

—About K-Life—

K-Life is a community-wide, interdenominational Christian ministry of discipleship and fellowship for youth and their families. Through a variety of activities (weekly clubs, small group Bible studies, mission trips, ski trips, and monthly events), K-Life kids grow in their faith and have lots of fun in the process. They learn that following Christ and discovering His plan for their life is the most exciting adventure of all and that they can count on friendship and support from leaders and peers who care.

K-Life works alongside churches and families in the community to teach and encourage kids to be strong in the Lord in spite of all the negative pressures they face as teenagers. K-Life networks kids from different churches, and those without a church affiliation, to build positive, Godly relationships that can withstand the negative peer pressure so prevalent in today's youth culture.

The heartbeat of K-Life lies in the ability to build relationships with kids and bring the content of God's word to bear on those relationships. Our desire is that kids would choose to participate in one of our small groups led by our staff and volunteer leaders. The purpose of these groups is for kids to gain a greater knowledge of God's word, build Godly relationships with peers, and have access to a mentoring leader to come alongside them as they navigate those difficult adolescent years. Supporting and surrounding our small group strategy are the more visible components of our ministry: weekly club meetings, activities, events, and retreats. Weekly meetings consist of songs, games, skits, and talks that contain a lesson with a relevant life application from the Bible.

—Sponsors—



YOUR NAME/LOGO HERE*

—Contact Info—

Email

john.allison@viloniaschools.org

Phone

501-743-9431

***If you are interested in becoming an official sponsor of the Vilonia K-Life 5K, please contact us via phone or email.**

1ST ANNUAL



—When—

**April 20, 2013
8:00 AM**

—Where—

**Vilonia High School
1164 Main St.
Vilonia, AR 72173**

—To Benefit—

Vilonia K-Life

—Presented By—



—Race Details—

The Course

The course will be two loops around the Vilonia School District main campus, starting in front of the high school and ending on the track. It is a flat and fast course, so come ready to PR.

Directions/Parking

From Conway take HWY 64 to HWY 107. Turn left on HWY 107 to HWY 64B. Turn right on HWY 64B. The high school parking lot is on the right with volunteers directing traffic.

From Beebe take HWY 64 to HWY 107. Turn right on HWY 107 to HWY 64B. Turn right on HWY 64B. The high school parking lot is on the right with volunteers directing traffic.

From North Little Rock take HWY 107 to HWY 64B. Turn right on HWY 64B. The high school parking lot is on the right with volunteers directing traffic.

Runner Amenities

Each participant will receive a technical t-shirt and a goodie bag. Race results will be posted on www.arkansasrunner.com. Post race refreshments will include hot dogs, water, & other goodies.

Online Registratiion

Participants may register online at <http://viloniaklife5k.sites.runsignup.com>

—Entry Form—

Race	Until 3/1	After 3/1
<input type="checkbox"/> 5K Run/Walk	\$25	\$30
<input type="checkbox"/> Virtual Runner	\$20	\$25

Check the 5K Run/Walk box if you plan to join us on race day. Check the Virtual Runner box if you wish to support K-Life but cannot make it to the race.

First Name: _____

Last Name: _____

Street Address: _____

City/State/Zip: _____

Email: _____

Contact #: _____

Age on April 20, 2013: _____

Male _____ Check One
Female _____

Shirt Size (Circle One):

Youth Small Youth Medium Youth Large

Adult Small Adult Medium

Adult Large Adult XL

—Liability Waiver—

****PLEASE READ CAREFULLY****

****Your signature indicates you have read, you understand, and you accept the conditions stated herein.****

In consideration of the acceptance of this entry, I, hereby for myself, my heirs, executors, administrators, and anyone entitled to act on my behalf, release and discharge Vilonia School District, Fellowship of Christian Athletes, Vilonia K-Life, and K-Life Ministries, their representatives and successors, promoters, managers, directors, officials, agents, employees, and volunteers of the road race named in the above entry form from any and all claims of injury or liabilities of any kind, illness or damages suffered by me, as a result of my participation in or traveling to or from this event. I know that running or walking a road race is a potentially hazardous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run or walk. I assume all risks associated with running or walking in this event, including but not limited to, falls, contact with other participants, the effects of weather (including high heat or humidity), traffic and the conditions of the road, all such risks being known and appreciated by me. I realize that this is a strenuous event which requires proper physical conditioning. I hereby certify that I am in such physical condition and good health. I also give my permission for the free use of my name and picture in any written account, broadcast, or telecast of this event for any legitimate purpose. Signature (If under 18, parent or guardian must sign.)

Make Checks Payable to:
Vilonia FCA
PO Box 160
Vilonia, AR 72173