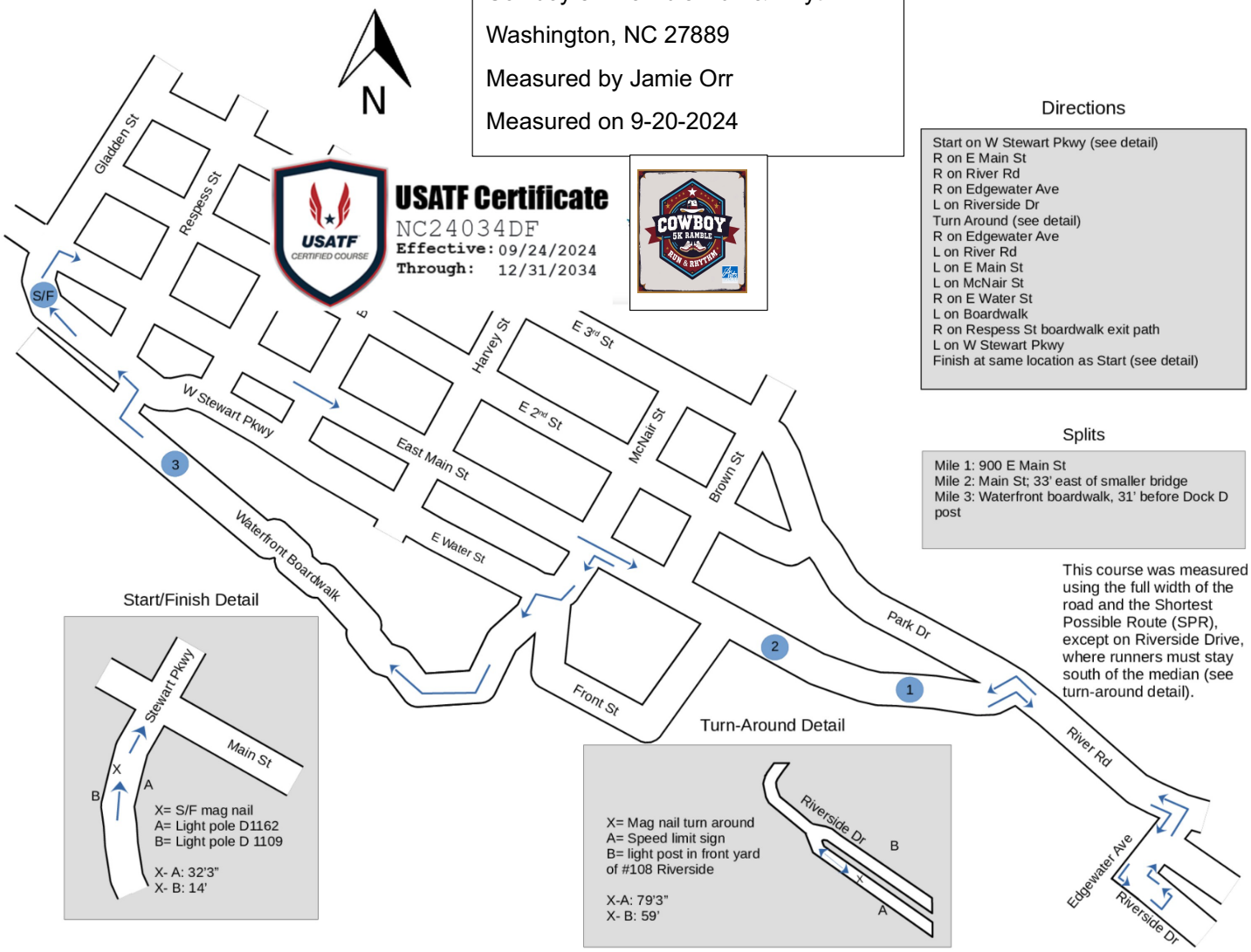
Cowboy 5K Ramble Run & Rhythm

Washington, NC 27889

Measured by Jamie Orr

Measured on 9-20-2024

USATF Certificate
NC24034DF
Effective: 09/24/2024
Through: 12/31/2034



Directions

Start on W Stewart Pkwy (see detail)
R on E Main St
R on River Rd
R on Edgewater Ave
L on Riverside Dr
Turn Around (see detail)
R on Edgewater Ave
L on River Rd
L on E Main St
L on McNair St
R on E Water St
L on Boardwalk
R on Respess St boardwalk exit path
L on W Stewart Pkwy
Finish at same location as Start (see detail)

Splits

Mile 1: 900 E Main St
Mile 2: Main St; 33' east of smaller bridge
Mile 3: Waterfront boardwalk, 31' before Dock D post

This course was measured using the full width of the road and the Shortest Possible Route (SPR), except on Riverside Drive, where runners must stay south of the median (see turn-around detail).

Start/Finish Detail

X= S/F mag nail
A= Light pole D1162
B= Light pole D 1109

X- A: 32'3"
X- B: 14'

Turn-Around Detail

X= Mag nail turn around
A= Speed limit sign
B= light post in front yard of #108 Riverside

X-A: 79'3"
X- B: 59'