

9th Annual Browning Ross Bob Kupcha Memorial Run

5k run and 1 mile run walk



www.runningco.com

Race Date and Time: 9 am Saturday October 24, 2015 *rain or shine event*

Race Site: National Park, NJ Fire House (Grove and Hessian Streets) National Park, NJ
Fast, flat course passes through scenic and historic Red Bank Battlefield

REGISTRATION: 8:00 AM **Event Start Times:** 1 mile run walk 8:45 5k 9:00 AM
Entry Fees: \$20.00 before October 20, \$25.00 after October 20

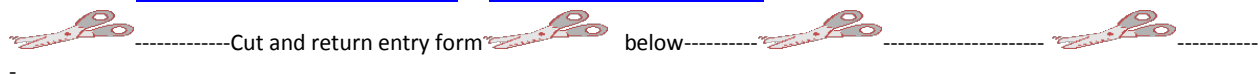
Awards to 1st overall Male and Female and Age Group Awards in 5k, Dave Williams award to first GCHS finishers, Browning Ross Style Prizes, souvenir t-shirts guaranteed to first 300 registrants.

Awards to top 20 in mile.

Results posted online after race. Great refreshments!

Please, no dogs in 5k

Race info: coachheath@comcast.net or nova.cat.@verizon.net



Proceeds Benefit Camilla Hall Nursing Home for IHM Sisters, Gloucester Catholic Scholarship

Make Checks Payable to: **Rams Cross Country Boosters**

Mail Entry to: Ross/Kupcha Run, 128 Kingston Avenue, Bellmawr, NJ 08031

Last Name: _____ First Name: _____

Street _____ City _____

State _____ ZIP _____ Phone: _____

Age: _____ Email: _____

Male: _____ Female: _____ Event: 5k _____ 1mile _____

Shirt Size: S _____ M _____ L _____ XL _____ (For 5K or 1 Mile entrants)

If GCHS, graduation year : _____

RELEASE: In consideration of this entry being accepted, I hereby for heirs, my executors, administrators and myself waive and release any claims against the Tomahawk Race Timers, Rams Cross Country Boosters Association, and all other race sponsors, volunteers and participants from any and all liabilities arising out of my participation in this event. I attest that I acknowledge the risk involved in participation of this event and that I am physically fit to participate in this event.

Signature (Parental signature if under 18:) _____ **Date:** _____