

(ALL PERSONS UNDER THE AGE OF 18 MUST HAVE A SIGNATURE OF PARENT OR GUARDIAN)

SIGNED: \_\_\_\_\_

SIGNED: \_\_\_\_\_

DATED: \_\_\_\_\_

In consideration of accepting this entry, I, the undersigned assume full responsibility for any injury or accident which may occur during the event or while I am on the premises of the event. I hereby release and hold harmless, Downs Farm Swim Club and Horace Mann Elementary School, sponsors, promoter, race supervisory personnel and their representatives, and all other persons and entities associated with the event, whether injury or accident is caused by negligence on the part of the sponsors, promoter or other persons. I verify that I am physically fit and have sufficiently trained for this running event and my physical condition has been verified by a licensed medical doctor. I acknowledge that the sponsors of this event have not had an opportunity to evaluate the condition of my health and are relying on my representation that I am physically able to enter and complete in this running event. I hereby grant full permission to any and all of the foregoing to use any photography, videotapes, recordings and records of this event.

*Downs Farm Swim Team's Second Annual  
Dolphin Dash 5K Run/Walk Release Form  
Mandatory*

*Dolphin Dash 5K Run/Walk  
c/o Fred Robinson, Registration Officer  
1526 Hillside Road  
Cherry Hill, NJ 08003*



# *Dolphin Dash 5K Run/Walk*

*Sunday, October 20, 2013 at 9 a.m.*



Starting at Horace Mann Elementary School at  
150 Walt Whitman Boulevard, Cherry Hill, NJ 08003



# Dolphin Dash 5K Run/Walk

**Date:** Sunday, October 20, 2013

**Time:** 9:00 a.m. (rain or shine)

**Where:** Horace Mann Elementary School

Downs Farm Section

150 Walt Whitman Blvd.

Cherry Hill, NJ 08003

**Information:** Contact, Nancy Welsh or  
Debbie Kassekert, Race Directors

Email questions/concerns to:

DFDolphinDash@gmail.com

## PRIZES

**Top Prizes** for first overall finishers (men and women)

### Recognition Awards

For top three finishers (men and women) in age categories:  
14 and under, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Registration by mail or online at **tneventmanagement.com**

**Race Day Registration –Starts 7:30 a.m.**

Downs Farm, Horace Mann Elementary School, 150 Walt Whitman Blvd.

Entry Fees:

**Entries must be postmarked** by October 13, 2013 for 5K Run/Walk is \$20  
– Online registration at tneventmanagement.com. Race Day fee is \$25

Kids ages: 5 – 9 - \$5 and 10 – 17 - \$10

## T-Shirt Sizes (Circle Size)

Adult S    Adult M    Adult L

Adult XL    Adult XXL

*T-shirts to all pre-registrants & to all day  
of sign-ups (while supplies last), **completed**  
registration form and entry fee required*

*We would like to thank our  
sponsors for their support!*

Please check out  
[makenoise4kids.org](http://makenoise4kids.org)  
website



## The Course

It's a run/walk through scenic Downs Farm and Apple Hill sections of Cherry Hill. It's mainly flat with paved roads. It will be timed by TNT Event Management. A water station will be on the course, along with water and refreshments at finish. **Please no pets, baby joggers or bikes on course during race.**

## Parking

Parking is available at Horace Mann Elementary School

## Proceeds

Proceeds from this event will support the Downs Farm Swim Team and a portion will go to the Make Some Noise Foundation, a pediatric cancer research fund. Check out their website [makenoise4kids.org](http://makenoise4kids.org).

*Downs Farm Swim Team's Second Annual Dolphin Dash 5K Run/Walk – Official Entry Form*

**Print clearly or your entry form may not be properly filed.**

Name: \_\_\_\_\_ Sex : M or F DOB: \_\_\_\_\_ Age (on 10.20.13): \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_

Email: \_\_\_\_\_ Signature: \_\_\_\_\_

CHECK ONE:

**Be sure to read and sign the waiver on the opposite side of this form.**

☐ 5K Run - **no baby joggers**

Enclose entry fee as listed above

☐ 5K Walk

Make checks payable to: **Downs Farm Swim Club**, c/o Fred Robinson, Registration Officer

**Please no pets or bikes**

1526 Hillside Drive, Cherry Hill, NJ 08003