

About the 5K:

Participants are encouraged to walk or run in their costumes as a costume contest will follow.

The event will feature giveaways and much more. Much like our Annual Northern New Jersey Walk, this event is one of Spectrum's most important fundraisers of the year.



Spectrum's Mission:

To enable individuals who have developmental and/or physical disabilities to have the opportunity to attain their highest level of skills, purpose and independence with dignity through an ongoing commitment to comprehensive quality services, advocacy and family partnership.

Who We Are:

In 1978, a small group of concerned parents gathered together to discuss a common challenge: each had a child with a developmental disability who had now grown to adulthood. In 1983, the first Spectrum residential facility was established in Closter, New Jersey. 32 years later, Spectrum has established 29 facilities throughout the state serving over 800 residents and community clients.

Our Services:

Spectrum for Living provides a wide variety of services for adults with developmental disabilities including an intermediate care facility, barrier-free housing options, adult day programs and case management and respite services to persons in the community. Spectrum currently operates in Bergen, Passaic, Monmouth and Middlesex counties all located in New Jersey.



210 Rivervale Road
River Vale, NJ 07675

Spectrum for Living



Spooky Sprint 5K

RUN OR WALK IN SUPPORT OF INDIVIDUALS
WITH DEVELOPMENTAL DISABILITIES



Saturday, October 31
Johnson Park - Grove 4
River Road
Piscataway, NJ

REGISTRATION ALSO AVAILABLE ONLINE AT:

Runner/Walker Registration

I will be running/walking as a: Team Member Individual Stroll and Roll

PARTICIPANT NAME: _____

TEAM NAME (IF APPLICABLE) : _____

Please accept my donation for the Spooky Sprint 5K on Saturday, October 31, 2015

I am sleeping in, but please accept my donation

Name: _____

Company: _____

Address: _____

City: _____

State/Zip: _____ Phone: _____

E-mail: _____

Total: \$ _____

___ Cash

___ Check - Please make checks payable to **Spectrum for Living**

___ Credit Card ___ VISA ___ MasterCard

Credit Card# _____

Exp. _____ CID# _____

Name (as it appears on card): _____

**Please mail to
Spectrum for Living
Attn: Kim Boyer, Development Coordinator,
210 Rivervale Road, Ste. 3, River Vale, NJ 07675**

In order to participate in this event, I assume any and all risk that might be associated with the event. I also agree to waive, release, discharge and indemnify Spectrum for Living volunteers, sponsors and others associated with this event, from any and all claims for injuries or damages of any kind arising from participating in the walk.

Please Sign: _____

Race Day Schedule and Pricing



Participants can choose to either run, walk or stroll and roll 3.1 miles through scenic Johnson Park

DATE:
Saturday, October 31, 2015

TIME:
9:00am Registration
10:00am Start time

LOCATION:
Johnson Park, Grove 4
Piscataway, NJ

REGISTRATION FEE:
\$25

Please circle your t-shirt size :
YOUTH S M L
ADULT S M L XL 2XL 3XL

**The Spooky Sprint will also include team photos that are available for purchase! Be sure to get your picture taken after you have completed the 5K.*



5K Sponsor Sheet



"I like when people come out for the Walk because it shows how much they like Spectrum and all of my friends! I hope to make more friends at this years event."

-Jonathan Blaustein, Spectrum

Team Name: _____

Walking in honor/in memory of:

Sponsor's Name	Amount

PRIZES WILL BE AWARDED FOR:

- **1ST, 2ND, 3RD PLACE WINNERS FOR MEN, WOMEN AND CHILDREN UNDER 15**
- **TOP FUNDRAISING TEAM**
- **BEST COSTUMES**

Have questions? Please contact Kim Boyer at (201) 358-8000 or kboyer@spectrumforliving.org