

PITTSFORD HIGH SCHOOL CROSS COUNTRY TEAM PRESENTS:  
**Pittsford Wildcat Cross Country Course 5K Run/Walk**  
**August 7, 2021: 9 am start time**



**SIGN UP ONLINE AT RUNSIGNUP.COM**

<https://runsignup.com/Race/MI/Pittsford/PittsfordWildcatCrossCountry5KRunWalk>

5K RUN/WALK STARTS AND ENDS AT PITTSFORD HIGH SCHOOL TRACK (LOCATED AT 9304 HAMILTON STREET PITTSFORD, MI) RUNNING THE BEAUTIFUL, PARTIALLY SHADED CROSS COUNTRY COURSE. MILE TIMES GIVEN, WATER STATION, FRESH FRUIT AND WATER PROVIDED FOR ALL PARTICIPANTS AT THE END OF THE RACE WITH DOOR PRIZES.

OVERALL MALE AND FEMALE TROPHIES GIVEN, THREE MEDALS TO TOP FINISHERS IN 26 AGE/GENDER DIVISIONS!



REGISTRATION:

\$20 EARLY REGISTRATION (BY 7/30/2021)  
\$25 (AFTER 7/30)

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

EMAIL \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

MALE ☐

FEMALE ☐

I UNDERSTAND THAT RUNNING IS POTENTIALLY HAZARDOUS& I SHOULD NOT ENTER UNLESS I AM MEDICALLY ABLE AND PROPERLY TRAINED. I ASSUME ANY AND ALL RISKS ASSOCIATED WITH THIS EVENT, INCLUDED BUT NOT LIMITED TO HIGH HEAT, HUMIDITY AND ANY AND ALL CONDITIONS OF THE ROAD. KNOWING THESE FACTS AND IN CONSIDERATION OF ACCEPTING MY ENTRY, I HEREBY FOR MYSELF, MY HEIRS, EXECUTORS, ADMINISTATORS, OR ANYONE ELSE WHO MAY CLAIM ON MY BEHALF, COVENANT NOT TO SUE AND WAIVE AND RELEASE OF DISCHARGE- PITTSFORD HIGH SCHOOL CROSS COUNTRY , PITTSFORD SCHOOLS AND ANY SPONSOR OF THIS EVENT OF ANY AND ALL LIABILITY.

SIGNED \_\_\_\_\_ DATE \_\_\_\_\_  
(GUARDIAN IF UNDER 18)

FREE KIDS 1/2 MILE  
RACES AT 10AM- NO  
ENTRY FEE OR REGIS-  
TRATION RE-  
QUIRED!!!

CHECKS TO: PITTSFORD CROSS COUNTRY  
10551 E BEECHER RD  
PITTSFORD, MI 49271

A FAMILY FRIENDLY EVENT!!!

COUCH TO 5K PARTICIPANTS  
ENCOURAGED!!!