

# MOVE WALTHAM

Virtual Walk & Run

February 1, 2026

Waltham, MA

Free · All Ages · All Routes

## About the Event

Move Waltham is a community walk and run open to all fitness levels across Waltham, MA and the surrounding MetroWest area. Walk the neighborhoods of North Waltham, jog through the Bleachery, or complete a route from Lakeview to Warrendale — any distance, any pace, on February 1st, 2026.

## How It Works

- 1. Register** — Sign up on RunSignup — free, all ages welcome.
- 2. Choose your route** — Walk or run anywhere in Waltham on Feb 1st. North Waltham, Bleachery, Lakeview, Warrendale — any route counts.
- 3. Log your distance** — Track with any app, watch, or device. Submit your result via RunSignup before midnight.
- 4. Celebrate** — Every finisher recognized. Results posted on RunSignup. Top finishers recognized per age group.

## Event Details

<b>Date</b>	February 1, 2026
<b>Location</b>	Waltham, MA — your neighborhood, your route
<b>Format</b>	Virtual — walk or run anywhere in Waltham
<b>Entry Fee</b>	Free to all participants
<b>Open To</b>	All ages and fitness levels. Families welcome. Dogs on leash welcome.
<b>Results</b>	Submit via RunSignup by midnight, February 1st
<b>Neighborhoods</b>	North Waltham, Bleachery, Lakeview, Warrendale, and all of Waltham

Move Waltham is made possible by three local businesses invested in this community — not just on race day, but every day.

### TITLE SPONSOR

## W&F Painting Solutions LLC

*Trusted Middlesex House Painters since 2017*

W&F Painting Solutions LLC is a locally owned residential painting company based in Waltham at 254 River Street. William Morales and his team have served Waltham homeowners since 2017 — in North Waltham, the Bleachery, Lakeview, Warrendale, and throughout Middlesex County. They specialize in interior painting, exterior painting, and cabinet painting using Benjamin Moore and Sherwin-Williams premium products, with a focus on proper surface preparation and results built to last through New England winters.

**Move Waltham Participant Offer:** Free exterior inspection + color consultation with any written estimate. Mention Move Waltham when you call.

**(781) 392-8341**

[wfpaintingsolutions.com/waltham-painter](http://wfpaintingsolutions.com/waltham-painter)

## Supporting Sponsors

### Perna Masonry

Perna Masonry brings skilled craftsmanship to Waltham's streets, foundations, and hardscapes. From retaining walls and patios to stonework and foundation repair, Perna's work holds neighborhoods together from the ground up. Proud supporting sponsor of Move Waltham.

### Nancy Fenimore, Licensed Massage Therapist

Nancy Fenimore provides recovery and wellness services to residents throughout the Waltham area. Whether recovering from a race, managing chronic tension, or taking care of your body after the finish line — Nancy's expertise is exactly what a community run needs.

Thank you for participating in Move Waltham.  
Questions? Visit the event page on RunSignup.