

# ONEOK FIELD 5K TULSA, OK

**Measured by:**  
 Martin Updike, 1:40  
 Race Service  
 Measured on  
 5/20/2026  
 918-577-1956,  
 martin@  
 i40raceservice.com

**Race Contact:**  
 Tim Dreiling  
 tim@  
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**Elevations:**  
 Start: 216 m    Finish: 213 m  
 Lowest: 213 m    Highest: 225 m

Shortest Possible Route (SPR)  
 was used to measure this  
 course.  
 No restrictions.

**KM Split GPS Coor.**  
**1k:** 36.15440 -95.99300  
**2k:** 36.15068 -95.99105  
**3k:** 36.15888 -95.99532  
**4k:** 36.16424 -95.99241

Route enters ONEOK at the  
 service entrance on Greenwood  
 and comes down the ramp into  
 left field. Once on the field the  
 route goes straight to center field,  
 finishing at straight away Ctr. Field

