

## Ruck for Vets Donation Items

- Toiletries/Personal Care
  - Travel/convenience kits (travel-size items)
  - Body Wash (scents that can be used for men or women)
  - Pre-shave or after-shave
  - Denture adhesive and denture cleaning tablets
  - Toothpaste
  - Toothbrushes
  - Moisturizer
  - Bodywash
  - Tissues (Boxes)
  - Deodorant (universal scents for men or women)
  - Antiperspirant
  - Disposable razors
  - Feminine pads
  - Bath towels
  - Washcloths
  - Hand sanitizing wipes
  - Lip balm
- Clothing items (new unused items only)
  - Suspenders & Belts-Larger Sizes
  - Sweatshirts & Sweatpants (S-5XL)
  - Men's undershirts (M - 2XL)
  - Men's underwear/briefs (S – XL)
  - Women's cotton bras (various)
  - Women's cotton briefs (various)
  - Socks with non-slip tread on bottoms
- Disinfecting wipes (example: Clorox or Lysol wipes)
- Paper towels (example: Bounty)
- Playing cards
- Perfume