



October 11, 2026 | Frenchtown, NJ | 9:00 AM

Join us for a scenic run along the Delaware!  
Fast, flat, out-and-back course suitable for all abilities.  
Limited to 225 participants. Rain or shine.

### EVENT SCHEDULE

Registration: 7:30 - 8:30 AM

Race: 9:00 - 10:30 AM

### REGISTRATION

**Early:** \$39.99 (until Sept 12) | **Late:** \$44.99 (Sept 13 - Oct 10)

**Race Day:** \$50 (cash only)

**Includes event-branded BibBoard** (\$10 value)

Frenchtown Elementary School

902 Harrison St, Frenchtown, NJ 08825

Register at [www.riverratsrc.com/motr5k](http://www.riverratsrc.com/motr5k)

Organized by River Rats Athletics 501(c)(3)

Scan to Register



**Presented by**

