centennial Trail, 109.7 m east of the 24th street crossing.

2.5k Turnaround: On Centennial Trail, 40.5 m east of the eastern most apartment building in the Westpark apartment complex located just south of the trail off of Meadowlane Drive.

Finish: Located at the same point as the starting line.

Elevations:
 Start/Finish: 182 m
 Lowest: 179 m
 Highest: 185 m

Measured by Martin Updike,
 On 6/22/2013
 918-577-1956
 martin@i40raceservice.com

Start/Finish Detail

Shortest Possible Route (SPR) was followed over the whole roadway (unrestricted route). Start, finish, and turnaround, and kilometer split descriptions are exact. All are marked with yellow paint and nails w/ Washers.

Turnaround Detail

