



REGISTRATION FORM

Visit website for more details and to register at:

www.runsignup.com/mef5k

Check us out on Facebook at:

mishawaka promise 5K run walk

SATURDAY, SEPT. 30, 2017

Central Park

295 E. Mishawaka Ave.

Mishawaka, IN

SORRY - Dogs are not allowed.

PACKET PICK-UP

Friday, Sept. 29

4:00 - 7:00 pm

Central Park

Wheelabrator Pavilion

5K Run/Walk (9:00 am)

- ☐ Adult \$30
- ☐ Student K-12 \$20
- ☐ Adult/Student Combo \$40
- ☐ Family of 4 or more \$45
(from same address)

Mini Run/Walk (8:30 am)

- ☐ All participants \$5

•Registrations mailed in must be postmarked by **September 15, 2017**.

•LATE REGISTRATIONS FEE - add \$5 per registration after September 15, 2017. (T-shirts are not guaranteed.)

Please Note: Refunds cannot be made once registration is accepted. No refunds are made due to cancellation of the event for whatever reasons as determined by the race management company and the Mishawaka Education Foundation.

All information must be completed for each participant to qualify for awards. *Please indicate date of birth - not the age of each participant. All fields must be completed for registration to be valid. **Please print clearly and legibly!***

Name _____ DOB _____ M or F Adult Size: S M L XL XXL XXXL Youth Size S M L XL

Name _____ DOB _____ M or F Adult Size: S M L XL XXL XXXL Youth Size S M L XL

Name _____ DOB _____ M or F Adult Size: S M L XL XXL XXXL Youth Size S M L XL

Name _____ DOB _____ M or F Adult Size: S M L XL XXL XXXL Youth Size S M L XL

Name _____ DOB _____ M or F Adult Size: S M L XL XXL XXXL Youth Size S M L XL

Extra T-shirt (how many) ____ S ____ M ____ L ____ XL ____ XXL ____ XXXL Youth ____ S ____ M ____ L ____ XL

E-mail _____ Phone Number _____

School affiliation (if applicable) _____

Entry Fee Total \$ _____ (add \$5 per entry if registering after Sept. 15)	NELSON'S PORT-A-PIT Pre-sale Tickets	Total
Extra T-shirt Total (\$10 each) \$ _____	Half-Chicken only \$7 each quantity _____	\$ _____
	Pitatoes® only \$4 each quantity _____	\$ _____
	Combo \$10 quantity _____	\$ _____

Total Enclosed (Registration and Nelson's order) \$ _____

Make check payable to **Mishawaka Education Foundation** and mail to:

MEF, Mishawaka Promise 5K, 1402 S. Main Street | Mishawaka, IN 46544

RELEASE & WAIVER

I know that running and walking a race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I, on my behalf or on behalf of my child(ren) agree to assume all risks associated with my or my child(ren)'s voluntary participation in the Mishawaka Promise 5K Run/Walk, including but not limited to falls, contact with other participants, or the effects of the weather, all such risks being known and appreciated by me. Knowing these facts and in consideration of your accepting my entry, I, for myself, my heirs, executors, and administrators WAIVE, RELEASE AND DISCHARGE all rights and claims for damages I may have against the Mishawaka Education Foundation, the City of Mishawaka, the Mishawaka Parks & Recreation Department, the SCM Education Foundation, PTA, School City of Mishawaka or any related or associated entities or employees, representatives and members for any and all injuries suffered by me or my child(ren) at any time during my participation at the Mishawaka Promise 5K Run/Walk event. **All images** recorded at the Mishawaka Promise 5K Run/Walk event can be used for promotions by the MEF, unless you notify us otherwise.

Adult Participant(s) Signature (or Guardian(s) if participant is under 18)

☐ Please check here if you are a student athlete who is ineligible for awards.

_____ Date _____

