

SPARTAN CROSS COUNTRY RACE SERIES

To benefit Start High School Cross Country

WHAT: 2 mile cross country races

WHEN: 7:00pm, Tuesday, June 23

7:00pm, Tuesday, July 7 7:00pm, Tuesday, July 21



WHERE: Ottawa Park's City League cross country course (2 mile course)

Located near the Ottawa Park ice rink and tennis courts,

off Bancroft Street between Ottawa Parkway and Torrey Hill Road

The course is challenging, with many sharp hills and turns

A course map will be available at registration

WHO: Runners of any age or ability

WHY: Because cross country is fun and opportunities to do it are rare!

REGISTRATION: Race day **only**, \$5 per person

Registration opens at 6:00pm

AWARDS: A time, a cheer and a handshake

Hey, we said it was "Spartan"

SHIRTS: You should probably wear one, but it will be hot so maybe not

RESULTS: Will be available on race day and will be posted at StartAthletics.org

QUESTIONS: Contact Jesse Squire, Start boys' cross country coach

419-494-6862 or startcrosscountry@gmail.com