

READUp: Stop the Summer Slide "Lacing up for Literacy" 5k Run/Walk
proceeds benefiting The Children's Reading Foundation of the Upper Cumberland

Saturday June 20, 2015 @ 8:00 a.m. (CST)

Stone Memorial High School

2800 Cook Road

Crossville, TN 38571

Race Day: Registration 7:00 a.m.

Pre-registration: \$25 Timed 5K Walk/Run thru May 20th Fee includes t-shirt <i>Every two registration fees will purchase a READY! for Kindergarten™ kit for a family in the Upper Cumberland.</i>
Race Day: \$30 Timed 5K Walk/Run. Registration 7:00-8:00 a.m. June 20th. T-shirts while supplies last. <i>Every two registration fees will purchase a READY! for Kindergarten™ kit for a family in the Upper Cumberland.</i>

Course Description: 5K route will begin at SMHS (2800 Cook Rd. Crossville, TN) and proceed to Cook Road, passing by RSCC, and continuing to the I-40 overpass and back. Course includes rolling hills.

Make payment payable to:

Mail registration & check to:

CRF-UC

Carrie Dodson

CRF-UC 5K

Box 5167-TTU

Cookeville, TN 38505

Postmarked by May 20th for pre-registration rate

Carrie Dodson (cldodson55@gmail.com, 931-372-6780)

Registration/Payment Questions:

Event Coordinator:

Tammy Stewart (tstewar3@k12tn.net, 931-484-6135)

5K TIMED AWARDS

Timed 5K Male & Female Age Groups (Top 3)

10u, 11-19, 20-29, 30-39, 40-49, 50-59, 60+

REGISTRATION FORM

Complete form and return with a check made payable to
CRF-UC, Carrie Dodson, CRF-UC 5k, Box 5167-TTU, Cookeville, TN 38505

___ **5K RUN/WALK** Pre-registration \$25 if postmarked by **May 20th** ___ **5K RUN/WALK** Race day registration \$30

Last Name _____

First Name _____

Address _____

City _____ State _____ ZIP _____

Phone _____

Age on Race Day _____

Date of Birth _____

Gender: Male / Female

T-shirt Size (circle one) Adult -S, M, L, XL, 2XL OR Youth - S, M, L

___ YES, I would like to make an extra donation of \$ _____ and/or _____ Sponsor a runner/walker

Total Amount Enclosed _____

Extra shirt(s) purchase price \$10 each . # _____ size(s) _____

ATHLETE'S RELEASE: PLEASE READ. YOU MUST SIGN & DATE TO PARTICIPATE: In consideration of your accepting this entry, I, the undersigned, intending to be legally bound, hereby, for myself, my family, my heirs, executors, and administrators, forever waive, release & discharge any and all rights & claims for damages & causes of suit or action known or unknown, that we may have against CCIL, GBBF, CCSS, and all other political entities, all independent contractors & construction firms working on or near the course, all event officials & volunteers, & all sponsors of the race, & related race events & their officers, directors, employees, agents & representatives, successors, & assigns, for any and all injuries that may be suffered by me in this event. I attest that I am physically fit, am aware of the dangers & precautions that must be taken when running in warm or cold conditions, & have sufficiently trained for the completion of this event. I will pay my own medical & emergency expenses in the event of an accident, illness or other incapacity regardless of whether I have authorized such expenses. Further, I hereby grant full permission to CCIL, GBBF, CCSS and/or agents hereby authorized by them, to use any photographs, videotapes, motion pictures, recording, or any other record of this event for any legitimate purpose at any time. I further understand that there are no entry refunds, exchanges, transfers or rollovers, and that the event may be cancelled due to severe weather conditions, natural disasters, or threats to local and national security including suspected terrorist activity. I understand if I use a MP3 player, IPOD, headset, cell phone or other electronic device while participating in the event, I will do so in a reasonable manner using common sense and awareness of those around me. I have read this waiver carefully & understand it.

Signature

Parent's Signature (if under 18)

Date